# St. Vincent de Paul Catholic Church

#### Fourth Sunday of Lent March 22, 2020

#### **Parish Mission**

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

#### **Parish Vision**

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

#### **Core Values**

Discipleship • Hospitality Serving • Worship

#### All public celebrations of the Holy Sacrifice of the Mass are suspended until further notice.

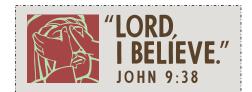
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#### **Confessions** Saturday 3:30 - 4:30 p.m. or by appointment

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#### To celebrate the Sacrament of the Anointing of the Sick

call the Parish Office at 573-335-7667



# A Prayer During Times of a Pandemic

May we who are merely inconvenienced, Remember those whose lives are at stake.

May we who have no risk factors, Remember those most vulnerable.

May we who have the luxury of working from home, Remember those who must choose between preserving their health or making their rent.

May we who have the flexibility to care for our children when their schools close,

Remember those who have no options.

May we who have to cancel our trips, Remember those who have no place to go.

May we who are losing our marginal income in the tumult of the economic market, Remember those who have no margin at all.

May we who settle in for a quarantine at home, Remember those who have no home.

During this time when we cannot physically wrap our arms around each other, Let us yet find ways to be the loving embrace of God to our neighbors. Amen.

FRANCISCAN SISTERS OF THE POOR

1913 Ritter Drive • Cape Girardeau, Missouri 63701 573-335-7667 • Fax 573-335-0034 • www.svcape.com Serving the Catholic Community since April 9, 1836

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Find us on Instagram at stvincentcapegirardeau

he blind man was willing to let Jesus minister to him and willingly did all Jesus asked of him. The Pharisees were more resistant to His message, spending their time and energy to disprove the miracle. Which am I more like, the man born blind or the Pharisees?

## **Coronavirus (COVID 19)**

Because of the Coronavirus outbreak, a decree was made by Bishop Rice on March 17, 2020, that, until further notice, all public celebrations of the Holy Sacrifice of the Mass, including daily Mass, in the Diocese of Springfield-Cape Girardeau are suspended. The decision was made out of an concern for the long-term health and well-being of the People of God of the diocese and the well-being of the priests entrusted to Bishop Rice's care. Additionally, local health departments and government agencies have set limits on the number of people who can gather in one place.

## **Mass Alternatives**

All parishioners are encouraged to watch Mass via television, livestream on the Internet, or listen on the radio.

- Diocese of Springfield-Cape Facebook Page Mass with Bishop Rice on Sunday, March 22, at 9:00 a.m.
- Daily Mass online with Bishop Robert Barron <u>https://www.wordonfire.org/daily-mass/</u>
- Live Mass at https://mass-online.org/daily-holy-mass-live-online/
- EWTN Catholic Television Live-stream Daily Mass at 7:00 a.m. or https://youtube.com/EWTN
- EWTN Catholic Radio Live-stream
- KZIM960 AM/KSIM1400 AM Mass at St. Mary Cathedral Parish on Sundays at 8:30 a.m.
- K232FF 94.3FM Covenant Catholic Radio (Cape Girardeau), download the free Covenant Network app, or listen on OurCatholicRadio.org

#### **Discipleship Corner**

## **Keeping Your Faith Alive and Well**

Find the daily readings of the church and some good reflections at the following websites:

**Your Morning Offering**: It's much more than a prayer! Subscribe to a *daily email* that delivers the "*Morning Offering*" to your inbox. In the *Morning Offering* email, you will find verse of the day, reflections, links to the daily reading and homily, a narrative about the Saint of the Day, and the Morning Offering prayer, along with many other features. Sign up for your daily *Morning Offering email* at <u>https://morningoffering.com</u>.

**The Magnificat** online publication is currently available for free at <u>https://us.magnificat.net/home/free</u>. Daily prayers, reflections, the church's daily readings and the prayers of the Mass are available at this website.

