



# St. Vincent de Paul Catholic Church

**Nineteenth Sunday in Ordinary Time**  
**August 9, 2020**

## **Parish Mission**

We are one Church: loving Jesus,  
serving Jesus, and sharing Jesus.

## **Parish Vision**

We are a vibrant Catholic church  
serving a diverse community in a  
safe and welcoming environment  
where we care for all people  
along their faith journey.

## **Core Values**

Discipleship • Hospitality  
Serving • Worship

## **Weekend Masses**

Saturday, 5:00 p.m.  
Sunday 7:30, 9:00, 10:45 a.m.,  
3:00 p.m. (Spanish)

## **Weekday Masses**

Monday - Saturday 6:30 a.m.  
Tuesday and Thursday 12:10 p.m.  
Wednesday 5:15 p.m.

## **Confessions**

Saturday 3:30 - 4:30 p.m.  
or by appointment

## *Parents' Session*

### **for High School Confirmation Students**

High School students who wish to celebrate the Sacrament of Confirmation are invited to attend a registration meeting/overview of the Confirmation program on Sunday, August 30, at 4:30 p.m. in the Church. Parents of the students also need to attend this meeting. This session will give parents information on their involvement in the Sacrament. Only one parent needs to be present.

## *Diocesan Development Fund*

The Diocesan Development Fund Campaign (DDF) is the annual campaign for the Diocese of Springfield-Cape Girardeau. The funds raised through the campaign advance the mission of the Catholic Church through a host of ministries that assist families, parishes, and the Diocese as a whole.

This year St. Vincent de Paul's parish goal is \$250,000 with a participation goal of 600 households. To date St. Vincent parishioners have given \$219,346 (87.7%) toward the goal. 422 families (70.3% of donor goal) have responded so far with a pledge of prayer and money. Thank you! *Please be generous and remember DDF in your prayers.*

*Peter said to him in reply.*

**LORD, IF IT IS YOU, COMMAND ME TO COME TO YOU ON THE WATER.**

MATTHEW 14:28

1913 Ritter Drive • Cape Girardeau, Missouri 63701  
573-335-7667 • Fax 573-335-0034 • [www.svcape.com](http://www.svcape.com)

*Serving the Catholic Community since April 9, 1836*

• **Mass Intentions** •

**Monday, August 10** St. Lawrence

6:30 am Joe and Mary Laurentius ☩

**Tuesday, August 11** St. Clare

6:30 am Living and Deceased Members of the Edward and Irene Prost Family

12:10 pm Living and Deceased Members of the Tony J. Biondini Family

**Wednesday, August 12**

St. Jane Frances de Chantal

6:30 am Geneva Viox ☩

5:15 pm Living and Deceased Members of the St. Vincent de Paul Women's Council

**Thursday, August 13**

Sts. Pontian and Hippolytus

6:30 am Jackie Todd ☩

12:10 pm **No Mass**

**Friday, August 14** St. Maximilian Kolbe

6:30 am Deceased Members of the Albert Diebold Family

**Saturday, August 15**

The Assumption of the Blessed Virgin Mary

6:30 am Susie Sieg (living)

5:00 pm Living and Deceased Members of the Glen and Bessie Grojean Family

**Sunday, August 16**

Twentieth Sunday in Ordinary Time

7:30 am Earl Buerck ☩

9:00 am Marie Heischmidt ☩ and Alice Ann Tracy ☩

10:45 am St. Vincent de Paul Parish Family

3:00 pm Living and Deceased Member of the Vasquez Silva Family (Bilingual)

• **Prayer Requests** •

Please remember **Ken Stotler**, the sick, the hospitalized, the homebound, and those who care for them. Pray also for those suffering from Covid-19 and for all health-care workers.

