



St. Vincent de Paul Catholic Church

First Sunday of Lent
March 1, 2020

Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality
Serving • Worship

Weekend Masses

Saturday 5:00 p.m.
Sunday 7:30, 9:00, 10:45 a.m.,
3:00 p.m. (Spanish)

Weekday Masses

Monday - Saturday 6:30 a.m.
Wednesday 5:15 p.m.
Thursday and Friday 8:00 a.m.

Confessions

Saturday 3:30 - 4:30 p.m.
or by appointment

By Grace

Holy Lord, your Son modeled perfect trust in you and did for us what we could not do for ourselves. Through him you recreate the work of your hands.

With your Spirit as our teacher and guide, help us answer your call to mercy, justice, trust, and love. We will always struggle to follow the example of your Son, to entrust our lives to you in faith and obedience.

Forgive us when we fail to resist the lure of sin.

Make us quick to forgive others.

Humble us when we think we no longer need your grace.

Through Christ our Lord. Amen.

Our Own Deserts

Today's Readings: Genesis 2:7-9; 3:1-7; Psalm 51:3-4, 5-6, 12-13, 17; Romans 5:12-19 or 5:12, 17-19; Matthew 4:1-11. Each reading today keeps us mindful of our need for God. After breathing life into human beings, God placed them in a rich, fertile garden where all their needs were met. Enticed by the possibility that they might exceed their limitations, the man and woman seize the chance to decide for themselves what will make them safe and happy.

St. Paul discusses how sin spread from the first human beings to each new generation. Everyone experiences evil in some form, and because all of us sin, we participate in and extend the reach of evil. Sin is thus inescapable, as inescapable as its ultimate repercussion, death. Into the midst of our hopeless situation comes God's grace, "the gracious gift" of Jesus Christ.

Jesus models perfect trust and obedience. There in the desert he humbly depends upon God's word rather than his arguments as he withstands the devil's attempts to make him meet his needs, test God's love, and claim lordship over the world without first laying down his life for it.

These temptations are particular to Jesus. We face our trials and temptations. The readings remind us that we cannot overcome them by ourselves. Lent is thus a time when we not only try to resist sin, we discover how much we need God to help us.

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JESUS IS TEMPTED IN THE DESERT



1913 Ritter Drive • Cape Girardeau, Missouri 63701
573-335-7667 • Fax 573-335-0034 • www.svcape.com

Serving the Catholic Community since April 9, 1836

• Mass Intentions •

Monday, March 2

6:30 am Ella Friese ☩

Tuesday, March 3 St. Katharine Drexel

6:30 am Jerry Priest ☩

Wednesday, March 4 St. Casimir

6:30 am Fr. Robert Brockland (living)

5:15 pm Mary Christoff ☩

Thursday, March 5

6:30 am Poor Souls of Purgatory ☩

8:00 am Ralph Wibbenmeyer ☩

Friday, March 6 First Friday

6:30 am Fred and Connie Biondini (living)

8:00 am Dottie Reinwald ☩

Saturday, March 7 Sts. Perpetua and Felicity

6:30 am Howard and Loretta Lively ☩

5:00 pm Lucille Murphy ☩

Sunday, March 8 Second Sunday of Lent

7:30 am Living and Deceased Members of the
Maurus and Irma Berkbigler Family

9:00 am Alfred and Clyde Bohnert ☩

10:45 am Dottie Reinwald ☩

3:00 pm Poor Souls of Purgatory ☩
(Bilingual)

• Prayer Requests •

Please remember **Eleanor Nenninger**, the sick, the hospitalized, the homebound, and those who care for them.

Parish Office

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Father Brian Straus

Assoc. Pastor/Sacramental Priest for CCM, SEMO University
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What temptations lure us from the path of discipleship? Possessions? Pride? Power? Oh Lord, create for us a clean heart and renew a steadfast spirit within us!

The Church in Central and Eastern Europe

This weekend, a collection will be taken up for the Church in Central and Eastern Europe. This collection supports the Church in more than 20 countries that still struggle to recover from Communist rule. Funds from this collection support pastoral care, catechesis, building renovations, and seminary formation. Your support restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection this weekend.

DYC and Ignite Forms Due this Week!

St. Vincent is taking a group of high school youth to the **Diocesan Youth Conference, March 27-29** in West Plains, and also a group of 8th graders to **Ignite** on **March 28**. Forms are due on Monday so spots and hotel rooms can be reserved! The conferences will feature popular Catholic speakers including Carrie Ford, Fr. Stephen Gadberry, Paul J. Kim, and of course, Bishop Rice! If you still need an application, pick one up in the gathering area and complete it this weekend. You can also apply for the parish youth endowment to cover the majority of the cost. Email Father Brian at fatherbrian@svparish.com with any questions or to reserve your spot!

