



St. Vincent de Paul Catholic Church

Fourth Sunday in Ordinary Time
January 31, 2021

Parish Mission

We are one Church: loving Jesus,
serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church
serving a diverse community in a
safe and welcoming environment
where we care for all people
along their faith journey.

Core Values

Discipleship • Hospitality
Serving • Worship

Weekend Masses

Saturday, 5:00 p.m.
Sunday 7:30, 9:00, 10:45 a.m.,
3:00 p.m. (Spanish)

Weekday Masses

Monday 6:30 a.m.
Tuesday 6:30 a.m.
Wednesday 6:30 a.m., 5:15 p.m.
Thursday 6:30, 8:00 a.m., 12:10 p.m.
Friday 6:30, 8:00 a.m.
Saturday 6:30 a.m.

Confessions

Saturday 3:30 - 4:30 p.m.
or by appointment

Catholic Schools **Faith. Excellence. Service.**

Catholic Schools, Faith, Excellence, Service is the theme of the 45th annual National Catholic Schools Week celebration, which begins this weekend. This week has been set aside to celebrate our school community that began so many years ago by St. Vincent de Paul Parish to educate tomorrow's citizens and future Church leaders.

This year's National Catholic Schools Week theme encompasses the core products and values that can be found in Catholic schools. Not only does St. Vincent de Paul School offer a quality academic education, we also strive to teach students to become future servant leaders and faith-filled disciples who will be citizens who enrich their communities.

This week's key themes are what set Catholic schools apart from other educational options. They are why families make sacrifices to provide their children with a Catholic education.

I am grateful every day for the teachers, staff, board members, parents, volunteers and parishioners who make St. Vincent de Paul School so successful! The efforts of all are what makes it possible for SVS to grow and provide quality education for the youth of our parish and community. Please continue to keep the success of St. Vincent de Paul School in your prayers.

Kay Glastetter
Principal



Catholic Schools
Faith. Excellence. Service.

1913 Ritter Drive • Cape Girardeau, Missouri 63701
573-335-7667 • Fax 573-335-0034 • www.svcape.com
Serving the Catholic Community since April 9, 1836

• Mass Intentions •

Monday, February 1

6:30 am Wayne Ringstaff ☩

Tuesday, February 2

The Presentation of the Lord

6:30 am Rene Reyes (living)

Wednesday, February 3

St. Blaise, St. Ansgar

6:30 am Jim Hahn ☩

5:15 pm Jerry Siebert ☩

Thursday, February 4

6:30 am Alex Powderly (living)

8:00 am Homer and Helen Schnurbusch ☩

12:10 pm Sandra Bessighini (living)

Friday, February 5

St. Agatha, First Friday

6:30 am Richard Jones ☩

8:00 am No Mass

Saturday, February 6

St. Paul Miki and Companions

6:30 am Living and Deceased Members
of the Notre Dame Class of 1964

5:00 pm Gene and Eleanor Nenninger ☩

Sunday, February 7

Fifth Sunday in Ordinary Time

7:30 am Ron Roth ☩

9:00 am St. Vincent de Paul Parish Family

10:45 am Everett Haskell ☩

3:00 pm Mr. and Mrs. P.C. Antony ☩
(Bilingual)

• Prayer Requests •

Please remember **Alex Powderly**, the sick, the hospitalized, the home-bound, and those who care for them. Pray also for those suffering from COVID-19 and for all healthcare workers.



The “**Act of Spiritual Communion**” is a prayer for anyone who desires to receive the Eucharist but is unable.

“My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.”

Moses told the people, “The Lord will raise up for you a prophet like me from among your own kinsmen.” God still provides among His people the gifts and talents necessary to continue the work of His Church. What gifts are yours to share?

St. Vincent School Raffle

Because of this year’s pandemic, St. Vincent de Paul School is replacing its traditional dinner auction with an all-new raffle! The raffle drawing, with prizes valued at over \$40,000, will be held on Saturday, March 6, at 7:00 p.m. and can be viewed on Facebook Live.