*Elijah recognized the voice of God not in the strong and heavy wind, not in the earthquake, and not in the fire, but in a tiny whispering sound. May we find enough quiet in our clamorous world to hear His voice and discern what He is calling us to do and be.*

**Act of Spiritual Communion**

The "**Act of Spiritual Communion**" is a prayer for anyone who desires to receive the Eucharist but is unable.

*"My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen."*

**Secular Franciscan Order**

**Second Sunday of Each Month • 1:00 - 3:00 p.m.**  
**Saint Francis Medical Center • St. Agatha Room**

*The Secular Franciscan Order is laity following the Rule St. Francis wrote, approved by the Pope, to support one another in living a simplified life - from Gospel to Life from Life to Gospel. Come and see! Contact Anita Tygett at 573-335-1538.*

**Please Note**

***The 12:10 Mass will not be celebrated this Thursday, August 13.***

*Happy Birthday*  
to Bishop Emeritus  
**John Leibrecht** who  
celebrated his 90th birthday on  
August 8. Please keep him in prayer  
as he continues to serve the Church.



**HAPPY ANNIVERSARY!**

**Congratulations to  
Bernard and Shari Landewe  
who will celebrate their  
55th Wedding Anniversary  
on August 14, 2020.**

"Planted and built up in Jesus Christ,  
firm in the faith" Col 2:7

**Thrive:  
Rooted in Christ**

a high school retreat

**August 15**  
**9:00am - 8:00pm**  
**Jackson KC Lower Hall**

Retreat is FREE!  
RSVP required by August 10  
icyouthspirit@gmail.com or 579-2188



## May They Rest in Peace

Sympathy is extended to the families of:

**Joseph Blanton**, brother of Anne Tlapak;

**Donald Boeller**, father of Keith Boeller;

**Helen Meyer**, mother of Becki Essner; and

**Norma Schumer**, sister-in-law of Deacon Tom Schumer.

*May they and all the souls of the faithful departed,  
through the mercy of God, rest in peace.*



## Baptismal Prep

Parents and godparents are required to attend a baptismal preparation class before a child is baptized in the Catholic faith. The next class is scheduled for Sunday, August 16, at 4:30 p.m. and will be held in the lower meeting room. Please contact the parish office to register for the class and to fill out a baptismal registration form.

## Wedding Anniversary Celebration Canceled

Given the risks related to Covid-19 for those who might attend, the difficult decision was made to cancel the 2020 Wedding Anniversary Celebration.

Despite these circumstances, Bishop Rice desires to affirm and celebrate the love of all married couples with an Episcopal Blessing. Those celebrating 25 and 50 years of marriage will also receive a special gift.

You are encouraged to email the information to [kbrayman@dioscg.org](mailto:kbrayman@dioscg.org). **To receive a blessing from Bishop Rice, register by August 21, 2020.**

## Parish Tithing

Please be mindful that St. Vincent Parish's main source of income, the Sunday collection, is taking place in a limited way. If you have signed up for Faith Direct, thank you! Faith Direct is the innovative solution that allows you to support St. Vincent de Paul Parish using electronic funds transfer from a bank account or credit/debit card just as you may do now with your mortgage payment, etc. It is simple, safe and convenient. You can begin supporting St. Vincent electronically today by visiting **[faith.direct/MO885](https://faith.direct/MO885)**. If you do not want to use this option, feel free to mail in your Sunday donation or drop them in the designated containers at weekend Masses. ***As always, thank you for your contributions!***



Do you know of someone who has expressed an interest in learning about the Catholic faith? If so, have them contact Deacon Mark Kiblinger at [mkiblinger@svparish.com](mailto:mkiblinger@svparish.com) or call the parish office at 573-335-7667 to leave contact information. Deacon Mark will get in touch with them. Several people have already expressed an interest and there is plenty of room for more!

## Divine Mercy Holy Hour

You are invited to spend an hour with Jesus and immerse yourself, your loved ones, and the country in His Divine Mercy.

