

Twenty-third Sunday in Ordinary Time

September 8, 2019



Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality • Serving • Worship



WELCOME TO OUR PARISH SCHOOL OF RELIGION (PSR) FOR GRADES 1-8 ... AND PARENTS, TOO!

We would like to invite all children grades 1-8 to join us for our Parish School of Religion (PSR). Classes will be held in the parish school building on Wednesday evening beginning September 18 and will run through early May. Doors open at 5:45 p.m. Families will meet in the gym for a few minutes of play and social time. Students will be dismissed to their classrooms after the opening prayer at 6:00 p.m. Parents are asked to meet their children at their classrooms at 7:30 p.m.

Our program is specially designed to meet each learner's needs with exciting materials to assist in growing in knowledge of our Catholic faith and to develop a lifelong relationship with Jesus. This year our **Sacrament Prep 1 class (grade 1 and older)** will be engaged in a hands on program called Catechesis of the Good Shepherd. Students who have regular attendance in Sacrament Prep 1 are then invited to continue their sacrament preparations in **Sacrament Prep 2 (grade 2 and older)** where they will focus directly on preparing for First Reconciliation and First Communion. **Catholic Formation and Mass Preparation (grades 3 - 6)** builds upon the foundation of the Sacrament program. **Confirmation Prep 1 (grade 7)** introduces young people to Jesus Christ in a new way to inspire them to follow him. Students completing this course are invited to participate in Confirmation Prep 2 the following year. **Confirmation Prep 2 (8th grade)** assists students to prepare for the Sacrament of Confirmation which will take place in September of 2020.

This year our PSR Program would like to invite parents to join us during class time. Parents will meet in the gym along with the students for opening prayer. While children attend class, we will have a special place for parents to "hang out" and socialize. This will also a great time for some small group discussions on growing in our faith and helping raise our children in the faith. If you would like to join us, please email kraines@svcape.eduk12.net.

Our program is so blest to have a wonderful group of volunteer teachers. This year's teachers are: Pat McDonald (1st grade/Sacrament Prep 1), Emily Robison and Becky Kitchen (2nd grade/Sacrament Prep 2 - both teachers are alumni of our PSR program ☺), Kelly Williams and Rebecca White (3rd/4th grade), Dottie Wenciewicz (5th/6th grade), Pam and James Saucier (7th grade/Confirmation Prep 1), and Nichole Buehrle and Seminarian John Hawks (8th grade/Confirmation Prep 2). We are also blest to have several returning high school students - "PSR Alumni" - to assist with the Confirmation Prep Class. Of course, we always welcome volunteers. Our first grade class is needing several helpers and we could always use volunteer substitute teachers. All volunteers must have completed Virtus training. Perhaps God is calling you to help.

If you have any questions regarding our program, please call the parish office at 335-7667 or email kraines@svcape.eduk12.net. We hope to see you on September 18!

Kathy Hotop-Raines
Director of Religious Education

Mass Intentions

Monday, September 9 Saint Peter Claver

6:30 am Ola Mae Diebold ☩

Tuesday, September 10

6:30 am Regina Bruenderman ☩

Wednesday, September 11

6:30 am David Holstein, Jr. ☩

5:15 pm Norman J. and Ruth A. Glaus ☩

Thursday, September 12

The Most Holy Name of Mary

6:30 am Earl Buerck Family

8:00 am Lester Jones ☩

Friday, September 13 Saint John Chrysostom

6:30 am Gladys Mae Jones ☩

8:00 am Bill Loos ☩

Saturday, September 14

The Exaltation of the Holy Cross

6:30 am Antonio Velasco ☩

5:00 pm Lou Hannaford ☩

Sunday, September 15

Twenty-fourth Sunday in Ordinary Time

7:30 am Louie and Dorothy King ☩

9:00 am Antonio Velasco ☩

10:45 am Living and Deceased Members
of the Leo Kohlfeld Family

3:00 pm St. Vincent de Paul Parish Family
(Bilingual)

Prayer Requests

Please remember **Joe McKeon**, the hospitalized,
the sick of the parish and those who care for them.