Women's Council

The March meeting of the Council of Catholic Women will be held on Monday, March 2, at 6:30 p.m. in the lower meeting room. The speaker for the evening will be the Director of the Safe House for Women. The Women's Council, along with other groups, is donating linens for one of the rooms at the new Safe House.

All women of the parish are members of the Council and are invited to attend. Do not forget to bring full sized personal hygiene items for Maxine's Clothing Closet.

Please note: CCW members have purchased shirts with a logo to identify them as parish and organization members. Some women missed out on the opportunity and are interested in purchasing a shirt. If you are interested, please call Virginia Sander at 334-7944. Two different short sleeve styles are available.

Confessions During Lent

During these days leading up to Easter, the Sacrament of Reconciliation will be offered at various times here at St. Vincent.

- Every Wednesday from 6:30 - 8:00 p.m.
(This also includes St. Mary Cathedral Parish and Immaculate Conception Parish, Jackson.)
- Every Friday from 12:00 - 12:30 p.m. and 6:30 - 7:30 p.m.
- Every Saturday from 3:00 - 4:30 p.m.

Also, please remember that you may make an appointment if these times are not good for you.

The right to life is the first among human rights.

POPE FRANCIS

First Friday Eucharistic Adoration

First Friday Adoration of the Eucharist will take place following the 6:30 a.m. Mass on March 6, 2020. Consider spending time with the Lord in prayer and adoration during the day. Adoration will close with Eucharistic Benediction at 5:15 p.m. allowing those who finish work at 5:00 p.m. an opportunity to come for the final prayers and benediction.



Church Women United World Day of Prayer

Friday, March 6, 2020 • 1:00 p.m.
New McKendree United Methodist Church
 225 S. High Street • Jackson, Missouri

Lenten Fish Dinners



The St. Vincent's Men's Association will sponsor a Catfish Dinner each Friday during Lent from 5:00 - 7:00 p.m. The family friendly meal includes fresh American pond raised catfish, "Todt secret recipe cole slaw," "Koehler famous hush puppies," side dishes, dessert and drink. Pizza will also be available for kids. Tickets are \$10 for adults, \$5 for children, and ages 5 and under eat free. Carryouts are available.

Each week during Lent, the Circle Leaders of the Women's Council will contact parishioners to donate a dessert for the Friday Fish Fry. If you have never been called and would like to bring a dessert on Friday, March 6, please contact one of the following: Nancy Glosemeyer (573-335-0865), Linda Shaffar (573-837-0726), Dotty Wenciewicz (573-334-4046), Chrisie Rust (573-579-3727), Pat Wells (573-335-2299), or Rita Keoppel (573-837-5106).

Guidelines for Fasting/Abstinence during Lent

Abstinence is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence. Ash Wednesday and Good Friday are also days of fasting for ages 18 - 59 (inclusive). The Church defines fasting as one meal a day, and two smaller meals which if added together would not exceed the main meal, as well as no eating between meals.

Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial suitable to their condition.

Stations of the Cross - A Beautiful Tradition

The Stations of the Cross are images of stories about the passion and death of Jesus Christ. Most of the stories which make up the Stations were drawn from Scripture, and others, such as Saint Veronica wiping the face of Jesus, were taken from tradition. The route traditionally held to have been taken by Jesus to his death at Calvary (Golgotha) in Jerusalem is called the Via Dolorosa or the Sorrowful Way. The Stations were erected in local churches as a way of bringing this prayerful experience to those who could not travel to Jerusalem.

Stations of the Cross are celebrated every Friday during Lent at 6:15 p.m. in English and at 7:00 p.m. in Spanish. You are also invited on Wednesday afternoons at 2:00 p.m. as the school prays the Stations on March 4, 18, 25, and April 1. Please join in this devotional prayer and make it a part of your Lenten journey.