**Divine Mercy Chaplet/Rosary every Wednesday 3:00 - 4:00 p.m.**

If you are unable to stay for the entire hour, come for as long as you can!

***Jesus, I trust in You!***

## • The Week Ahead •

### Monday, August 10

7:15 am St. Vincent de Paul Society

7:00 pm Healing Prayer Ministry

### Tuesday, August 11

### Wednesday, August 12

8:00 am Ugly Quilt Ministry  
(8:00 - 11:00 am)

3:00 pm Divine Mercy Holy Hour

### Thursday, August 13

9:00 am Maxine's Shareable Wearables  
(9:00 - 11:00 am)

### Friday, August 14

### Saturday, August 15

9:00 am Maxine's Shareable Wearables  
(9:00 - 12:00 noon)

3:30 pm Reconciliation

### Sunday, August 16

4:30 pm Baptismal Prep

## Readings - August 16, 2020

Isaiah 56:1, 6-7 • Romans 11:13-15, 29-32  
Matthew 15:21-28

## Collection - August 2, 2020

|                         |              |
|-------------------------|--------------|
| Collection              | \$ 30,740.54 |
| E-Tithing               | \$ 472.00    |
| Total                   | \$ 31,212.54 |
| Weekly Budget           | \$ 31,450.00 |
| Year-to-date Difference | -\$18,273.99 |

***Thank you for being good  
stewards of God's gifts!***

## Thursday Afternoon Bible Study

The Thursday Afternoon Bible Study will be held from 1:00 - 2:30 p.m. each Thursday beginning September 3, 2020, in the upper meeting room. The topic this year is the **Gospel of Mark: Gospel of Matthew**. The format is Fr. Nicholas King, S.J. as he teaches through DVDs with group discussion to follow. Covid-19 safety will be followed. To register, call 335-7667 or 335-1538.

# Gathered Together in Prayer

with Tony Melendez

st. vincent de paul church  
three hours of fellowship and prayer  
for youth in junior high, high school, and families



three options:

sat 8.29.20 9:30 a.m.

sat 8.29.20 6:30 p.m.

sun 8.30.20 12:00 p.m.

r.s.v.p.

[fatherbrian@svparish.com](mailto:fatherbrian@svparish.com)

or 573-335-7667

no cost, but  
bring an offering  
for the poor



eucharistic adoration  
reflection  
confessions  
music

please bring a mask,  
social distancing  
will be observed

*Have you and your family been on vacation this summer? Many families have not, especially this year. But no matter. Faith never takes a vacation. Whether at home or out, Covenant Network can increase your awareness of faith in your life as it offers inspiring and informative programming throughout the day and night. In addition to the Mass and the Rosary, The Angelus, the Divine Mercy Chaplet and other prayers are prayed daily. Call-in shows that answer questions about Scripture, Church history, lives of the Saints and current events are featured. Stay in touch with your faith by listening to Catholic radio on 94.3 FM, our Covenant Network app on your mobile device or at [ourcatholicradio.org](http://ourcatholicradio.org).*

## First Friday Eucharistic Adoration Opportunity!

As life has changed over the last few months, have you felt a need to spend more time with Jesus? Maybe Jesus is calling you to come rest in Him in Eucharistic Adoration! The First Friday Eucharistic Adoration volunteer list is being updated and it would be wonderful if you could join them! Adoration takes place the First Friday of every month following the 6:30 a.m. Mass and concludes with Benediction at 5:15 p.m. Volunteers are scheduled for one-hour blocks starting every hour and every 1/2 hour. With this overlap in time blocks, there are currently 3 - 5 people scheduled to be in Adoration at any given time. So if you're worried that you can't make it every month, that isn't a problem — it's very likely one or more of the other volunteers will be there and, if not, there is a great sub list!

If you are interested in volunteering for an hour each month, please call Diane Himmelberg at 573-450-9282 or 573-335-7651, or Sandy Murphy at 573-450-8796.