Mass and Confession Schedule

Weekend Masses:

Saturday.....5:00 p.m.

Sunday.....7:30, 9:00, 10:45 a.m.
3:00 p.m. (Spanish)

Weekday Masses

Monday - Friday 6:30 a.m.

Wednesday5:15 p.m.

Confessions:

Saturday.....3:30 - 4:30 p.m.
or by appointment

Father Rick Jones, Pastor

Father Brian Straus, Associate Pastor

Deacon Rob Huff

Deacon Mark Kiblinger

Deacon Thomas Schumer

*If you are new to the area
and would like more information about
St. Vincent de Paul Parish,
please call the parish office at 335-7667
or email contactus@svparish.com.
To register, please do the same.*

Jesus tells the crowd that only those who renounce all of their possessions can be His disciples. Is He truly asking us to give up everything? Perhaps instead He is trying to help us see that everything we think we own is really a gift from God. Good stewards know that and strive to use those gifts accountably.

BIENVENIDOS AL MIÉRCOLES PSR

(Parish School of Religion – Escuela Parroquial de Religión)

PSR (Parish School of Religion – Escuela Parroquial de Religión) comenzará el miércoles, **18 de Septiembre**. Las clases para los grados uno a ocho estarán en el edificio de la escuela. Las puertas de la escuela abren a las 6:00pm. Comenzaremos con una oración a las 6:10pm y luego los estudiantes van a sus aulas. Se les pide a los padres que vengan a reunirse con sus hijos en su aula a las 7:30pm.

La preparación para la primera comunión es un programa de dos años. El primer año es una introducción a la fe. El segundo año prepara al niño para la primera reconciliación y primera comunión. La preparación para el Sacramento de la confirmación comienza con una revisión de todos los sacramentos en el grado 7. El grado 8 es cuando el niño se prepara para la confirmación.

Para preguntas sobre PSR, comuníquese con el Padre Rick o Padre Brian después de la Misa.

NEWMAN CENTER SUNDAY

This weekend is Newman Center Sunday. The fundamental purpose of the Newman Center is to form young Catholic disciples who will become leaders in parishes upon their graduation from Southeast Missouri State. This year speakers from the Newman Center will be sharing the vision for the new construction of a multipurpose House of God where all activities of campus ministry and worship will be housed under a single roof.

Perhaps you are one of the generous donors who have already pledged support for this important project; if so, **thank you!** If you would like to join them in supporting the ministry, you are asked to prayerfully consider a gift to the Newman Center. You will have the option to designate your gift as a pledge for the new building or to be used for our ongoing ministry operations at the Newman Center.

Thank you for your generosity!

BAKE SALE - TODAY

A bake sale, benefiting the American Foundation for Suicide Prevention in remembrance of Colin Higgins, will be held in the gathering area after all Masses this weekend. If you would like to donate baked items for the sale, please drop off in the gathering area after 3:00 p.m. on Saturday. If you would like to volunteer to work after one of the Masses, contact Stacey Hicks at 573-225-9501.

SECULAR FRANCISCAN ORDER

Second Sunday of Each Month • 1:00 - 3:00 p.m.

Saint Francis Medical Center • St. Agatha Room

The Secular Franciscan Order is laity following the Rule St. Francis wrote, approved by the Pope, to support one another in living a simplified life - from Gospel to Life from Life to Gospel.

Come and see! Contact Anita Tygett at 573-335-1538.

May He Rest in Peace

Sympathy is extended to the family of
Lloyd "Bill" LaDoucieur, father of Michelle Pappas.