• The Week Ahead •

Monday, March 2

6:30 pm Women's Council

Tuesday, March 3

8:00 am Confirmation Prep (SVS)

Wednesday, March 4

8:00 am Confirmation Prep (SVS)

8:00 am Ugly Quilt Ministry
(8:00 - 11:00 am)

9:00 am Wednesday Morning Bible Study

10:00 am Mass at Chateau Girardeau

2:00 pm Stations of the Cross (School)

3:00 pm Divine Mercy Holy Hour

4:00 pm Centering Prayer

5:45 pm PSR

6:00 pm Wednesday Evening Bible Study

6:30 pm RCIA

6:30 pm Reconciliation

Thursday, March 5

9:00 am Maxine's Shareable Wearables
(9:00 - 11:00 am)

9:30 am Mass at Fountainbleau

1:00 pm Thursday Afternoon Bible Study

6:15 pm i.d.Cape Disciples Night

Friday, March 6

7:00 am Adoration

9:00 am Friday Morning Bible Study

12:00 pm Reconciliation

5:00 pm Lenten Fish Fry Dinner

5:15 pm Benediction

6:15 pm Stations of the Cross

6:30 pm Reconciliation

7:00 pm Stations of the Cross (Spanish)

Saturday, March 7

7:00 am Men's Cursillo Group

9:00 am Maxine's Shareable Wearables
(9:00 am - 12:00 noon)

9:00 am Virtus

3:30 pm Reconciliation

6:00 pm Prayer Ministry

Sunday, March 8

9:00 am Children's Liturgy of the Word

4:30 pm Confirmation Prep (High School)

8:00 pm Roots & Wings

Readings - March 8, 2020

Genesis 12:1-4a • 2 Timothy 1:8b-10
 Matthew 17:1-9

Collection - February 23, 2020

Collection	\$ 13,981.81
E-Tithing	\$ 1,637.00
Total	\$ 15,618.81
Weekly Budget	\$ 31,450.00
Year-to-date Difference	\$ 21,723.63

Please be a good steward of God's gifts by using Faith Direct or by using your contribution envelope.

• Ministries •

Saturday, March 7 • 5:00 p.m.

Servers Mark Schuchardt, Brayden Ward, **Volunteer**
Lectors Eric Schuchardt, Terri Welker
Eucharistic Ministers Tanya Cangelosi, Tim Coad, Nancy Glosemeyer, Jim Govreau, Judy Hanschen, Mike Hanschen, Lynne Karnes, Pat McDonald, Shane Sinn, Jim Welk
Sacristans Barbara Hagler, Virginia Sander
Hospitality Kim Bunger, Dan Koeppel, Rita Koeppel, Laura Powers, **Volunteers**
Musicians Mike Kohlfeld, Cheryl Oberhaus

Sunday, March 8 • 7:30 a.m.

Servers Loren Burford, Donna Kielhofner, Kandee Oliver
Lectors Barb McKeon, Gail Overbey
Eucharistic Ministers Pat Brase, Garrett Kremer-Wright, Joshua Sander, Susan Todt, Wayne Unterreiner, Michael Wozniak
Sacristans Jane Unterreiner, Wayne Unterreiner
Hospitality Mary Boos, Millie Hinkle, **Volunteers**
Musicians Lenny Kuper, Marlene Glenn, Jane Schnurbusch, Bailey Schnurbusch

Sunday, March 8 • 9:00 a.m.

Servers Addison Craig, Haylee Kilburn, Mykensie Kilburn
Lectors Carol Glueck, Karen Roggow
Eucharistic Ministers Peggy Berryhill, Beverly Brown, Alan Essner, Denise Essner, Glenda Irwin, Flo Johnson, Lisa Seabaugh, Jerry Welker, Sue Wibbenmeyer, Dottie Worley
Sacristans Katie Michael, Robert Michael
Hospitality David Halter, Barbara Hess, Jean Hillman, Pat Hillman, **Volunteers**
Musicians Parish Choir

Sunday, March 8 • 10:45 a.m.

Servers Nicholas Dial, Jackson Jones, Juliette Jones
Lectors Ralph Hendrickson, Fred Meystedt
Eucharistic Ministers Sherry Clark, Linda Gosche, Susy Gutierrez, Chris Janet, Jill Janet, Vicki Kirn, Kyle Thoma, Anita Tygett, Lester Wells, Amy Young
Sacristans **Volunteers**
Hospitality Sherry Clark, Linda Gosche, Bradley Shuh, Rachel Shuh, Becky Talley, Kent Talley, Amy Young
Musicians Lenny Kuper, Nick Hogan

If you would like to take up the offertory gifts at one of the weekend Masses in the upcoming months, please contact Debbie Wells at the parish office or email her at stvincentcares@gmail.com.

Discipleship Corner

Need Some Inspiration This Lent?



Check out **LENT 2020 on FORMED.org**. Go to www.formed.org; start at "Browse." Scroll to Lent 2020 and click on what interests you. **Some choices:** **Lenten Reflections** -- daily emails with inspirational reflections by Dr. Tim Gray; **A Lent to Remember: A Lenten Encounter with Mercy** -- a four-video series on how God reaches out to us in Mercy; **Into the Desert** -- a six-session (one/week) video session on Prayer; **Lectio: Salvation** -- a video series on what salvation is and is not. **Not registered on formed.org?** Go to <https://svcape.formed.org>; click register; follow prompts. You can also find Formed in your app store.