## KC #1111 Semi-Annual Barbeque

Knights of Columbus Council #1111 is holding its Semi-Annual Barbeque on Saturday, August 22, from 11:00 a.m. - 2:00 p.m. Pork butts are \$30 and a side of ribs is \$20. To place an order contact Dan Brase at 573-225-6799 or Wayne Unterreiner at 573-382-8740.

## Missouri Catholic Bishops Statement on Passage of Amendment 2

The vote to expand the Medicaid program will provide greater access to health insurance coverage for the working poor. We are hopeful that expansion of this important program will improve health outcomes for those with unmet healthcare needs as well as help Missouri's hospitals keep their doors open, especially in rural parts of the state.

We know that the vote on Amendment 2 came with great anxiety for some members of Missouri's pro-life community. We want to make it clear that our support for human life at all stages is unwavering. Indeed, helping those in need obtain health care is part of being pro-life and part of our call from Christ to see Him in the face of those less fortunate. We believe providing low-income working mothers with health insurance coverage that remains in place after they deliver will reduce the demand for abortions. We pledge our continued support going forward to ensuring the Hyde Amendment remains a part of federal law, and to walk with mothers in need who face unplanned pregnancies. We hope the Missouri legislature will be able to find a way to fund this important program in the face of the fiscal challenges brought on by the current health crisis.

### Catholic Bishops of Missouri

*Most Reverend Robert J. Carlson*, General Chairman  
Archbishop of St. Louis

*Most Reverend James V. Johnston, Jr.*, Vice Chairman  
Bishop of Kansas City-St. Joseph

*Most Reverend W. Shawn McKnight*, Executive Chairman  
Bishop of Jefferson City

*Most Reverend Edward M. Rice*  
Bishop of Springfield-Cape Girardeau

## A Letter from the NDRHS Class of 2020

Dear Father Rick,

We, the graduation Class of 2020 from Notre Dame Regional High School, would like to thank you and all the members of St. Vincent de Paul Parish. We want you to know how much we appreciate all of the love and support you have given us during the past four years. Your generous donations have helped make our Catholic education possible. This quality education is a gift that will benefit us throughout the rest of our lives. Thank you again for this gift and for all of your caring support.

Yours truly,

Zackariah Bell  
Bryce Bruenderman  
Isabella Cain  
Katherine Dittmer  
Ethan Dorris  
Mia Gates  
Matthew Higgins  
William James III  
Abigail Janota  
Bryson Kielhofner  
Sydney King

Savannah LaValle  
Jennifer Le  
Gillian Merideth  
Blake Morris  
Andrew Mueller  
Deven Mueller  
Ethan Naughton  
Mary Claire Oberlohr  
Kathleen Oliver  
Tyler Parker  
Casey Patterson

Avery Perez  
Tanner Peters  
Parker Pfeiffer  
David Phelps  
Mason Pobst  
Perri Poe  
Abigail Roark  
Juan-Pablo Robles  
Elisabeth Seabaugh  
Griffin Stewart  
Justice Thoma

## Celebrating the Sacraments Celebrando los Sacramentos

**Marriage:** Please contact the parish office at least **six months** in advance. (If you have been married before, an annulment may need to be done first.)

**Matrimonio:** Por favor comuníquese con la oficina parroquial por lo menos con **seis meses** de antelación. (Si usted ha estado casado antes, una anulación del matrimonio puede necesitar ser hecha primero.)

...

**Baptism:** Your family needs to be registered in the parish for three months prior to the baptism. It is necessary to schedule baptismal preparation classes six weeks prior to your child's baptism. Taking the baptism class prior to birth is encouraged! Contact Deacon Mark Kiblinger at the parish office (573-335-7667).

**Bautismo:** Es un requisito ser inscritos en la parroquia por lo menos 3 meses antes de bautizar. También los padres tienen que celebrar la santa misa cada fin de semana. La clase de preparación para el bautismo para padres y padrinos es cada último lunes del mes. Favor de comunicarse con Padre Rick una semana antes al 573-335-7667.

