



# St. Vincent de Paul Catholic Church

**Fifth Sunday of Lent**  
**March 29, 2020**

## **Parish Mission**

We are one Church: loving Jesus,  
serving Jesus, and sharing Jesus.

## **Parish Vision**

We are a vibrant Catholic church  
serving a diverse community in a  
safe and welcoming environment  
where we care for all people  
along their faith journey.

## **Core Values**

Discipleship • Hospitality  
Serving • Worship

**All public celebrations  
of the Holy Sacrifice  
of the Mass are  
suspended until  
further notice.**

✠✠✠

## **Confessions**

Saturday 3:30 - 4:30 p.m.  
or by appointment

✠✠✠

**To celebrate the  
Sacrament of the  
Anointing of the Sick**

call the Parish Office  
at 573-335-7667

## *Release Us by Your Spirit*

God of all life, who raised Lazarus from the dead,  
and released the poor from their suffering;  
you who lead us in the land of the living: bless us and give us your Spirit,  
your Spirit of generosity and holiness, of life and of creative energy.

Lift us from our graves of sinfulness  
and raise us from our dry and wasteful ways.  
May our sins be left behind and our life in your Spirit bring us joy.  
We ask this through Christ our Lord, who lives and reigns  
with you in the unity of the Holy Spirit, one God, for ever and ever.  
Amen.

## *From the Grave*

*Today's Readings: Ezekiel 37:12-14; Psalm 130:1-2, 3-4, 5-6, 7-8; Romans 8:8-11; John 11:1-45.* At the time of Ezekiel, God's people did not believe in an afterlife. Ezekiel's prophecy would have given some people hope in a future beyond the grave, but others would have struggled to believe. At the time of Jesus, even those who had come to believe in the resurrection of the dead thought God would raise the just all at once and as part of completing his reign.

By raising Lazarus, Jesus reveals God's life-saving presence had already become active in a new, though unexpected way. The spirit of God that sustains all creation, that gave life to the first human being and filled prophets like Ezekiel, flowed outward from Jesus to free people from sin and death. All who embrace Jesus as the resurrection and the life encounter God's life-saving and life-changing Spirit.

The gift of God's Spirit, however, is not only a promise that God will one day open our graves and breathe life into us again. Our new lives in the Spirit begin now. We participate in the life-giving power of God whenever we work to free those who are trapped, bound, entombed: victims of domestic violence, refugees, the chronically ill, the homebound, the unborn. By standing with them, by standing for life, we reveal the continuing action of the Spirit. God opens graves and raises people to new life, not only in the future but today.

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**573-335-7667 • Fax 573-335-0034 • [www.svcape.com](http://www.svcape.com)**

*Serving the Catholic Community since April 9, 1836*

## • Contact Information •

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## Lenten Mission of Mercy

### • Week Five •

**Pray for the children/families  
being assisted by  
Whole Kids Outreach**

By participating in Bishop Rice's Lenten Mission of Mercy project, the youth (and adults) of the diocese have the wonderful opportunity to embrace the Catholic practices of prayer, fasting and almsgiving.

*When Jesus heard about the illness of His friend, Lazarus, He responded, "This illness is not to end in death; rather it is for God's glory, that through it the Son of God may be glorified." Every aspect of our lives — our gifts as well as our sufferings — can, if surrendered to Christ, lead to blessings for others and ourselves.*

## Coronavirus (COVID 19)

Because of the Coronavirus outbreak, a decree was made by Bishop Rice on March 17, 2020, that, until further notice, all public celebrations of the Holy Sacrifice of the Mass, including daily Mass, in the Diocese of Springfield-Cape Girardeau are suspended. The decision was made out of concern for the long-term health and well-being of the People of God of the diocese and the well-being of the priests entrusted to Bishop Rice's care. Additionally, local health departments and government agencies have set limits on the number of people who can gather in one place.

## Mass Alternatives

All parishioners are encouraged to watch Mass via television, livestream on the Internet, or listen on the radio.