Get daily inspiration from Dynamic Catholic's **BEST LENT EVER** program. Receive a daily email from Dynamic Catholic with a video reflection by Matthew Kelly. This year's Best Lent Ever is based on Matthew Kelly's book, *Rediscover the Saints*, gifted to parishioners at Epiphany. Register for **BEST LENT EVER** at: www.DynamicCatholic.com/Amazing.

Virtus Sessions

The VIRTUS Protecting God's Children is the adult safe-environment program being offered by the Diocese of Springfield-Cape. The Diocese requires all adult employees and volunteers who have substantial contact with children to attend. Upcoming sessions include:

- **Saturday, March 7, 9:00 a.m.**, St. Vincent de Paul Parish, Cape
- **Wednesday, April 15, 6:00 p.m.**, St. Ambrose School, Chaffee

Check availability for additional dates/locations on the VIRTUS website. To attend a seminar you must pre-register with your full legal name. **Pre-registration is necessary:** Go to www.virtusonline.org and click on the yellow link labeled 'Registration' (you may either view a list of sessions or begin the registration process). To register for a specific session, select 'Begin the Registration Process'. From the pulldown menu, select 'Springfield-Cape Girardeau'. Follow the online prompts, completing the Code of Conduct and your information for a background screening.

SEMO St. John Henry Newman Center

— CATHOLIC CAMPUS MINISTRY —

Wine Tasting

SATURDAY, MARCH 7, 2020

DOORS OPEN - 6:30 PM • TASTING - 7:00 PM
 DEERFIELD LODGE - CAPE GIRARDEAU, MO

Featuring SMALL HOR D'OEUVRES • LIVE MUSIC BY JUSTIN & JIM KEUSENKOTHEN AND OTHERS
 FINE WINES FROM LOCAL WINERIES & COMPANIES
 SILENT AUCTION • DOOR PRIZES • 50/50 RAFFLE

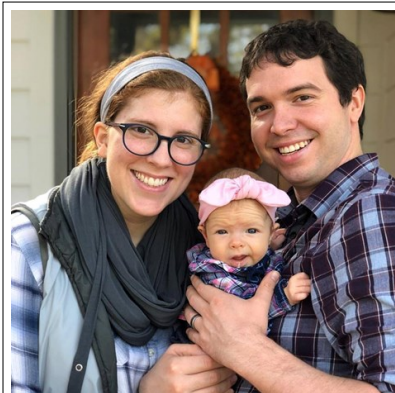
Benefiting MISSIONARY SERVICE ACTIVITIES OF CATHOLIC CAMPUS MINISTRY

CONTACT CCM FOR MORE INFO OR TICKETS: 573-335-3899

TICKETS ONLY \$25!



St. Vincent Parish Lenten Mission



Katie with her husband, Tommy, and daughter, Rose Elizabeth

Katie Prejean McGrady (Catholic Speaker - Author - Podcaster - Wife - Mom) will be giving the Lenten Parish Mission this year here at St. Vincent. Katie will be here Sunday, Monday and Tuesday, March 8 - 10. A Mission Talk will take place at 6:30 p.m. each evening in Church.

In addition, on Sunday before the Mission Talk, there will be a **Teen Hangout Time**, beginning at 5:00 p.m., with high school youth of St. Vincent Parish and the surrounding area.

On Monday before the Mission Talk, there will be a **Moms' Hangout Time**, starting

at 5:00 p.m., with all the Catholic moms of St. Vincent Parish. (If you are going to attend this, could you please RSVP to Alicia Schumer at 573-225-8776 or email arsachse@yahoo.com, so there will be plenty of food for the event.) Babysitting will be provided for this **Moms' Hangout Time**.

While Katie will not be here on Wednesday night, the Mission continues with quiet prayer and Adoration of the Blessed Sacrament beginning at 6:00 p.m. (following the 5:15 p.m. Mass). During Adoration, the Sacrament of Reconciliation will be offered for those wanting to make a confession. Confession and Adoration will continue until 8:00 p.m. when the Parish Mission will formally close with Benediction.

To find out more about Katie Prejean McGrady, go to her website: www.katieprejean.com. Make your Lent extra special and make plans to attend all or part of the Mission!

Marriage Seminar for Couples in Civil Marriages

Couples who are civilly married and have never had their marriage "blessed" or "validated" in the Church are invited to attend a day-long seminar on Saturday, March 14, from 9:00 a.m. - 4:00 p.m. at Saint Francis Medical Center (St. John of God Room). Once you have attended this seminar and your paperwork is complete, you may celebrate your marriage in the Church. Allow the blessing of the Sacrament to work for you in your marriage! To sign-up for the March 14 seminar, please contact Father Rick or Father Brian as soon as possible.