*May he and all the souls of the faithful departed,
through the mercy of God, rest in peace.*



CONFIRMATION CANDIDATE/SPONSOR WORKSHOP

If you are a Confirmation candidate being confirmed **this October 2** and **have not** attended a **mandatory** Sponsor Workshop for you and your sponsor, a workshop will take place **next Sunday, September 8**. The workshop will be held in the upper meeting room from 12:00 noon - 3:00 p.m. Make sure you bring a list of the "Works of Mercy" that you have been involved with and a list of your "retreat experiences." This will be a time for you to share your Confirmation experience with your Sponsor. You will also be writing your letter to Bishop Rice asking for the Sacrament of Confirmation.

PARENTS' SESSION FOR CONFIRMATION STUDENTS

For all parents of **current 8th grade and high school students beginning the Confirmation preparation this year**, please make plans to attend an overview of the Chosen program that your child will be participating in. This parents' session will give you information on how you will be involved in this Sacrament. Both parents are welcome but one parent will need to be present. Please attend one of the following meetings.

- **Sunday, September 8, 4:30 p.m., Church**
- **Wednesday, September 18, 6:30 p.m., Church**

VIRTUS SESSIONS

The VIRTUS Protecting God's Children is the adult safe-environment program being offered by the Diocese of Springfield-Cape. The Diocese requires all adult employees and volunteers who have substantial contact with children to attend. Upcoming sessions include:

- **Tuesday, September 10, 6:00 p.m., St. Ambrose, Chaffee**
- **Saturday, September 14, 9:00 a.m., St. Vincent Parish, Cape**
- **Tuesday, October 22, 6:00 p.m., NDRHS, Cape**

Check availability for additional dates/locations on the VIRTUS website. To attend a seminar you must pre-register with your full legal name. **Pre-registration is necessary:** Go to www.virtusonline.org and click on the yellow link labeled 'Registration' (you may either view a list of sessions or begin the registration process). To register for a specific session, select 'Begin the Registration Process'. From the pulldown menu, select 'Springfield-Cape Girardeau'. Follow the online prompts, completing the Code of Conduct and your information for a background screening. If you are unable to register online, please contact the parish office.

St. Vincent de Paul Parish now has a Community Prayer group on Facebook. This group serves as a communication tool for the parish to communicate prayer requests easily and effectively to other parishioners. Hopefully, this helps parishioners provide prayer and thoughts for those in need. You can call the parish office if you would like to submit a prayer request or you can also private message the group for prayer. However, prior to requesting prayer for others, you are asked to receive permission from those involved. Search Community Prayers on Facebook or search the direct link to the page: www.facebook.com/groups/communityprayers.

The Week Ahead

September 9 Monday

7:15 am St. Vincent de Paul Society
7:00 pm Prayer Ministry

September 10 Tuesday

September 11 Wednesday

8:00 am Ugly Quilt Ministry
(8:00 - 11:00 am)
9:00 am Mass at Veterans Home
3:00 pm Divine Mercy Holy Hour
4:00 pm Centering Prayer
6:00 pm Wednesday Evening Bible Study
6:30 pm Parent Faith Enrichment

September 12 Thursday

9:00 am Maxine's Shareable Wearables
(9:00 - 11:00 pm)
1:00 pm Thursday Afternoon Bible Study
6:30 pm Parent Faith Enrichment

September 13 Friday

September 14 Saturday

7:00 am Men's Cursillo Group
9:00 am Maxine's Shareable Wearables
(9:00 - 12:00 noon)
9:00 am Virtus
3:30 pm Confession

September 15 Sunday

9:00 am Children's Liturgy of the Word
4:30 pm Confirmation Prep

**HAPPY
ANNIVERSARY!**

**Congratulations to
Jerome and Patricia Obermark
as they celebrate their
50th Wedding Anniversary!**

Readings - September 15, 2019

Exodus 32:7-11, 13-14 • 1 Timothy 1:12-17
Luke 15:1-32

Collection - September 1, 2019

Collection	\$ 19,012.60
E-Tithing	\$ 482.00
Total	\$ 19,494.60
Weekly Budget	\$ 31,450.00
Year-to-date Difference	-\$ 34,337.35

**Please be a good steward of God's gifts
by using Faith Direct or by using
your contribution envelope.**

Ministries

Thursday, September 12 • 8:00 a.m.