School families will be selling Grand Prize Raffle tickets in the gathering area of church this weekend after Masses and continue each weekend through February 27/28. Tickets are \$20 each or three for \$50 and a purchase enters you into a drawing for 16 fantastic prizes. Cash, cards, and checks will be accepted.

Booklets, describing prizes in the Junior Raffle and the School Fun Raffle, will also be available. Tickets for these raffles can be purchased by contacting any St. Vincent student or by buying online at svsraffle.com. For more information, contact Staci Wittenborn at 573-631-7532 or Carrie Holiman at 573-268-2648.

St. Vincent Pre-School/Pre-K Registration

Pre-School (child must be three years old before July 31) and Pre-K (child must be four years old before July 31) registration will be held in the upper meeting room of church on the dates listed below. Registration is limited and positions are filled on a **first-come** basis. Tuition assistance is not available for Pre-School or Pre-K.

- Registration for Baptized St. Vincent de Paul Parish children who have older siblings currently attending SVS

Tuesday, February 2, 7:30 a.m. - 3:30 p.m.

Upper meeting room of church (please use the north entrance)

- Registration for Baptized St. Vincent de Paul Parish children

Wednesday, February 3, 7:30 a.m. - 5:30 p.m.

Upper meeting room of church (please use the north entrance)

- Registration for non-parish students

with older siblings currently enrolled at SVS

Thursday, February 4, 7:30 a.m. - 3:30 p.m.

School office

- Registration for all other non-parish children

Monday, February 8, 7:30 a.m. - 3:30 p.m.

School office

Please bring the following information:

- Birth certificate
- Baptismal record
- Immunization record
- \$50 non-refundable registration fee (Payable to St. Vincent de Paul School)
- \$50 one-time snack fee (Payable to St. Vincent de Paul School)

Extend mercy towards others, so that there can be no one in need whom you meet without helping.

ST. VINCENT DE PAUL



May They Rest in Peace

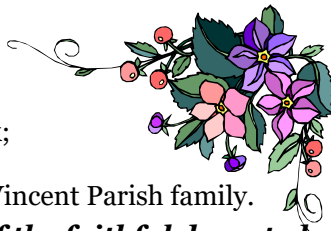
Sympathy is extended to the families of:

Freida Bohnsack, grandmother of Craig Bohnsack;

Randy Kirn, son of Norman and Donna Kirn; and

Monroe "Montey" Grimes, a member of the St. Vincent Parish family.

*May they and all the souls of the faithful departed
through the mercy of God, rest in peace.*



First Communion Parent Meeting

A meeting for all parents of students preparing for First Communion will be held on Tuesday, February 2, at 7:00 p.m. in the church. It is mandatory that at least one parent (preferably Catholic) attend this meeting; children need not attend.

Thursday Afternoon Bible Study

The Thursday Afternoon Bible Study will be held weekly in the upper meeting room from 1:00 - 2:30 p.m. beginning Thursday, February 4. The topic will be **Gospel of Luke: Gospel of John** with Fr. Nicholas King, S.J. teaching through DVDs. Group discussion will follow. **To register call 573-335-7667 or 573-335-1538.**



First Friday Eucharistic Adoration

First Friday Adoration of the Eucharist will take place following the 6:30 a.m. Mass on February 5, 2021. Consider spending time with the Lord in prayer and adoration during the day. Adoration will close with Eucharistic Benediction at 5:15 p.m. allowing those who finish work at 5:00 p.m. an opportunity to come for the final prayers and benediction.

Livestreamed Masses

Each weekend, the Mass celebrated here at St. Vincent is livestreamed and available to view on the **St. Vincent de Paul Facebook page** (<https://www.facebook.com/svcape/>). The video is also available to view after Masses on the parish website (www.svcape.com). Most of the live feeds will be at the 5:00 p.m. Saturday evening Mass to allow for the longest viewing time for those unable to attend. Please watch the bulletin and the Facebook page because livestreaming may change depending upon the availability of videographers!

International Day of Prayer to End Human Trafficking

Feast Day of St. Josephine Bakhita • Monday, February 8, 2021



God of hope and peace, touch our hearts and energize our ongoing efforts in abolishing this heinous crime against humanity so that every victim is freed and every survivor's life renewed. You blessed St. Josephine Bakhita of Sudan with compassion for others. May her prayers comfort and strengthen the women, men and children who are in search of freedom.