Baptismal Prep

Parents and godparents are required to attend a baptismal preparation class before a child is baptized in the Catholic faith. The next class is scheduled for Sunday, March 15, at 4:30 p.m. and will be held in the upper meeting room. Please contact the parish office to register for the class and to fill out a baptismal registration form.



Do You Have a Gift for Social Media?

If you have a gift for social media and online presence, St. Vincent Parish needs **you!** Parish Communications Chair, Kelli Foster, is looking for a small group of volunteers to help with posting online and organizing content. Training will be provided. If interested in **getting social**, email kcefooster@gmail.com or phone/text 573-433-4703 to get involved. #ministrysocial

Secular Franciscan Order

**Second Sunday of Each Month
1:00 - 3:00 p.m.**

**Saint Francis Medical Center
St. Agatha Room**

The Secular Franciscan Order is laity following the Rule St. Francis wrote, approved by the Pope, to support one another in living a simplified life - from Gospel to Life from Life to Gospel. Come and see! Call Anita Tygett at 573-335-1538.

St. John Henry Newman Center Mass Time Change

In preparation for new construction of the St. John Henry Newman Center on the SEMO campus, ministry offices will be relocating to 902 College Hill (corner of North Pacific Street and College Hill) effective March 9, 2020. The last Masses in the current St. Thomas Aquinas Chapel will be celebrated on Sunday, March 8, at 11:30 a.m., 6:00 and 8:00 p.m. Beginning Monday, March 9, daily Masses will be offered on the second floor at 902 College Hill. The daily Mass schedule is Monday - Thursday, 5:15 p.m. and Friday at 12:00 noon. Beginning Sunday, March 15 and for the duration of construction, the 6:00 p.m. Sunday Mass will be offered at St. Mary Cathedral Church. The 8:00 p.m. Sunday Mass will be temporarily discontinued during the construction process. Beginning Sunday, March 29, and continuing for the remainder of the spring semester, the 11:30 a.m. Sunday Mass will be offered on campus in the Rose Theatre located in the Grauel English Building.

Donate with Faith Direct

Faith Direct is the innovative solution that allows you to support St. Vincent de Paul Parish using electronic funds transfer from a bank account or credit/debit card just as you may do now with your mortgage payment, etc. It is simple, safe and convenient. You can begin supporting St. Vincent electronically today by visiting faith.direct/MO885. Thank you!

Employment Opportunity

St. Augustine School is seeking a full-time fifth grade teacher for the 2020-2021 school year. Applicant must be a practicing Catholic, possess an appropriate certification and hold a Bachelor's degree. Previous experience preferred. Complete a teaching application found on dioscg.org under Schools/Education and the employment tab. Applications can be submitted in person, through mail, or email to Sarah Cato at St. Augustine School, 231 S. Messmer St., PO Box 97, Kelso, MO 63758, scato@stakelso.edu, educ12.net.

St. Denis School, Benton, is seeking a **Principal** for the 2020-2021 school year. Requirements include an active Catholic, Missouri teaching certification, Master's degree in School Administration (or working towards it), administrative experience preferred, 3-5 years of Catholic school experience. Send a resume along with the name of your current Parish and Pastor by March 16, 2020 to: St. Denis Catholic Church, PO Box 127, Benton, MO 63736, Attention: Fr. Bala.

St. Denis School, Benton, is accepting applications for a full time **seventh/eighth grade teacher** for the 2020-2021 school year. Applicants must have a Missouri Teaching Certificate. If interested or have questions, please call Karen Powers at 573-545-3017. You may obtain an application by visiting www.stdenisbenton.edu and downloading the Teacher Application. You may also visit the Diocesan website (www.dioscg.org) or stop by St. Denis School to pick up an application.

St. Ambrose School, Chaffee, is looking to fill two full time teaching positions: **seventh/eighth grade** and **Pre-K classroom** for the 2020-2021 school year. For questions and inquiries, please call Laura Enderle, Principal, at 573-887-6711 or 573-318-8753.

St. Gerard Circle

All mothers of the parish are invited to attend these upcoming events through St. Gerard Circle. Please look at the Facebook page for more information or contact Bridget Wengert at 816-805-3707.

- **Group Meeting, Thursday, March 19, 6:45 p.m.**

The speaker will be Fr. Brian and he will speak on "Understanding the Authority of the Catholic Church."