Servers Keegan Noel, Silvia Schallberger, Charlotte Spence

Saturday, September 13 • 8:00 a.m.

Servers Vita Galati, Juliette Jones, Jacob Mahnke

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Saturday, September 14 • 5:00 p.m.

Servers Addison Craig, Chase Glosemeyer, Brayden Ward

Lectors Kevin McMeel, Terri Welker

Eucharistic Ministers Debra Bollinger, Nichole Buehrle, Stephen Fenwick, Judy Hanschen, Mike Hanschen, Lynne Karnes, Pat McDonald, Elizabeth Rolwing, Jim Welk, **Volunteer**

Sacristans Barbara Hagler, Virginia Sander

Musicians Teresa Maurer, Mike Kohlfeld

Sunday, September 15 • 7:30 a.m.

Servers Donna Kielhofner, Kande Oliver, **Volunteer**

Lectors Denise Trampier, Trent Summers

Eucharistic Ministers Gary Lively, Marilyn Lively, Luke Miget, Wayne Nessel, Gerry Strohmer, Susan Todt

Sacristans Carol Jones, Ken Jones

Musician Tom Wencewicz

Sunday, September 15 • 9:00 a.m.

Servers Jacob Mahnke, **Volunteers**

Lectors Laura Delgado, Sara Edgerton

Eucharistic Ministers Denise Essner, Mary Graves, Alex Harold, Diana Harold, Chuck Prost, Bridget Ringstaff, Lisa Seabaugh, Ginny Wene, Sue Wibbenmeyer

Sacristans Karen Hagan, Pat Hagan

Musicians Parish Choir

Sunday, September 15 • 10:45 a.m.

Servers Madeline Hendrickson, Lainey Huck, Madelyn White

Lectors Bobbi Palmer, Vicki Kim

Eucharistic Ministers Kim Bunker, Linda Gosche, Mary Gosche, Tom Higgins, Vicki Kim, DJ Lynch, David Palmer, Lester Wells, Doty Wencewicz, Amy Young

Sacristans Sara Cook, Tom Cook

Hospitality Kari Beussink, Jennifer Hendrickson, Cheryl Klueppel, Amanda Mitsdarfer, Patrick Mitsdarfer, Lori Powderly, Jeri Spence

Musicians Nick Hogan, Lenny Kuper

Liturgical Ministers may sign up at <https://secure.rotundasoftware.com>.

If you would like to take up the offertory gifts at one of the weekend Masses in the upcoming months, please contact Debbie Wells at the parish office or email her at stvincentcares@gmail.com.

DIGITAL LITERACY

By Danna Bruns

We consume more than 11 hours of electronic media daily, so it's important we consider all media messages critically. For most of us, the internet and social media are part of our daily lives, and we use them to communicate with one another; some of these messages are literal, some are visual, but there's also an unwritten subtext.

As parents, we need to be aware of the message being sent, who is sending it, and how it impacts us and our children.

Come learn about some of the most popular social media platforms among teens today, some of the common parental concerns regarding teens and online activity (bullying, sexting), and how you can help prepare your child to navigate this digital world.

Wednesday, September 11

6:30 p.m. - 8:00 p.m.

(Babysitting provided on Wednesday night in the parish center gym)

Thursday, September 12

6:30 p.m. - 8:00 p.m.

Both sessions will be held in Church.



FAITH ENRICHMENT EVENING

for Parents, Grandparents & anyone who has children!

For those parents who have children attending St. Vincent de Paul Grade School, you are required to attend either Wednesday or Thursday evening.