*Word Among Us* online offers the daily Mass readings and reflections at <u>https://wau.org</u>.

IS CATHERINE'S CUPBOARD ON YOUR GROCERY LIST?

## May They Rest in Peace

Sympathy is extended to the families of: Christine Deevers, daughter-in-law of Jiles and Sally Deevers; Jerry Gene Lewis, father of Anna Dienstbach; Judy Allen, a member of St. Vincent de Paul Parish; and Katy Patrick, a member of St. Vincent de Paul Parish.



May they and all the souls of the faithful departed, through the mercy of God, rest in peace.

## A Message from Fr. Brian

The gift of the sacraments that Jesus has bestowed on His Church is a privilege which we can't take for granted! In this time when many aren't able to attend Mass or receive the Eucharist, **here are some ways to participate** the best we can in the graces that God desires to give us:

Make sure to **keep Sunday as a holy day**! Find a way to watch a recording or live stream of Sunday Mass. EWTN provides the readings and recorded Mass for each day on their website: <u>www.ewtn.com/catholicism/</u><u>daily-readings</u>.

**Try having a Sunday "Liturgy of the Word" with your family!** You can find the readings for each day at <u>www.usccb.org/calendar</u>. A sample "liturgy at home" could look like this:

Penitential Rite: "I confess to almighty God ..."

Readings

Shared or individual reflection on the readings, like a mini-homily! Or find a recording of a priest's homily online. For example, download an mp3 of Bishop Robert Barron's homilies at <u>www.wordonfire.org/</u><u>resources/category/homily/</u>.

Petitions: share all the intentions you wish to bring to the Lord today Our Father

Act of Spiritual Communion (see below)

Add your family's own favorite prayers

The "**Act of Spiritual Communion**" is a prayer for anybody who desires to receive the Eucharist but is unable. This prayer is a plea to God to bestow all the graces He desires to give us through the Holy Eucharist, so that we will not lack anything although we are deprived of that sacramental gift. Pray this prayer thoughtfully:

"My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen."

Those who are sick, especially if there is a chance you are infected by the coronavirus, should **call the parish office to contact Fr. Rick and Fr. Brian!** We want to offer spiritual care, including the sacraments of Confession and Anointing of the Sick, in your time of need.

Above all, during this pandemic **let us all keep prayer central in our hearts** and continue the spiritual practices of Lent. There are many reasons to pray: the healing of the sick, the end of the spread of COVID-19, and the wellbeing of all those suffering economically in this time. There are also many ways to pray for these intentions: the Rosary, the Divine Mercy Chaplet, Novenas for healing, and so on. Check <u>www.ewtn.com</u> for prayer resources!

St. Joseph, patron of the universal Church, pray for us!

# FORMED

Diving into the beauty of the Catholic faith has never been easier: at home, on the go, or from any internet connected device. Discover thousands of books, audio talks, movies, documentaries, and studies ... there is something for every member of the family to help them grow closer to Christ and His Church. Over 4,000 titles are now available on almost any device!

Go to the Web browser on your computer or phone and type: https://svcape.formed.org.

Click on Register. Next you will need to type in your information and create a password. Check the box that you have read and understand the terms of service. At the bottom, click on "create account." You will now have access to all of the resources in **Formed.** You can also access Formed by searching for "Formed" through your app store.

## **Lenten Mission of Mercy**

#### • Week Four • Fast from putting personal desires first, put the needs of others before your own

By participating in Bishop Rice's Lenten Mission of Mercy project, the youth (and adults) of the diocese have the wonderful opportunity to embrace the Catholic practices of prayer, fasting and almsgiving.

#### Readings - March 29, 2020

Ezekiel 37:12-14 • Romans 8:8-11 John 11:1-45

Collection - March 15, 2020		
Collection	\$ 14,481.00	
E-Tithing	\$ 23,140.67	
Total	\$ 37,621.67	
Weekly Budget	\$ 31,450.00	
Year-to-date Difference	\$ 19,425.30	

Please be a good steward of God's gifts by using Faith Direct or by using your contribution envelope.