- **Lenten Retreat, Saturday, March 21, 8:00 a.m. - 1:00 p.m.**

The group will travel to The Shrine of the Miraculous Medal in Perryville, Missouri, to hear Deacon Rob speak about prayer. The day will include a tour of the campus, a visit to the gift shop, and time for individual prayer. Breakfast and lunch will be provided.

- More information will be coming soon about the Lenten book club. The group will read the book *Twelve Little Ways to Transform Your Heart* by Susan Muto. Contact Theresa Walck for more information.

CCW Region VII Meeting

The next Region VII CCW Retreat/Meeting will be held on Saturday, March 21, at St. Anthony Parish, Glennon. Mass will be celebrated at 8:30 a.m. Registration, breakfast and retreat will follow in the school gym. Lunch will be provided and will be followed by the meeting. For carpool information, call Virginia Sander at 334-7944 or Carol Glueck at 334-8446.

Awards Ceremony

The Catholic Youth Adventure Programs Awards Ceremony for Girl Scouts, Boy Scouts, Little Flowers Girls Club, and American Heritage Girls Club will be held on Tuesday, May 5, at 7:00 p.m. at Old St. Vincent Church. Please be at Old St. Vincent by 6:45 p.m. to line up. Deadline for applications is March 18. For all scouting applications and inquiry, please contact Mary Ann Hennecke at 573-335-3899 or email maryann@ccmin.org.

Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please free to contact parish office staff anytime during regular office hours, Monday, Tuesday, Wednesday, and Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish.org or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Street Address _____

City/State/Zip _____

Email _____

Phone _____

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.
- ☐ I have been attending St. Vincent Parish and would like to register as a member.
- ☐ Please change my address to the one shown above.
- ☐ I would like to sign up for Faith Direct.
- ☐ I would like to learn more about the Catholic faith.
- ☐ I would like to register my child/children for Parish School of Religion.

IS CATHERINE'S CUPBOARD
ON YOUR GROCERY LIST?

Catholic Response to Outbreak of Coronavirus

On February 18, 2020, in Washington, DC, Bishop David J. Malloy of Rockford and chairman of the **U.S. Conference of Catholic Bishops' Committee on International Justice and Peace**; Sean Callahan, president of **Catholic Relief Services**; and Sr. Mary Haddad, RSM, president of the **Catholic Health Association of the United States**, issued a statement addressing the Catholic response to the outbreak of the coronavirus. Their joint statement follows:

"As communities and public health officials respond to the outbreak of novel coronavirus (COVID-19) in China and closely monitor its presence and progression in other parts of the world, we join in solidarity and prayer for those impacted or working to treat those infected by the disease. The **U.S. Conference of Catholic Bishops, Catholic Relief Services**, and the **Catholic Health Association of the United States** hope that governments will work together in partnership to improve all nations' capacity to prevent, detect, and respond to this virus.

The Catholic Church in the United States stands in solidarity with those affected by the coronavirus and their families, health workers who are valiantly trying to diagnose and treat patients, and those under quarantine awaiting results of their screening for the virus. We offer our prayers for healing and support those organizations, both domestic and international, working to provide medical supplies and assistance to address this serious risk to public health.

In early February, the Holy See sent 700,000 respiratory masks to China to help prevent the spread of the disease. Within the United States, Catholic healthcare providers are at the front line of providing treatment and care to those impacted by the virus.

We also commend the U.S. government for transporting more than 17 tons of donated medical supplies to China. This response to the novel coronavirus demonstrates the critical importance of the need to work together and to invest in crucial health care systems here and in other countries, thus preventing and responding to community-wide emergencies. We urge the U.S. Congress to support these efforts by protecting access to domestic health care safety net programs and by providing additional emergency international assistance to areas impacted by the virus.

We also urge individuals to stay informed as information becomes available by going to the Centers for Disease Control and Prevention at www.cdc.gov/coronavirus/2019-ncov/index.html."

Specifics that the CDC recommends individuals and families follow everyday preventive measures:

Voluntary Home Isolation: Stay home when you are sick with respiratory disease symptoms. At the present time, these symptoms are more likely due to influenza or other respiratory viruses than to COVID-19-related virus.

Respiratory Etiquette: Cover coughs and sneezes with a tissue, then throw it in the trash can.

Hand Hygiene: Wash hands often with soap and water for at least 20 seconds; especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with 60%-95% alcohol.

Environmental Health Action: Routinely clean frequently touched surfaces and objects

Routine use of these measures by individuals and their families will increase community resilience and readiness for responding to an outbreak.

Celebrating the Sacraments Celebrando los Sacramentos

Marriage: Please contact the parish office at least **six months** in advance. (If you have been married before, an annulment may need to be done first.)