Retirement Fund for Religious

Elderly Catholic Sisters, Brothers, and Religious Order Priests need your help. Many served for years in Catholic schools, hospitals, and parishes — often for little or no pay. Now there is a shortage in retirement savings for some. Next weekend, September 14- 16, a second collection will be taken up for the **Religious Retirement Fund**. Your gift provides funding for medications, nursing care, and more. Please give to those who have given a lifetime.

CONFIRMATION PREP FOR HIGH SCHOOL STUDENTS

If you are in high school and have not celebrated the Sacrament of Confirmation, St. Vincent de Paul has a Confirmation program starting very soon! The Confirmation program begins on Sunday, September 15, and will conclude in May. The classes will take place on Sundays from 4:30 - 6:30 p.m. Anyone in high school may register (freshmen to senior). To sign up for this Confirmation program, please contact Father Brian Straus at 573-335-7667 or email fatherbrian@svparish.com as soon as possible. (Please note: Parent/student sessions will take place September 8 or September 18.)

REGION VII CCW MEETING

The Region VII CCW meeting will be held on Tuesday, September 17, at St. Joseph Parish, Scott City. Our Lady of Perpetual Help Devotion will be prayed at 5:45 p.m. Mass will be celebrated at 6:00 p.m. followed by registration, meeting, and silent auction. There will also be a guest speaker from Voices for Children at 7:30 p.m. All are welcome. If you need a ride, call Virginia Sander at 334-7944 or Carol Glueck at 334-8446.



BAPTISMAL PREP

Parents and godparents are required to attend a baptismal preparation class before a child is baptized in the Catholic faith. The next class is scheduled for Sunday, September 22, at 4:30 p.m. and will be held in the upper meeting room. Please contact the parish office to register for the class and to fill out a baptismal registration form.

NDRHS FALL GOLF SCRAMBLE

The Notre Dame Booster Club is hosting the Annual NDRHS Fall Golf Scramble Sponsored by Plaza Tire Service. The four person scramble will take place at Dalhousie Golf Club on Monday, September 30. There are two flights. The first flight will begin at 7:30 a.m. and the second flight will begin at 1:00 p.m. Smokin' Brothers will provide a catered lunch which will be served at 11:30 a.m. Each flight is limited to 25 teams. The cost is \$150 per player which includes golf cart, 18 holes, lunch, beverages, mulligans and skins. Must be 21 or older to participate. All the details are at www.notredamehighschool.org/fallgolf.



Featured Parish Ministry - Serving CATHERINE'S CUPBOARD

Have you wondered what the large green bins are by each church door? They are collection points for items donated each Sunday for Birthright and area food pantries per the schedule:

First Sunday - Birthright: Baby items including diapers, sleepers, wipes, blankets, formula, etc.

Second Sunday - FISH (Friends in Service to Him) Pantry

Third Sunday - Catholic Social Ministries Food Pantry (St. Mary)

Fourth Sunday - Red Star Baptist Church Pantry

The pantries need food items including canned goods (tuna, chicken, fruit, vegetables, stews, soups, etc.). Also needed are items like peanut butter, cereal, macaroni and cheese, nuts, etc. As you come to church on Saturday evening or Sunday, please consider making it part of your routine to donate items to Birthright and the food pantries by placing items in the green bins. For more information on Catherine's Cupboard and to help in this ministry, please contact Carol Glueck at carolndhs@hotmail.com or call her at 573-334-8446.

CELEBRATING THE SACRAMENTS CELEBRANDO LOS SACRAMENTOS

Marriage: Please contact the parish office at least **six months** in advance. (If you have been married before, an annulment may need to be done first.)

Matrimonio: Por favor comuníquese con la oficina parroquial por lo menos con **seis meses** de antelación. (Si usted ha estado casado antes, una anulación del matrimonio puede necesitar ser hecha primero.)

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Baptism: Your family needs to be registered in the parish for three months prior to the baptism. It is necessary to schedule baptismal preparation classes six weeks prior to your child's baptism. Taking the baptism class prior to birth is encouraged! Contact Deacon Mark Kiblinger at the parish office (573-335-7667).