- **Mass with Father Brian on Sunday, March 29, at 10:00 a.m.**  
St. Vincent de Paul Facebook page  
<https://www.facebook.com/svcape/>
- **Mass with Bishop Rice on Sunday, March 29, at 9:00 a.m.**  
Diocese of Springfield-Cape Girardeau Facebook Page  
**or if you do not have a Facebook account ...**  
Go to the Immaculate Conception (Springfield) website at <https://www.ic-parish.org>. Scroll down and click on the blue Facebook icon. The feed will come up with a red "live" tag, click the play arrow to begin. If you miss the scheduled time for the live event, it will be recorded and posted on the Immaculate Conception Parish website. Scroll down and click on the blue Facebook icon. Go to the left side of page to "Videos."
- **Mass at St. Mary Cathedral on Sunday at 8:30 a.m.**  
**Weekday Masses at 8:00 a.m.**  
St. Mary Cathedral Facebook page  
<https://www.facebook.com/stmarycathedralcapegirardeau/>
- **Daily Mass online with Bishop Robert Barron**  
<https://www.wordonfire.org/daily-mass/>
- **Live Mass** at <https://mass-online.org/daily-holy-mass-live-online/>
- **EWTN Catholic Television Live-stream Daily Mass** at 7:00 a.m.  
or <https://youtube.com/EWTN>
- **EWTN Catholic Radio Live-stream**
- **Mass at St. Mary Cathedral Parish on Sundays at 8:30 a.m.**  
KZIM960 AM/KSIM1400 AM (Radio)
- **K232FF 94.3FM Covenant Catholic Radio** (Cape Girardeau),  
download the free Covenant Network app, or listen on  
[OurCatholicRadio.org](http://OurCatholicRadio.org)

*If you have an email address and would like to receive future parish updates during this time, please email [stvincentcapegirardeau@gmail.com](mailto:stvincentcapegirardeau@gmail.com). Your information will strictly be kept for parish notifications.*

## May They Rest in Peace

Sympathy is extended to the families of:

**Jean Glenn**, mother of Doug Glenn; and

**Bernard Hobbs**, father of Mary Ann Mayfield.

*May they and all the souls of the faithful departed,  
through the mercy of God, rest in peace.*



## Amended Church Hours

Bishop Rice has asked that all Churches in our Diocese lock their doors. This is being done to stress the importance of staying at home and not being in a position to contract the coronavirus. Here at St. Vincent de Paul, we are complying with this urgent request. However, the Church door nearest the Bell Tower will be open each day from 8:00 a.m. until 12:00 noon. This special permission from Bishop Rice was given to our parish so that we may continue our **Work of Mercy** in helping the poor and destitute of our area. Our Parish Lenten project of the "Beatitude Boxes/Bags" is making a difference in the lives of many. The "Beatitude Boxes/Bags" are still being assembled. After they are assembled, they are given away to families in need. If you have items to drop off, come to the church door closest to the Bell Tower. Please remember to practice "social distancing" while you visit the Gathering Area. **There are still food items that are needed!** So, if you are going shopping for your family and want to take a slip with you to purchase some items, thank you! Thank you for helping those in need! St. Vincent de Paul would be very proud of how we are helping the poor and destitute.

Remember that the Gathering Area, along with the worship space, is being disinfected daily. However, please be safe and cautious! The following points from the CDC are still very appropriate:

- **Voluntary Home Isolation:** Stay home when you are sick with respiratory disease symptoms. At the present time, these symptoms are more likely due to influenza or other respiratory viruses than to COVID-19-related virus.
- **Respiratory Etiquette:** Cover coughs and sneezes with a tissue, then throw it in the trash can.
- **Hand Hygiene:** Wash hands often with soap and water for at least 20 seconds; especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with 60%-95% alcohol.
- **Environmental Health Action:** Routinely clean frequently touched surfaces and objects

Routine use of these measures by individuals and their families will increase community resilience and readiness during this coronavirus outbreak.

*~ Father Rick*

## Act of Spiritual Communion

The "Act of Spiritual Communion" is a prayer for anyone who desires to receive the Eucharist but is unable.

*"My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen."*

## Parish Tithing

Please be mindful that St. Vincent Parish's main source of income, the Sunday collection, is no longer taking place. If you have signed up for Faith Direct, thank you! Faith Direct is the innovative solution that allows you to support St. Vincent de Paul Parish using electronic funds transfer from a bank account or credit/debit card just as you may do now with your mortgage payment, etc. It is simple, safe and convenient. You can begin supporting St. Vincent electronically today by visiting **faith.direct/MO885**. If you do not want to use this option, feel free to mail in your Sunday donation. *As always, thank you for your contributions!*

## Christian Service Ministry

During this time of uncertainty, please remember St. Vincent's Christian Service Ministry. Not only does this ministry assist local agencies and parish members, it also helps people from the community and elsewhere who need assistance with food, gas, rent, lodging, medicine, travel, etc. When possible, individuals are referred to agencies that help in specific areas. Other times these individuals are helped by the parish Christian Service ministry. If you would like to help support this ministry, please write a check to "St. Vincent Parish" and note "Christian Service Ministry" in the memo line.