Matrimonio: Por favor comuníquese con la oficina parroquial por lo menos con **seis meses** de antelación. (Si usted ha estado casado antes, una anulación del matrimonio puede necesitar ser hecha primero.)

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Baptism: Your family needs to be registered in the parish for three months prior to the baptism. It is necessary to schedule baptismal preparation classes six weeks prior to your child's baptism. Taking the baptism class prior to birth is encouraged! Contact Deacon Mark Kiblinger at the parish office (573-335-7667).

Bautismo: Es un requisito ser inscritos en la parroquia por lo menos 3 meses antes de bautizar. También los padres tienen que celebrar la santa misa cada fin de semana. La clase de preparación para el bautismo para padres y padrinos es cada último lunes del mes. Favor de comunicarse con Padre Rick una semana antes al 573-335-7667.

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Holy Orders and Consecrated Religious Life: Would you like to talk about how to be a Priest, Permanent Deacon, Religious Brother or Religious Sister? Come to a gathering on the last Thursday of each month for snacks and discussion about this way of life. For more information, call Father Rick at the parish office (573-335-7667) or email him at stvcapepadre@gmail.com.

Orden Sagrado y vida religiosa consagrada: ¿te gustaría hablar de cómo ser sacerdote, diácono permanente, hermano religioso o hermana religiosa? Ven a una reunión el último Jueves de cada mes para algunos bocadillos y discusión sobre esta forma de vida. Para más información, llame al Padre Rick en la oficina parroquial (573-335-7667) o stvcapepadre@gmail.com.

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Anointing of the Sick: If you are going to the hospital for a planned surgery, please call the parish office so this Sacrament can be celebrated with you.

Unción de los enfermos: Si usted va al hospital para una cirugía planificada, por favor llame a la oficina parroquial para que este Sacramento pueda ser celebrado con usted.

Youth Ministry News

The St. Vincent Youth Ministry team is planning some big things in the near future! Are you keeping up to date with events for high school and junior high youth? The Facebook page, **St. Vincent Young Apostles**, has recently been updated — make sure you're following it! A new **Instagram** account has been created at **StVCapeYouth**, so follow there as well! Make sure you're in the loop for all upcoming opportunities! Email stvcaperyouth@gmail.com or contact Father Brian at fatherbrian@svparish.com with any questions.

Totus Tuus

Totus Tuus (Latin for "Totally Yours") is a summer Catholic youth program, for grades 1 - 12, dedicated to sharing the Gospel and promoting the Catholic faith through evangelization, catechesis, Christian witness, and Eucharistic worship. A team of energetic young adults will lead the children of the parish in games, skits, lessons, prayer, discussions, and more! This program is similar to Vacation Bible School. Totus Tuus is concerned not only with teaching faith, but also igniting the hearts of young people!

This year's Totus Tuus program will be held June 14 - 19, 2020. Students in grades 1 - 6 will meet Monday - Friday from 8:30 a.m. - 2:00 p.m. Students in grades 7 - 12 will meet 7:00 - 9:15 p.m. Sunday - Thursday. Information cards are available in the gathering area on the bulletin board. You can also register and pay online by scanning the **QR Code** on this page. **Sign up early — space is limited!**



Lenten Mission of Mercy

• Week One •

Fast from eating a favorite food or special treats and pray for those who go hungry.

By participating in Bishop Rice's Lenten Mission of Mercy project, the youth (and adults) of the diocese have the wonderful opportunity to embrace the Catholic practices of prayer, fasting and almsgiving.

A Lenten Opportunity

Beatitude Boxes and Bags

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

MATTHEW 5:6

During the season of Lent, the Serving Core Value Committee invites the parishioners of St. Vincent to collect food and paper items for distribution to the needy. **Beatitude Boxes** will be filled with specific food items and **Beatitude Bags** will be filled with specific paper products.

Tags are posted on the bulletin board in the gathering area. Some tags will list all items in the box (approximate cost \$30-\$35) and all items in the bag (approximate cost \$12-\$15). Other tags list some of the items in the box or bag. You are invited to take one or more tags and purchase the requested items. **Return the items to the designated area in the gathering area no later than April 5.** Boxes and bags will then be filled and given to the needy in the local community.



Registration Open!

Currently, Camp Re-NEW-All, the summer camp program for the Diocese of Springfield-Cape Girardeau, is taking applications for this summer. **The dates for this summer's camps are June 8-12 (Session 1F), June 22-26 (Session 2F), and July 6-10 (Session 3F).** Camp is open to campers going into 5th-9th grade in the fall, high school staff going into 10th-12th grade, and adult staff. Parents and grandparents are invited to volunteer also! Campers are placed on a first-come, first-served basis and weeks fill quickly, so apply early. Brochures are available on the bulletin board in the gathering area. Apply at https://diosecg.formstack.com/forms/camp_re_new_all_2020, or call Katie at the Catholic Center at 417-866-0841 with questions. **Please note that the Diocese will only accept online registrations.** Paper registration forms will not be available.