Bautismo: Es un requisito ser inscritos en la parroquia por lo menos 3 meses antes de bautizar. También los padres tienen que celebrar la santa misa cada fin de semana. La clase de preparación para el bautismo para padres y padrinos es cada último lunes del mes. Favor de comunicarse con Padre Rick una semana antes al 573-335-7667.

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Holy Orders and Consecrated Religious Life:

Would you like to talk about how to be a Priest, Permanent Deacon, Religious Brother or Religious Sister? Come to a gathering on the last Thursday of each month for snacks and discussion about this way of life. For more information, call Father Rick at the parish office (573-335-7667) or email him at stvcapepadre@gmail.com.

Orden Sagrado y vida religiosa consagrada: ¿te gustaría hablar de cómo ser sacerdote, diácono permanente, hermano religioso o hermana religiosa? Ven a una reunión el último Jueves de cada mes para algunos bocadillos y discusión sobre esta forma de vida. Para más información, llame al Padre Rick en la oficina parroquial (573-335-7667) o stvcapepadre@gmail.com.

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Anointing of the Sick: If you are going to the hospital for a planned surgery, please call the parish office so this Sacrament can be celebrated with you.

Unción de los enfermos: Si usted va al hospital para una cirugía planificada, por favor llame a la oficina parroquial para que este Sacramento pueda ser celebrado con usted.

SAINT FRANCIS PERPETUAL ADORATION

Saint Francis Perpetual Adoration in Cape Girardeau has an urgent need for more Adorers, especially on weekends, late nights and Friday afternoon. Please prayerfully consider joining this awesome weekly privilege as you spend one hour with Jesus in Adoration. Call Donna at 573-450-1451 to sign up!

Area Youth Events

Vincentian Marian Youth Southeast Missouri

A **Vincentian Marian Youth Mass** will be celebrated at 5:45 p.m. on Sunday, September 8, at the Shrine of the Miraculous Medal. There will be a short impactful faith lesson known as "Faith Alive," followed by Mass at 6:00 p.m. Food and Fun, which is called "Cram-n-Jam," will follow at 7:15 p.m.

S.O.S (Service On Saturday) - A fall service day will be held on Saturday, September 21. This is an opportunity to help those in need in the local community. Service project location and details are being finalized. To assist with the cost of lunch and construction supplies, \$25 is asked from each participant. The liability form can be found on www.southcentralvmy.us.

Labouré Exchange - As Vincentians, the youth are dedicated to helping those in need in local communities and benefit VMY's youth ministry program. Did you know that its impact is much greater? Through June of this year Labouré Exchange has helped over 400 families in need through its **Free Item** voucher program. The kindness and generosity of individuals and families who donate to Labouré Exchange, not only impacts you, but the lives of individuals in the community.

St. Vincent de Paul Youth Perryville, Missouri

Praise and Worship Adoration Hour takes place on Sunday evenings at 7:00 p.m. in the St. Vincent Parish Office Chapel in Perryville. All are welcome to come and sing to praise and adore Jesus!

Missouri Right to Life President Steve Rupp will be at St. Vincent Parish, Perryville, to give a talk on Monday, September 9, at 7:00 p.m. in the church. Following his talk, there will be refreshments in the gathering space of church for a time to socialize.

Youth Night takes place on Wednesdays at 7:00 p.m. in the Youth Room at St. Vincent de Paul Parish, Perryville. Contact Nick Koeppel if you need directions or have questions. nkoeppel@svdepaul.org or phone 573-979-7431.