**Registration Open!** 

Currently, Camp Re-NEW-All, the summer camp program for the Diocese of Springfield-Cape Girardeau, is taking applications for this summer. The dates for this summer's camps are June 8-12 (Session 1F), June 22-26 (Session 2F), and July 6-10 (Session **3F).** Camp is open to campers going into 5th-9th grade in the fall, high school staff going into 10th-12th grade, and adult staff. Parents and grandparents are invited to volunteer also! Campers are placed on a first-come, first-served basis and weeks fill quickly, so apply early. Brochures are available on the bulletin board in the gathering area. Apply at https://dioscq.formstack. com/forms/camp\_re\_new\_all\_2020, or call Katie at the Catholic Center at 417-866-0841 with questions. Please note that the Diocese will only accept online registrations. Paper registration forms are not available.

#### **Donate with Faith Direct**

Please be mindful that St. Vincent Parish's main source of income, the Sunday collection, is no longer taking place. If you have signed up for Faith Direct, thank you! Faith Direct is the innovative solution that allows you to support St. Vincent de Paul Parish using electronic funds transfer from a bank account or credit/debit card just as you may do now with your mortgage payment, etc. It is simple, safe and convenient. You can begin supporting St. Vincent electronically today by visiting faith.direct/MO885. If you do not want to use this option, feel free to mail in your Sunday donation. As always, thank you for your contributions!

#### **Additional Pre-K Class**

Due to an increased demand, St. Vincent de Paul School will open a second Pre-K class (4-5 year olds) for the 2020-2021 school year. If interested, please leave a message at the St. Vincent School office (573-334-9594).

#### **Totus Tuus**

Totus Tuus (Latin for "Totally Yours") is a summer Catholic youth program, for grades 1 - 12, dedicated to sharing the Gospel and promoting the Catholic faith through evangelization, catechesis, Christian witness, and Eucharistic worship. A team of energetic young adults will lead the children of the parish in games, skits, lessons, prayer, discussions, and more! This program is similar to Vacation Bible School. Totus Tuus is concerned not only with teaching faith, but also igniting the hearts of young people!

This year's Totus Tuus program will be held June 14 - 19, 2020. Students in

grades 1 - 6 will meet Monday - Friday from 8:30 a.m. -2:00 p.m. Students in grades 7 - 12 will meet 7:00 - 9:15 p.m. Sunday - Thursday. Information cards are available in the gathering area on the bulletin board. You can also register and pay online by scanning the **QR Code** on this page. *Sign up early — space is limited!* 



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## **Employment Opportunities**

**St. Vincent de Paul School**, Cape Girardeau, is looking to fill the following positions for the 2020-2021 school year: **Technology Director/Technician with part-time teaching**, **Grades 7/8 English Teacher** (middle school English degree or specialization in that area), **Early Elementary Teaching positions**. For an application go to <u>dioscg.org</u> or call the school office at 573-334-9594.

**St. Vincent Parish** is looking for a **Substitute Custodian** for the Parish Grade School. Current pay would be \$9.45 per hour and applicant must complete Virtus training and a background check. If interested, contact the parish office at 335-7667 or stop by to complete an application.

Extend mercy towards others, so that there can be no one in need whom you meet without helping.

#### Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please free to contact parish office staff anytime during regular office hours, Monday, Tuesday, Wednesday, and Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 335-7667. A parish registration form is available at <u>http://www.svcape.com/Parish/</u>.

Name \_\_\_

Street Address

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_

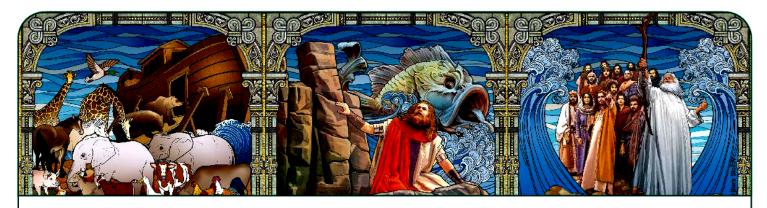
Phone \_\_\_\_\_

🗌 I am	n new to Cape Girardeau.	I am new to St. Vincent de Paul Parish.
🗌 I hay	ve been attending St. Vincent	Parish and would like to register as a member.