Low-Gluten Hosts for Holy Communion

Low-gluten Communion hosts are available at all weekend liturgies to those suffering from Celiac Sprue disease. The hosts, made by the Benedictine Sisters of Perpetual Adoration in Clyde, Missouri, contain 0.01% wheat gluten. They are accepted by the United States Conference of Catholic Bishops (<http://www.usccb.org/prayer-and-worship/the-mass/order-of-mass/liturgy-of-the-eucharist/celiac-disease-and-alcohol-intolerance.cfm>), and are recommended by the journal *Gluten-Free Living* as "perfectly safe" for sufferers of Celiac Sprue disease (Vol. 9, no. 1). The Diocese of Springfield-Cape Girardeau has approved these low-gluten altar breads for use in the Diocese. During a weekend Mass, the minister having the consecrated low-gluten hosts will be in the **center aisle on the left side**. When you approach this minister, just indicate that you need one of these consecrated hosts.

Extend mercy towards others, so that there can be no one in need whom you meet without helping.

ST. VINCENT DE PAUL



THIS WEEK AT HOME

Monday, March 2

Be Holy

God wants his people to be holy, the Lord tells Moses in the reading from Leviticus. They are to be a just and compassionate community, a people worthy of his name. God's expectations as we hear them in the Gospel are not substantially different. Those whom God brings into his kingdom have set themselves apart by loving other people in concrete ways. Choose a Corporal Work of Mercy to perform this week. *Today's Readings: Leviticus 19:1-2, 11-18; Psalm 19:8, 9, 10, 15; Matthew 25:31-46.*

Tuesday, March 3

Powerful Words

When God speaks, things change. When our prayer is guided by the spirit of Christ, our words become part of God's life-changing action in the world. Because we do not always know how to pray, Jesus tells us to put God's Kingdom first, to ask God to meet our basic needs, and to make us more like God, who is the very source of forgiveness and who triumphs over evil. Practice the life-changing mercy of God by praying for someone you are struggling to forgive. *Today's Readings: Isaiah 55:10-11; Psalm 34:4-5, 6-7, 16-17, 18-19; Matthew 6:7-15.*

Wednesday, March 4

Resistance

Jonah preached to foreigners, yet the entire people accepted his prophetic warning and repented. Jesus, by contrast, is among his own people, and they are rejecting him and all he embodies. Sometimes we simply do not want to repent. God calls us to change in some way, but we resist. We ask for more time, we want proof that we have to change, or we tell ourselves that God isn't challenging us after all. What part of ourselves most needs to change? Today turn that part of yourself over to God. *Today's Readings: Jonah 3:1-10; Psalm 51:3-4, 12-13, 18-19; Luke 11:29-32.*

Thursday, March 5

Ask, Seek, Knock

Esther prays for the protection of her people, who had just been sentenced to a collective death. Her grief-filled prayer is fervent and trusting, and God answers it. Esther models the prayer Jesus urges us to offer. We are to pray with hope, compassion, and persistence. God is eager to share his goodness with us. If it seems that God is not answering your prayers, ask him why. *Today's Readings: Esther C:12, 14-16, 23-25; Psalm 138:1-2ab, 2cde-3, 7c-8; Matthew 7:7-12.*

Friday, March 6

Worship and Justice

Ezekiel addresses complaints that God is punishing people for the sins of their ancestors. The prophet responds that the people themselves have sinned. These sins, enumerated right before this passage, include acts of injustice. The people have not only failed to worship God, they have also failed to care for their neighbor. Worship and justice are inseparable, as we learn again in the Gospel passage. What gift of justice or reconciliation can you offer to God this Sunday? *Today's Readings: Ezekiel 18:21-28; Psalm 130:1-2, 3-4, 5-7a, 7bc-8; Matthew 5:20-26.*

Saturday, March 7

Sts. Perpetua and Felicity

Perpetua and Felicity were killed in the early third century because they had become Christians. Despite the violence that awaited them, both women and their companions remained steadfast in their new faith. By their martyrdom, they became "sacred to the Lord." Their courageous witness in the face of persecution inspired others to accept Christianity. Watch for the chance to be a courageous witness by responding with loving kindness toward someone who seems undeserving. *Today's Readings: Deuteronomy 26:16-19; Psalm 119:1-2, 4-5, 7-8; Matthew 5:43-48.*



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