MAXINE'S SHAREABLE WEARABLES

August was a busy at Maxine's Shareable Wearables, the parish clothing ministry. Though donations have been plentiful, specific items are still needed: men's shoes (all styles and sizes), jeans (waist 36" and smaller, 46" and larger), khakis (waist 33" and smaller), shirts (sizes 2X and larger), and belts (all sizes). For women, only gently-used plus-size undergarments are needed. Also, Maxine's can always use adult backpacks and duffel bags. Please bring donations directly to Maxine's (basement of old convent) any Thursday, 9:00 - 11:00 a.m. or Saturday, 9:00 a.m. - 12:00 noon. You may also call Michele at 270-0782 to arrange another drop-off time. Ladies, here's a chance to encourage your husbands and sons to clean out their closets! Thank you for your generosity.

FOOD FOR THE FATHERS

A Ministry Opportunity

Each Tuesday Food for the Fathers, a parish ministry, will supply a warm meal for three priests and a seminarian. If you are interested in helping with this ministry, please sign up at <http://signup.com/login/entry/67699625678106404>. You will need to enter your email address but will NOT need to register an account on SignUp.com. Sample meals are listed. If you don't like the choices, change your selection to include an entrée and two side dishes (no desserts, please!). Choose the date you would like to provide the meal. SignUp.com will send you an automated confirmation and reminders. Then, on the date chosen, deliver the meal between 5:00 and 6:00 p.m. to the rectory.

If you prefer not to sign up online or have questions, please contact Beverly in the parish office at 335-7667 and she can sign you up.



Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please free to contact parish office staff anytime during regular office hours, Monday, Tuesday, Wednesday, and Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Street Address _____

City/State/Zip _____

Email _____

Phone _____

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.
- ☐ I have been attending St. Vincent Parish and would like to register as a member.
- ☐ Please change my address to the one shown above.
- ☐ I would like to sign up for Faith Direct.
- ☐ I would like to learn more about the Catholic faith.
- ☐ I would like to register my child/children for Parish School of Religion.

Small group: “... people who are connected through a common purpose, mutual influence, and a shared identity.”

Please consider joining a small faith sharing group – together you will support each other while growing in your faith and strengthening your relationship with Jesus Christ. Our Fall 2019 theme is “getting more out of the Mass”. Each group will choose ONE of the following options:



Opening the Word: (Formed.org)

Opening the Word is a video and discussion/reflection series designed to facilitate thought and discussion and give you further insight into the Sunday readings.

What will I get out of this? Life applications of each Sunday’s readings. Better understanding of scripture.

Format: short videos, Questions for discussion and reflection

Audience: Anyone

Check it out online: www.Formed.org → Study → Faith Formation → Opening the Word



Altaration: The Mystery of the Mass Revealed (Ascension Press)

Altaration was created to inspire souls to have a deeper and lasting love for the Mass. The program will “stir thought, create conversation, and dispel myths ...” about the Mass.

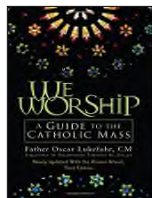
What will I get out of this? A more engaged encounter when you participate in the Mass. A better understanding and appreciation for the Mass and the priesthood.

Format: Video and discussion with workbook

Audience: Although this series was originally developed for teens, it speaks to anyone who wants a better understanding of the Mass. Parents of Teens, People who have recently joined the Catholic Church or who are thinking about joining; *anyone* who wants to be *inspired* to get more out of Mass.

Check it out online: **View the trailer** and read more about the study at:

www.ascensionpress.com → Study Programs → All Programs → Altaration



We Worship: A guide to the Catholic Mass (Father Oscar Lukefahr)

We Worship is a lighthearted and easy to read book for Catholics who want to deepen their knowledge of the Mass. “Fr. Lukefahr takes the reader on a walk through the Mass and gives practical steps for building a solid Catholic spirituality on the foundation of the Eucharist.”

What will I get out of this? A better understanding and deeper appreciation of the Mass, and in particular, the Eucharist.

Format: *Book only.* Discussion and reflection questions

Audience: “All who want to deepen their appreciation of the Mass and for those looking for reasons to return to the Eucharist.”