Please change my address to the one shown above.

- ☐ I would like to sign up for Faith Direct.
- ☐ I would like to learn more about the Catholic faith.

I would like to register my child/children for Parish School of Religion.



## THIS WEEK AT HOME

#### Monday, March 23 Making Everything New

Passages such as the one from Isaiah in the First Reading remind us how invested God is in this earth. Having created the world, God will not abandon it but will refashion it, casting out suffering and sorrow. By healing a child, Jesus reveals that God's work of re-creation has already begun. God invites us to participate in it. Reflect on how the work you do—or could do—is part of God's work of remaking the world. *Today's Readings: Isaiah 65:17–21; Psalm 30:2 and* 4, 5–6, 11–12a and 13b; John 4:43–54.

#### Tuesday, March 24 Replenishing

The prophet Ezekiel tells of a glorious future in which fresh water flows in abundance. The water brings life to parched ground, transforms salty water, and allows fish and fruit trees to thrive. In the Gospel, Jesus surpasses this life-giving water. He ignores the pool and heals the man through the power of his word alone. The man represents all creation transformed and replenished by the power of Christ. Each time you use water today, thank God for the ways he has helped and replenished you. *Today's Readings: Ezekiel 47:1–9, 12; Psalm 46:2–3, 5–6, 8–9; John 5:1–16.* 

#### Wednesday, March 25 Solemnity of the Annunciation

In the Old Testament, sacrifices are offerings set apart for God. Such gifts remind the people that they themselves are set apart for God. We give things up during Lent in order to make ourselves a sacrifice, to set ourselves apart from the things of this world and to put ourselves at the service of God and his kingdom. King Ahaz did not want to become such an offering, whereas Mary offered herself with barely a moment's thought. Offer yourself to God by praying St. Ignatius of Loyola's Suscipe. *Today's Readings: Isaiah* 7:10–14; 8:10; Psalm 40:7–8a, 8b–9, 10, 11; Hebrews 10:4–10; Luke 1:26–38.

### Thursday, March 26 The Faces of God

The Israelites in the reading from Exodus wanted to relate to God in ways that were familiar to them, so they made an image of God. They struggled to accept that God is both beyond images and represented by them, his people. Centuries later God again presented himself in a way that was hard for people to accept: in Jesus, his Son. Make a list of titles for Jesus. Choose one you do not normally use and reflect on what it reveals about God. *Today's Readings: Exodus 32:7–14; Psalm 106:19–20, 21–22, 23; John 5:31–47.* 

## Friday, March 27 The Just Ones

People in the temple area question whether Jesus is the Messiah because they know he is from Galilee. They struggle to accept that he is somehow from God, "from above." Others flatly refuse to believe that Jesus has a unique relationship with God. Jesus is the just man, the one who obeys God in everything, yet who is attacked for precisely that reason. Take a moment to pray for those who are ridiculed or endangered because they are doing what is right. *Today's Readings: Wisdom 2:1a, 12–22; Psalm 34:17–18, 19–20, 21 and 23; John 7:1–2, 10, 25–30.* 

### Saturday, March 28 Rejections

As Jesus continues to provoke division, the religious authorities take an ever more rigid stance against him. They so insist that they know the law, that they know the Scriptures, that they demean everyone who doesn't agree with them. God's prophet Jeremiah also experienced spite and dangerous rejection. In those moments we reject someone, it may turn out that we have misunderstood what God is telling us. Choose a psalm and listen for how God might be challenging you. *Today's Readings: Jeremiah 11:18–20; Psalm 7:2–3, 9bc–10, 11–12; John 7:40–53.* 



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