...

**Holy Orders and Consecrated Religious Life:** Would you like to talk about how to be a Priest, Permanent Deacon, Religious Brother or Religious Sister? Come to a gathering on the last Thursday of each month for snacks and discussion about this way of life. For more information, call Father Rick at the parish office (573-335-7667) or email him at [stvcapadre@gmail.com](mailto:stvcapadre@gmail.com).

**Orden Sagrado y vida religiosa consagrada:** ¿te gustaría hablar de cómo ser sacerdote, diácono permanente, hermano religioso o hermana religiosa? Ven a una reunión el último Jueves de cada mes para algunos bocadillos y discusión sobre esta forma de vida. Para más información, llame al Padre Rick en la oficina parroquial (573-335-7667) o [stvcapadre@gmail.com](mailto:stvcapadre@gmail.com).

...

**Anointing of the Sick:** If you are going to the hospital for a planned surgery, please call the parish office so this Sacrament can be celebrated with you.

**Unción de los enfermos:** Si usted va al hospital para una cirugía planificada, por favor llame a la oficina parroquial para que este Sacramento pueda ser celebrado con usted.

*Extend mercy towards others, so that there can be  
no one in need whom you meet without helping.*



## • Contact Information •

### Parish Office

contactus@svparish.com / 573-335-7667

### Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

### Father Brian Straus

Associate Pastor/ Sacramental Priest

for CCM, SEMO University

fatherbrian@svparish.com / 573-335-7667

### Deacon Robbie Huff

Superintendent of Schools

Diocese of Springfield-Cape Girardeau

robhuff@svparish.com / 573-335-7667

### Deacon Mark Kiblinger

Coordinator of Stewardship and RCIA

mkiblinger@svparish.com / 573-335-7667

### Deacon Thomas Schumer

Director of CCM, SEMO University

deacontom@ccmin.org / 573-335-7667

### Kelli Foster

Social Media Coordinator

kcefooster@gmail.com / 573-433-4703

### Kay Glastetter

Principal of St. Vincent DePaul Grade School

kglaster@svcape.eduk12.net / 573-334-9594

### Kathy Hotop Raines

Director of Religious Education

kraines@svcape.eduk12.net / 573-335-7667

### Rose Huff

Bulletin Editor/Administrative Assistant

rhuff@svparish.com / 573-335-7667

### Lenny Kuper, Music Coordinator

lennykuper@notredamecape.org

573-335-7667

### Jeffrey Lloyd, Maintenance Supervisor

jllloyd@svparish.com / 573-335-7667

### Beverly McMeel

Accounting Clerk/Administrative Assistant

bmcmeel@svparish.com / 573-335-7667

### Cheryl Oberhaus, Director of Parish Finance

cobershaus@svparish.com / 573-335-7667

### Debbie Wells, Receptionist

dwells@svparish.com / 573-335-7667



## Job Opportunity

St. Mary Cathedral School is hiring a full time school nurse position August through December. Ideal candidate would be an LPN or RN and a practicing Catholic. Position would be required to help with office duties in addition to taking care of the physical and mental health needs of the school. If interested please fill out the application available at <https://stmarycathedralschool.weebly.com/employment.html> and return by August 13. If you have questions please contact Mrs. Ostendorf: 573-335-3840 or [christineostendorf@stmarycape.org](mailto:christineostendorf@stmarycape.org).

## • Discipleship Corner •

## We All Need Healing ...

*Are you going through a difficult time? Are you carrying a burden on your heart? Do you have a relationship that needs healing?*

Check out the **online Healing Retreat!** Here is how it works: There are



5 speakers and 20 short videos. A few videos will be released each week for the next several weeks and sent to your email. You can watch or listen to the speakers on your own time, when it is convenient for you. Transcripts of the talks are provided as well as reflection questions for each talk.