We ask for transformation of heart for those who inflict pain, anguish and grief on our vulnerable sisters and brothers. Give us generosity to stand in solidarity with others so that together we heal the hearts and lives of all Your people.

Grant this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen

• The Week Ahead •

Monday, February 1

8:00 am Ugly Quilt Ministry
(8:00 - 11:00 am)

Tuesday, February 2

7:30 pm Pre-School/Pre-K Registration
8:00 am Adoration (School)
6:00 pm Tuesday Evening Bible Study

Wednesday, February 3

7:30 pm Pre-School/Pre-K Registration
8:00 am Ugly Quilt Ministry
(8:00 - 11:00 am)
3:00 pm Divine Mercy Holy Hour
6:00 pm PSR
6:30 pm Confirmation Prep (Hispanic)

Thursday, February 4

7:30 pm Pre-School/Pre-K Registration
9:00 am Maxine's Shareable Wearables
(9:00 - 11:00 am)
1:00 pm Thursday Afternoon Bible Study
6:00 pm RCIA
6:15 pm i.d.Cape

Friday, February 5

7:00 am Adoration of the Eucharist
5:15 pm Benediction

Saturday, February 6

8:30 am Centering Prayer
9:00 am Maxine's Shareable Wearables
(9:00 am - 12:00 noon)
3:30 pm Reconciliation
6:00 pm Raffle Ticket Sales

Sunday, February 7

Raffle Ticket Sales after Masses
6:30 pm Confirmation Prep (High School)

**Congratulations to
Mark and Tracy Redburn
who will celebrate their
30th wedding anniversary
on February 1.**

Readings - February 7, 2021

Job 7:1-4, 6-7 • 1 Corinthians 9:16-19, 22-23
Mark 1:29-39

Collection - January 24, 2021

Collection	\$13,760.83
E-Tithing	\$21,296.00
Total	\$35,056.83
Weekly Budget	\$31,450.00
Year-to-date Difference	- \$ 6,431.75

**Thank you for being good
stewards of God's gifts!**

Farewell to Father Alexander Nwagwu, SMP



After discernment between Father Alexander and the Diocese, it has been determined that Father Alexander will return to his religious community, the Society of Our Mother of Peace, High Ridge, Missouri (near St. Louis). This will happen in mid-February. We are grateful for the time Father Alexander spent with us here at St. Vincent de Paul as an Associate Pastor for one year and then the last 18 months as Priest in Residence while working as a chaplain at Saint Francis Medical Center. Please say "thank you" to Father Alexander for sharing his giftedness with us for the past few years.

~ Father Rick

By now, you may have put away all your Christmas decorations and stored them for next year. Hopefully, you haven't put your faith on the shelf. Faith is part of your daily life and, in this secular world, it is vital to have encouragement for the journey. Let Covenant Network help you with your daily dose of truth with its inspiring programming. Tune into 94.3 FM, listen on our free app or at OurCatholicRadio.org.



Lent Begins in Less Than Three Weeks!

Do something for yourself this Lent ...

use the booklet by Ascension Press,

Lenten Companion:

A Personal Encounter with the Power of the Gospel,

to guide you through daily prayer time.

Simple, reflective, meditative ...

A word, a bible passage, a short reflection ...

The ***Lenten Companion*** also has an accompanying weekly video featuring Fr. Mark Toups, author of the series.

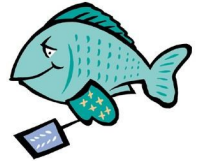
His deeply inspiring messages and daily reflections will help you grow in your relationship with Jesus.

Order your ***Lenten Companion*** at <https://ascensionpress.com>

Lenten Fish Fry

The St. Vincent Men's Association will be hosting Curbside Lenten Fish Fries beginning February 19 and continuing each Friday of Lent. While it would be good to meet in person again, the men are continuing to use caution because of COVID-19. Traffic will route along the church office similar to the school drop-off line. Orders will be taken at the North entrance to the school and takeout boxes with fish, slaw, hush puppies, fries, green beans and dessert will be handed out to cars along the gym entrance. All meals will be \$10. Passes (six meals for \$50) will be sold after Masses on the weekends of February 6 and February 13. *If you purchased a pass last year, they can be used for this year's meals.*

Please call Trent Summers at 573-230-0120 if you have any questions or would like to help.



Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please feel free to contact parish office staff anytime during regular office hours, Monday, Tuesday, Wednesday, and Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Address _____

Email _____ Phone _____

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.
- ☐ I have been attending St. Vincent Parish and would like to register as a member.
- ☐ Please change my address to the one shown above.
- ☐ I would like to sign up for Faith Direct.
- ☐ I would like to learn more about the Catholic faith.
- ☐ I would like to register my child/children for Parish School of Religion.

Diocese of Springfield-Cape Girardeau Safe Environment Policy

Any suspected or known abuse of a minor must first be immediately reported to the Missouri Child Abuse and Neglect Hotline at 800-392-3738, and suspected or known abuse of adults to the Missouri Adult Abuse and Neglect Hotline 800-392-0210. Suspected or known abuse may also be reported to law enforcement agencies.

Additionally, all diocesan personnel are required to report violations of The Code of Conduct for Clergy, Employees and Adult Volunteers of the Diocese, Parishes, and Schools to the Diocese Director of the Office of Child and Youth Protection at 417-866-0841 or childandyouthprotection@dioscg.org. Concerns may also be discussed with your supervisor, the Diocesan Director of the Office of Child and Youth Protection, or a Victim Assistance Coordinator. Violations and concerns may also be reported using the TIPS online reporting system, accessible through the Diocesan webpage, www.dioscg.org.

Failure to Report is a Class A Misdemeanor for a person who is required under the law to report. No supervisor may interfere with or impede the reporting of suspected abuse. Filing a False Report is also a Class A Misdemeanor.

To view the Safe Environment Policy and Procedures, the Code of Conduct for Clergy, Employees and Adult Volunteers and for other important information, including a link to the United States Conference of Catholic Bishops' document, Charter for the Protection of Children and Young People, go to <http://dioscg.org/index.php/about/child-youth-protection2/>.

If you are unable to access the website or desire printed information, contact the Diocesan Office of Child and Youth Protection at 417-866-0841.



Due to the Corona Virus and the everchanging protocols for public gatherings, the Diocese of Springfield-Cape Girardeau has taken the precautionary stop of making available an online option for the Virtus Protecting God's Children training for adults. This is a temporary preventative action. Limited live training may also be offered. Go to www.virtus.org to preregister.

Upcoming Area Events

Lenten Fish Fry Dinner

February 12, 19, 26, March 5, 12, 19, 26, 2021

Carry-out service only

5:00 - 7:00 p.m.

Knights of Columbus #1111 Lower Hall

318 Spanish Street, Cape Girardeau, Missouri

Menu includes fried catfish, French fries, homemade hushpuppies, slaw, baked beans, wrapped cookie

\$10.00/person

Masks/Social Distancing

Immaculate Conception Trivia Night

February 27, 2021

Doors open 6:00 p.m. • Game begins at 7:00 p.m.

Immaculate Conception Parish Center

Jackson, Missouri

Maximum of eight players/table

\$15/person

Masks required when not at table with team

Celebrating the Sacraments Celebrando los Sacramentos

Marriage: Please contact the parish office at least **six months** in advance. (If you have been married before, an annulment may need to be done first.)

Matrimonio: Por favor comuníquese con la oficina parroquial por lo menos con **seis meses** de antelación. (Si usted ha estado casado antes, una anulación del matrimonio puede necesitar ser hecha primero.)

...

Baptism: Your family needs to be registered in the parish for three months prior to the baptism. It is necessary to schedule baptismal preparation classes six weeks prior to your child's baptism. Taking the baptism class prior to birth is encouraged! Contact Deacon Mark Kiblinger at the parish office (573-335-7667).

Bautismo: Es un requisito ser inscritos en la parroquia por lo menos 3 meses antes de bautizar. También los padres tienen que celebrar la santa misa cada fin de semana. La clase de preparación para el bautismo para padres y padrinos es cada último lunes del mes. Favor de comunicarse con Padre Rick una semana antes al 573-335-7667.