### Readings - April 5, 2020

Matthew 21:1-11 • Isaiah 50:4-7  
Philippians 2:6-11 • Matthew 26:14-27:66

### Collection - March 22, 2020

Collection	\$ 5,468.00
E-Tithing	\$ 10,971.00
Total	\$ 16,439.00
Weekly Budget	\$ 31,450.00
Year-to-date Difference	\$ 4,414.30

Please be a good steward of God's gifts by using Faith Direct or by using your contribution envelope.



God's blessings to  
*Deacon Rob*  
as he celebrates his  
birthday on April 2.



## Employment Opportunities

**St. Vincent de Paul School**, Cape Girardeau, is looking to fill the following positions for the 2020-2021 school year: **Technology Director/Technician with part-time teaching, Grades 7/8 English Teacher** (middle school English degree or specialization in that area), **Early Elementary Teaching positions**. For an application go to [dioscg.org](http://dioscg.org) or call the school office at 573-334-9594.

**St. Vincent Parish** is looking for a **Substitute Custodian** for the Parish Grade School. Current pay would be \$9.45 per hour and applicant must complete Virtus training and a background check. If interested, contact the parish office at 335-7667 or [contactus@svparish.com](mailto:contactus@svparish.com).

## FORMED

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Go to the Web browser on your computer or phone and type: <https://svcape.formed.org>. Click on Register. Next you will need to type in your information and create a password. Check the box that you have read and understand the terms of service. At the bottom, click on "create account." You will now have access to all of the resources in **Formed**. You can also access Formed by searching for "Formed" through your app store.

*Extend mercy towards others,  
so that there can be no one in need  
whom you meet without helping.*

ST. VINCENT DE PAUL



Dear Friends,

Every year we gather during the Lenten season for Bishop's Walk as a way to put into action the three pillars of Lent: prayer, fasting, and almsgiving. This annual event provides critical funds for Catholic Charities of Southern Missouri (CCSOMO) to care for the most vulnerable.

In light of recent events, we have cancelled Bishop's walk, but are asking for you to join us for Bishop's Prayer. On Saturday, April 4, at 10:00 a.m., we will broadcast live via our Facebook page to pray the Rosary for our community during this challenging time and for those we serve. Your gift of \$25 or more will be critical over the coming weeks and months as we seek to not only continue to help our existing clients, but also those who may need help in the near future.

Through your gift and participation in prayer, you will be fulfilling all three pillars of Lent. While the prayer and almsgiving are obvious, fasting may not seem so straightforward. However, by giving of your time and treasure to Bishop's Prayer, you will be fasting from the other things you could be doing with your time and money.

Please consider a gift to help your neighbors in need. If you are not able to join us during the scheduled time of prayer, please pray when your schedule allows. If you have any questions, please call our office at 417-720-4213. Together, and with God, we will overcome the obstacles before us. Thank you for being our partner in Reaching Out, Providing Hope, and Changing Lives!

Wishing you many blessings and health,

*Maura Taylor*

Executive Director  
Catholic Charities of Southern Missouri

## Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please free to contact parish office staff anytime during regular office hours, Monday, Tuesday, Wednesday, and Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at [contactus@svparish.com](mailto:contactus@svparish.com) or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name \_\_\_\_\_