Some of the talks are about healing from specific problems -- things like loss, painful experiences, heartbreak, physical and emotional wounds. Other talks are about God's faithfulness in the darkest of times. Some are about what to do when you don't receive the healing you've been praying for and working towards, and how you can keep pursuing the healing, restoration and joy God has to offer.

A few of the presentations:

- Divine Hope and A Sense of Purpose for Your Life
- Be Transformed by the Renewal of Your Mind
- Healing the Broken Hearted
- Reclaiming Our Stolen Identity
- "Can God Really Heal Me?"
- Joining Jesus' Healing Ministry and Praying for Healing
- And more ...

To get more information and to sign up for the retreat, go online to <https://praymoreretreat.org>.

## FORMED

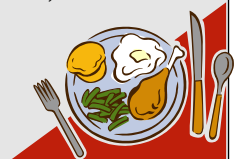
Diving into the beauty of the Catholic faith has never been easier: at home, on the go, or from any internet connected device. Discover thousands of books, audio talks, movies, documentaries, and studies ... something for every member of the family to grow closer to Christ and His Church. Go to the Web browser on your computer or phone and type: <https://svcape.formed.org>. Click on Register. Next you will need to type in your information and create a password. Check the box that you have read and understand the terms of service. At the bottom, click on "create account." You will now have access to all of the resources in **Formed**. You can also access Formed by searching for "Formed" through your app store.

## Food for the Fathers

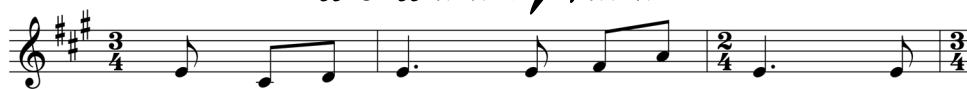
### A Ministry Opportunity

Each Tuesday Food for the Fathers, a parish ministry, will supply a warm meal for three priests. If you are interested in helping with this ministry, please sign up at <http://signup.com/login/entry/67699625678106404>. You will need to enter your email address but will NOT need to register an account on SignUp.com. If you don't like the choices listed, change your selection to include an entrée and two side dishes (no desserts, please!). Choose the date you would like to provide the meal. SignUp.com will send you an automated confirmation and reminders. Then, on the date chosen, deliver the meal between 5:00 and 6:00 p.m. to the rectory.

If you prefer not to sign up online or have questions, please contact Beverly in the parish office at 335-7667 and she can sign you up.



## Gathering Song

*We Walk by Faith*

1., 5. We walk by faith, and not by sight; No  
 2. We may not touch his hands and side, Nor  
 3. Help then, O Lord, our un - be - lief; And  
 4. That, when our life of faith is done, In



gra - cious words we hear From him who spoke as  
 fol - low where he trod; But in his prom - ise  
 may our faith a - bound To call on you when  
 realms of clear - er light We may be - hold you



none e'er spoke; But we be - lieve him near.  
 we re - joice, And cry, "My Lord and God!"  
 you are near, And seek where you are found:  
 as you are, With full and end - less sight.

Text: Henry Alford, 1810–1871, alt.  
 Tune: SHANTI, CM; Marty Haugen, b.1950, © 1984, GIA Publications, Inc.

## Communion

*Sanctuary*

Congregation: (sing twice)  
 Lord, pre - pare me to be a sanc - tu - ar - y, pure and



ho - ly, tried and true; with thanks - giv - ing, I'll be a



liv - ing sanc - tu - ar - y for you.