...

Anointing of the Sick: If you are going to the hospital for a planned surgery, please call the parish office so this Sacrament can be celebrated with you.

Unción de los enfermos: Si usted va al hospital para una cirugía planificada, por favor llame a la oficina parroquial para que este Sacramento pueda ser celebrado con usted.



Follow us and stay up to date!

Find us on Facebook at
<https://www.facebook.com/svcape/>



Find us on Instagram at
[stvincentsvcape/](https://www.instagram.com/stvincentsvcape/)

IS CATHERINE'S CUPBOARD ON YOUR GROCERY LIST?

First Reading

Deuteronomy 18:15-20

Moses spoke to all the people, saying: "A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen.

This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said, 'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.'

And the LORD said to me, 'This was well said.

I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die."

Responsorial Psalm

If today you hear his voice, harden not your hearts.

Second Reading

1 Corinthians 7:32-35

Brothers and sisters: I should like you to be free of anxieties. An unmarried man is anxious about the things of the Lord, how he may please the Lord. But a married man is anxious about the things of the world, how he may please his wife, and he is divided.

An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit.

A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

Gathering

Gather Your People

Refrain

Gath-er your peo-ple, O Lord. Gath-er your peo-ple, O Lord. One bread, one bod-y, one spir-it of love. Gath-er your peo-ple, O Lord.

Verses

1. Draw us forth to the ta-ble of life:
2. We are parts of the bod-y of Christ,
3. No more harm on the moun-tain of God;
4. Wash us, Lord, in the wa-ters of life;

broth-ers and sis-ters, each of us called to
need-ing each oth-er, each of the gifts the
swords in-to plow-shares. Free us, O Lord, from
wa-ters of mer-cy, wa-ters of hope that

D.C.

walk in your light.
Spir-it pro-vides.
hard-ness of heart.
flow from your side.

Text: 1 Corinthians 12, Isaiah 2:3-4, 11:9; Bob Hurd, b.1950
Tune: Bob Hurd, b.1950; choral arr. by Craig S. Kingsbury, b.1952; acc. by Dominic MacAller, b.1959
© 1991, Bob Hurd. Published by OCP.

Refrain

Gloria

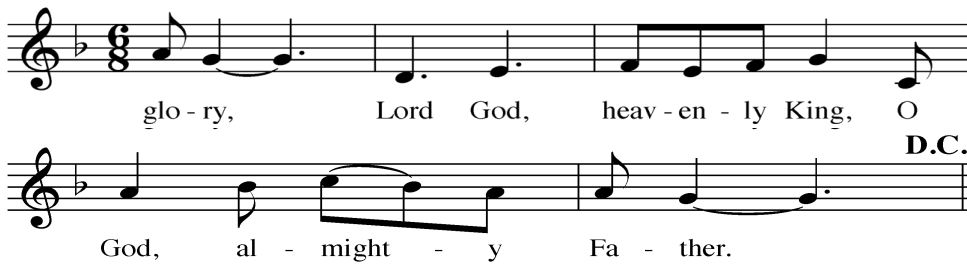
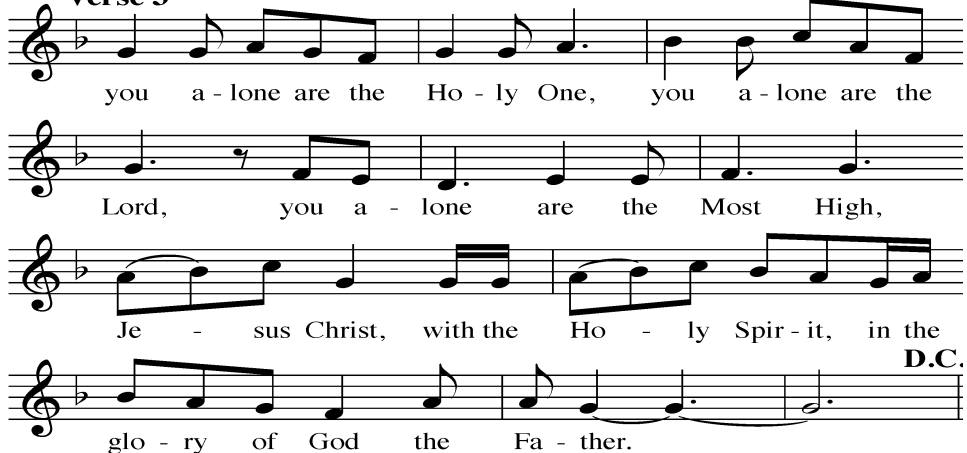
Glo-ry to God in the high-est, and on earth peace to peo-ple of good will.