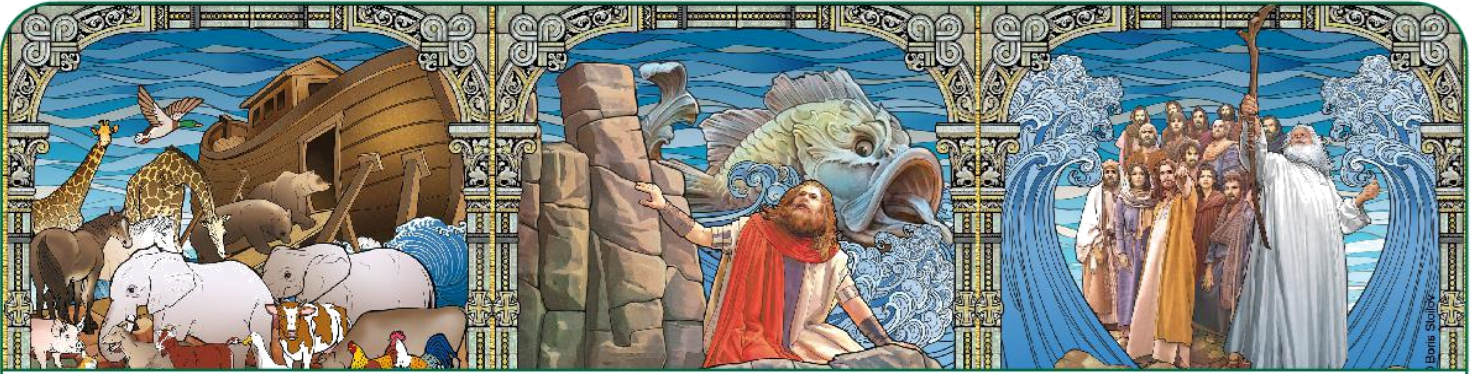
Street Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.  
☐ I have been attending St. Vincent Parish and would like to register as a member.  
☐ Please change my address to the one shown above.  
☐ I would like to sign up for Faith Direct.  
☐ I would like to learn more about the Catholic faith.  
☐ I would like to register my child/children for Parish School of Religion.



## THIS WEEK AT HOME

### Monday, March 30 In Our Hands

In the reading from Daniel, Susanna's life is at risk when all are tricked into turning against her. An injustice is almost committed. The woman in the Gospel passage who is caught by the religious elders seems guilty, but we sense another injustice: the woman seems more like a pawn to be used against Jesus than someone deserving of deadly punishment. Both passages warn us against making hasty judgments. The next time you disagree with someone, ask questions that help you understand that person's point of view. *Today's Readings: Daniel 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62; Psalm 23:1-3a, 3b-4, 5, 6; John 8:1-11.*

### Tuesday, March 31 From Above

God does not merely oppose sin and death, he subverts it. When the Israelites repent of their ingratitude, God turns the object of their punishment into an instrument of healing. Centuries later, Jesus turns the cross, an instrument of death and a symbol of Roman power, into the means of salvation and freedom. Most of all, by dying, Jesus turns death into life. Spend some time today reverencing a crucifix. *Today's Readings: Numbers 21:4-9; Psalm 102:2-3, 16-18, 19-21; John 8:21-30.*

### Wednesday, April 1 The Living Truth

When the king orders the three men thrown into the furnace, the men enter the fire knowing that their allegiance is to the God of Israel and no one else. By embracing that truth, the men are saved from a fiery death. Because Jesus is the Son of God, those who believe in him, who embrace who he is, will be saved from death forever. Pray with Daniel 3:52-90 or write your own hymn of praise. *Today's Readings: Daniel 3:14-20, 91-92, 95; Daniel 3:52, 53, 54, 55, 56; John 8:31-42.*

### Thursday, April 2 Unlikely as It Sounds

God's extraordinary promises to Abraham seemed laughable. When Sarah gave birth to Isaac, however, Abraham and Sarah would have laughed for joy. In the Gospel reading, the response is far more serious when Jesus speaks of what God will do. In both cases, people struggle to believe God's word. What God says frequently astounds and challenges us. How has God astounded or challenged you this Lenten season? *Today's Readings: Genesis 17:3-9; Psalm 105:4-5, 6-7, 8-9; John 8:51-59.*

### Friday, April 3 Blasphemous Works

Although we think of Jesus as an innocent victim, his opponents followed the law when charging him with blasphemy: Jesus claimed a relationship with God that surpassed all others. In response to his opponents, Jesus asks that they examine his ministry to see if his works conform to the will of God. Jeremiah, likewise, expressed his confidence that he had faithfully answered God's call. What do your works say about you? *Today's Readings: Jeremiah 20:10-13; Psalm 18:2-3a, 3bc-4, 5-6, 7; John 10:31-42.*

### Saturday, April 4 Dwelling

In Ezekiel's prophecy, God declares that he will gather all his people displaced by war, ensure their security, and dwell with them forever. In Jesus, however, God comes to his people before they and the land are ready. The people are divided and a foreign nation occupies their land. God often comes to us when we are unprepared, but perhaps that is the very reason God arrives. Without God's guidance, we would never be ready for God to dwell with us. In the Sacrament of Reconciliation, confess the ways you are unprepared for God. *Today's Readings: Ezekiel 37:21-28; Jeremiah 31:10, 11-12abcd, 13; John 11:45-56.*





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