Additional Words and Arrangement by LLOYD LARSON, Words and Music by JOHN THOMPSON and RANDY SCRUGGS  
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*First Reading***1 Kings 19:9a, 11;13a**

At the mountain of God, Horeb,  
 Elijah came to a cave  
 where he took shelter.  
 Then the LORD said to him,  
 "Go outside and stand on the  
 mountain before the LORD;  
 the LORD will be passing by."  
 A strong and heavy wind was  
 rending the mountains and  
 crushing rocks before the LORD —  
 but the LORD was not in the wind.  
 After the wind there was an  
 earthquake — but the LORD  
 was not in the earthquake.  
 After the earthquake  
 there was fire —  
 but the LORD was not in the fire.  
 After the fire  
 there was a tiny whispering sound.  
 When he heard this,  
 Elijah hid his face in his cloak  
 and went and stood  
 at the entrance of the cave.

*Responsorial Psalm*

Let us see Your kindness.  
 Grant us Your salvation.

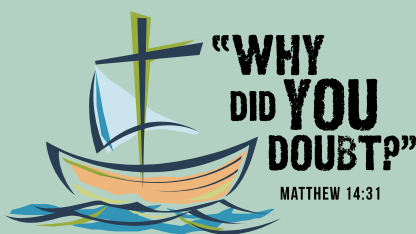
*Second Reading***Romans 9:1-5**

Brothers and sisters:  
 I speak the truth in Christ,  
 I do not lie; my conscience  
 joins with the Holy Spirit  
 in bearing me witness  
 that I have great sorrow  
 and constant anguish in my heart.  
 For I could wish that I myself were  
 accursed and cut off from Christ  
 for the sake of my own people,  
 my kindred according to the flesh.  
 They are Israelites;  
 theirs the adoption, the glory,  
 the covenants, the giving of the law,  
 the worship, and the promises;  
 theirs the patriarchs,  
 and from them,  
 according to the flesh, is the Christ,  
 who is over all, God blessed forever.  
 Amen.

## Gospel Reading

### Matthew 14:22-33

After he had fed the people, Jesus made the disciples get into a boat and precede him to the other side, while he dismissed the crowds. After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, he came toward them walking on the sea. When the disciples saw him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. At once Jesus spoke to them, "Take courage, it is I; do not be afraid." Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught Peter, and said to him, "O you of little faith, why did you doubt?" After they got into the boat, the wind died down. Those who were in the boat did him homage, saying, "Truly, you are the Son of God."