Check it out online: www.amazon.com/We-Worship-Guide-Catholic-Mass/dp/0764812122

Register online at www.svcape.com/smallgroups

St. Vincent de Paul Small Group Registration

Fall 2019

Registration deadline September 22, 2019

Name*

First Name

Last Name

Spouse (if registering as a couple)

First Name

Last Name

Address*

Street Address

City

State

Zip Code

Phone Number*

Area Code

Phone Number

Email*

example@example.com

I would like to participate in the following small group this Fall (select only one)*

- ☐ Opening the Word (A closer look at Sunday Scripture from formed.org)
- ☐ Altaration: The Mystery of the Mass Revealed (video/workbook from Ascension Press)
- ☐ We Worship: A Guide to the Catholic Mass (book by Father Oscar Lukefahr)

I have people for my group*

My group is open to additional members*

I am open to be a group facilitator*

I would like to group with the following people:

Member 1

First Name

Last Name

Member 3

First Name

Last Name

Member 5

First Name

Last Name

Member 7

First Name

Last Name

Member 2

First Name

Last Name

Member 4

First Name

Last Name

Member 6

First Name

Last Name

Member 8

First Name

Last Name

I prefer to meet on the following days and times (check all that apply):

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Morning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Afternoon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Evening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I prefer to be in a group of:

Men Only

☐

Women Only

☐

Mix of Men and Women or Couples

☐



ANNUAL ASSEMBLY OF THE MISSOURI CATHOLIC CONFERENCE

The Catholic Bishops of Missouri invite you to attend the Annual Assembly of the Missouri Catholic Conference on Saturday, October 5, in Jefferson City. Come learn about public policy from the experts who are involved in advocacy on a daily basis. The theme of this year's gathering is "Raising the Next Generation of Catholic Advocates." The event is free and includes lunch and childcare for children above four years of age. A youth track is available for students in middle school and older which includes a mock legislature where students can debate bills on the floor of the Missouri Senate. To register for the event, go to MOCatholic.org or call 1-800-456-1679.

WHITE HOUSE MEN'S RETREAT

Join your friends on Thursday evening, October 24, for the annual White House Men's Retreat. The retreat takes place at the White House Retreat Center in south St. Louis County, high on the bluffs overlooking the Mississippi River. It will be a relaxing time of peace, quiet, rest, good food, and inspirational talks to bring you closer to Christ. You'll come away with a new perspective on your life and a wonderful inner peace to face problems with new courage. The retreat dates are October 24 - 27.

Reservations can be made by going to the White House Retreat website at www.whretreat.org and click on register. For more information, contact Stan Irwin (450-0629 or stan.irwin@edwardjones.com) or Jim Riley (270-2408 or riley@rlci.com).

UPDATING YOUR NEW CODE OF CONDUCT

It's that time again for all who have taken the Virtus prior to July 2019 to complete a new Code of Conduct. Diocesan policy states all Employees, Clergy, Religious and Volunteers including Sport Coaches who work/volunteer in parishes and come in contact with children must sign a copy of the Code of Conduct **each year**.

Please follow the online steps to read the new Code of Conduct for 2019-2020. (If you unable to get online, please come by the parish office for a copy of the form.)

1. Go to: <http://dioscrg.org/>
2. Click on the 'Ministries/Offices' section found at the top of the page.
3. Scroll down until you get to 'Child and Youth Protection'
4. Scroll down to the 'Forms' Section.
5. Click on the one that applies:
Code of Conduct Adults.2019-2020 ENGLISH
Code of Conduct Adults.2019-2020 SPANISH
6. Read the Code of Conduct.
7. Print out the last page.
8. Answer the top five questions and sign/date the bottom of the form.
9. Return to Beverly in the parish office as soon as possible.

Thank you for helping keep our children safe.



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Find us on Instagram at [stvincentcapegirardeau](https://www.instagram.com/stvincentcapegirardeau)

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