Last time to Coda ☸ To verses

1. We
2. 7
3. For

Verse 1

praise you, we bless you, we a-dore you, we glo-ri-fy you, we give you thanks for your great

**Verse 2****Verse 3****⊕ Coda***Gospel Reading***Mark 1:21-28**

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes.

In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us?"

I know who you are — the Holy One of God!"

Jesus rebuked him and said, "Quiet! Come out of him!"

The unclean spirit convulsed him and with a loud cry came out of him.

All were amazed and asked one another, "What is this? A new teaching with authority.

He commands even the unclean spirits and they obey him."

His fame spread everywhere throughout the whole region of Galilee.

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand
of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from
the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken
through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism
for the forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come.
Amen.

Communion

Refrain

Eat This Bread

Eat this bread, drink this cup,
Co-man de es - te pan, be - ban de es - te cá - liz,

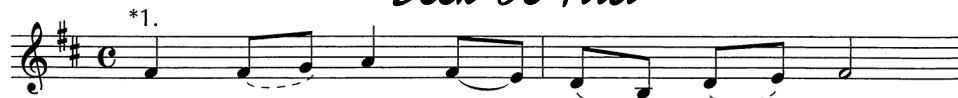
come to him and nev - er be hun - gry.
ven - gan, y no ten - drán ham - bre.

Eat this bread, drink this cup,
Co-man de es - te pan, be - ban de es - te cá - liz,

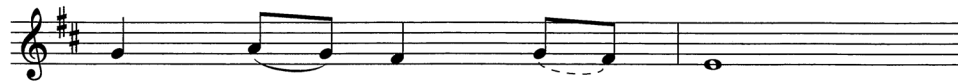
trust in him and you will not thirst.
cre - an, y no ten - drán sed.

Text: John 6; adapt. by Robert J. Batastini, b.1942, and the Taizé Community
Tune: Jacques Berthier, 1923-1994
© 1984, 2005, Les Presses de Taizé, GIA Publications, Inc., agent

Recessional

Seek Ye First

- *1.
1. Seek ye first the king - dom of God
 2. Ask, and it shall be giv - en un - to you,
 3. You do not live by bread a - lone,
 4. Where two or three are gath - ered in my name,



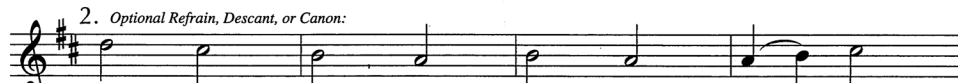
and his right - eous - ness,
 seek, and you shall find,
 but by ev - 'ry word,
 there am I in their midst;



and all these things shall be add - ed un - to you;
 knock, and the door shall be o - pened un - to you;
 that comes forth from the mouth of God;
 and what - so - ev - er you ask I will do;



Al - le - lu, al - le - lu - ia.



2. *Optional Refrain, Descant, or Canon:*

Al - le - lu - ia, al - le - lu - ia,



al - le - lu - ia, al - le - lu, al - le - lu - ia.

**May be sung as a two-voice canon.*

Text: Matthew 6:33, 7:7; st. 1, adapt. by Karen Lafferty, b.1948; sts. 2-4, anon.
 Tune: SEEK YE FIRST, Irregular; Karen Lafferty, b.1948
 © 1972, Universal Music—Brentwood Benson Publishing/CCCM Music

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Cape Girardeau, MO
573-335-4673

Dr. Stan Williams
doctor of dental surgery
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