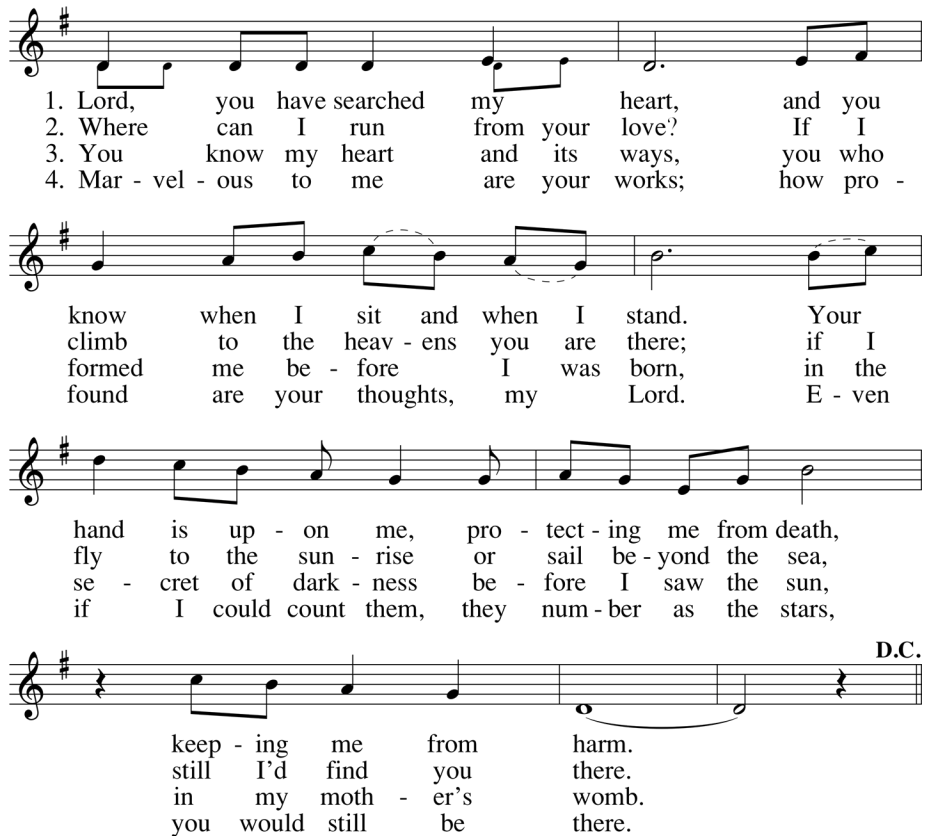
## Communion

## You Are Near

### Refrain



### Verses



Text: Psalm 139; Dan Schutte, b.1947  
Tune: Dan Schutte, b.1947; acc. by Sr. Theophane Hytrek, OSF, 1915-1992  
© 1971, Daniel L. Schutte. Administered by OCP.



## Recessional

*How Can I Keep from Singing?*

1. My life flows on in end-less song. A -  
 2. Through all the tu - mult and the strife I  
 3. What though my joys and com-fort die? The  
 4. The peace of Christ makes fresh my heart, A



bove earth's lam - en - ta - tion I hear the clear though  
 hear that mu - sic ring - ing. It finds an ech - o  
 Lord my sav - ior liv - eth. What though the dark - ness  
 foun - tain ev - er spring-ing! All things are mine since



far - off hymn That hails a new cre - a - tion.  
 in my soul. How can I keep from sing-ing?  
 gath - er round? Songs in the night he giv - eth.  
 I am his! How can I keep from sing-ing?



No storm can shake my in-most calm While to that Rock I'm



cling-ing. Since Christ is Lord of heav-en and earth,



How can I keep from sing-ing?

Text: Robert Lowry, 1826–1899, alt.

Tune: HOW CAN I KEEP FROM SINGING, 8 7 8 7 with refrain; Robert Lowry, 1826–1899; harm. by Robert J. Batastini, b.1942

*The Nicene Creed*

I believe in one God, the Father  
 almighty, maker of heaven and earth,  
 of all things visible and invisible.

I believe in one Lord Jesus Christ,  
 the Only Begotten Son of God,  
 born of the Father before all ages.  
 God from God, Light from Light,  
 true God from true God, begotten,  
 not made, consubstantial with the  
 Father; through him all things were  
 made. For us men and for our  
 salvation he came down from  
 heaven, and by the Holy Spirit  
 was incarnate of the Virgin Mary,  
 and became man.

For our sake he was crucified  
 under Pontius Pilate, he suffered  
 death and was buried, and rose again  
 on the third day in accordance with  
 the Scriptures. He ascended into  
 heaven as is seated at the right hand  
 of the Father. He will come again in  
 glory to judge the living and the dead  
 and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,  
 the giver of life, who proceeds from  
 the Father and the Son, who with the  
 Father and the Son is adored and  
 glorified, who has spoken through  
 the prophets.

I believe in one, holy, catholic and  
 apostolic Church. I confess one  
 Baptism for the forgiveness of sins  
 and I look forward to the  
 resurrection of the dead and the life  
 of the world to come. Amen.

**Welcome to St. Vincent de Paul**

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please free to contact parish office staff anytime during regular office hours, Monday, Tuesday, Wednesday, and Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at [contactus@svparish](mailto:contactus@svparish) or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.  
☐ I have been attending St. Vincent Parish and would like to register as a member.  
☐ Please change my address to the one shown above.  
☐ I would like to sign up for Faith Direct.  
☐ I would like to learn more about the Catholic faith.  
☐ I would like to register my child/children for Parish School of Religion.

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