

Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality Serving • Worship

Weekend Masses

Saturday, 5:00 p.m. Sunday 7:30, 9:00, 10:45 a.m., 3:00 p.m. (Spanish)

Weekday Masses

Monday 6:30 a.m. Tuesday 6:30 a.m. Wednesday 6:30 a.m., 5:15 p.m. Thursday 6:30 a.m. Friday 6:30 a.m. Saturday 6:30 a.m.

Confessions

Saturday 3:30 - 4:30 p.m. or by appointment



Eighteenth Week in Ordinary Time August 1, 2021

I am the Bread of Life

"If we but paused for a moment to consider attentively what takes place in this Sacrament, I am sure that the thought of Christ's love for us would transform the coldness of hearts into a fire of love and gratitude."

~ St. Angela of Foligno

"What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation ... In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood." ~ St. Francis of Assisi

"How many of you say: I should like to see His face, His garments, His shoes. You do see Him, you touch Him, you eat Him. He gives Himself to you, not only that you may see Him, but also to be your food and nourishment."

~ St. John Chrysostom

"All the good works in the world are not equal to the Holy Sacrifice of the Mass because they are the works of men; but the Mass is the work of God. Martyrdom is nothing in comparison, for it is but the sacrifice of man to God; but the Mass is the sacrifice of God for man."

~ St. John Vianney, Cure d'Ars

"If angels could be jealous of men, they would be so for one reason: Holy Communion." ~ St. Maximilian Kolbe

"When you look at the Crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host you understand how much Jesus loves you now."

~ St. Teresa of Calcutta

Mass Intentions

Monday, August 2 St. Eusebius of Vercelli 6:30 am Virgil (Doc) Wibbenmeyer ♣

Tuesday, August 3

6:30 am Rosa Balsmann ⊕

Wednesday, August 4 St. John Vianney

6:30 am Oscar and Gertrude Buerck &

5:15 pm Deadie Mattingly &

Thursday, August 5

The Dedication of the Basilica of St. Mary Major 6:30 am Jim Cathcart Family (living)

Friday, August 6

The Transfiguration of the Lord

6:30 am Living and Deceased Members of the Joe and Barb McKeon Family

Saturday, August 7

St. Sixtus II and Companions, St. Cajetan

6:30 am Joseph Moore ₺

5:00 pm Living and Deceased Members of the Yuede and Marshall Families

Sunday, August 8

Nineteenth Sunday in Ordinary Time

7:30 am Mr. and Mrs. Dan McKeon &

9:00 am St. Vincent de Paul Parish Family

10:45 am Sandra Pobst ♣ 3:00 pm Michael Zimmer ♣

(Bilingual)

Prayer Requests

Please remember **Donna Isaac, Edward Koran, Alex Powderly,** the sick, the hospitalized, and those who care for them. Pray also for the homebound of the parish.

The City of Cape Girardeau is currently repairing parts of Forest Street near the church and old rectory.

Please be patient during this process.

Livestreamed Masses

Each weekend, the Mass celebrated here at St. Vincent is livestreamed and available to view on the St. Vincent de Paul Facebook page (https://www.facebook.com/svcape/). The video is also available to view after Masses on the parish website (www.svcape.com). Most of the live feeds will be at the 5:00 p.m. Saturday evening Mass to allow for the longest viewing time.

The crowd in today's Gospel demanded a sign from Jesus. May our faithful stewardship be a sign to others that we, like the Ephesians in the second reading, have laid aside our former way of life and acquired a "fresh, spiritual way of thinking" in Christ.

School Supply Time

St. Vincent de Paul Parish will again participate in the Salvation Army's School Supply Program by collecting *new* school supplies. Supplies will be distributed to children in need. Items may be placed in the marked boxes in the gathering area before August 8. Thank you for your generosity!

Needed items include

- Pencils
- Pens
- Glue
- Rulers
- Crayons
- Colored pencils
- Paper, wide-ruled
- Washable markers
- Folders, 2-pocket
- Binders, 3-ring
- Pencils cases
- Backpacks



First Friday Schedule of Prayer

Everyone is welcome to attend First Friday devotion on August 6. Please pick or choose any of the prayer opportunities below, or you can attend Adoration of the Blessed Sacrament anytime throughout the day for your own quiet prayer time. Here are some of the prayer opportunities:

6:00 a.m. Recitation of the Holy Rosary

6:30 a.m. First Friday Mass

7:00 a.m. Adoration of the Blessed Sacrament begins

12:00 noon Confessions from 12:00 - 12:30 p.m. 3:00 p.m. Recitation of the Divine Mercy Chaplet

5:00 p.m. Recitation of the Holy Rosary

5:15 p.m. Benediction of the Blessed Sacrament

In these days of turmoil in the world and in the Church, it is of particular urgency that we begin, or renew, our devotion to the Sacred Heart of Jesus in the spirit of reparation that St. Margaret Mary Alacoque, a Visitation nun who lived in France in the 17th century, gives us. The practice of the nine First Fridays is a particularly powerful way to do this. Jesus gave us this devotion as a sure way of

offering reparation to Him and consoling His Sacred Heart. Reparation is the way a person makes amends for a wrong one has done. Let us not waste such an opportunity, then, but rather take full advantage of the means that we are given by showing our love for Jesus and His Sacred Heart. For more information, go to www.simplycatholic.com/how-to-observe-first-fridays-and-first-saturdays/.



Food Pantry Volunteers Needed

Catholic Social Ministries Food Pantry is looking for two or three volunteers who have experience with unloading heavy pallets off of a truck with a lift gate while using a manual pallet jack. The truck is unloaded at 3:30 p.m. on Friday afternoons. Volunteer needed once or twice per month. Please contact Jim Keusenkothen at St. Mary's Church at 573-335-9347.

May He Rest in Peace

Sympathy is extended to the family of Richard Giles, brother of Tom Giles.

May he and all the souls of the faithful departed, through the mercy of God, rest in peace.



"RiseWith

"Setting the World Ablaze for Her Son"

'Gate of Heaven"

"Pray for Us Now and At The Hour of Our Death"

Immaculate Conception Catholic Church

208 S. Hope Street * Jackson, MO 63755

Fri. Aug. 13, 4:45 to 9:15 p.m. @ Parish Center **Sat. Aug. 14**, 7:30 a.m. to 4:30 p.m.

Adoration - Confessions - Relics - Music - Resources Food Fri. 4:45 p.m. and Sat. 8:30 a.m. and Noon Lunch

Pre Register - risewithmary@yahoo.com or 573-243-3182 - to help food & facility needs Fri. Aug. 13, 4:45 p.m. - 9:30 p.m. Mass 7:00 p.m. Sat. Aug. 14th, 7:30 a.m. Rosary & 8:00 a.m. Mass & 5 p.m. Mass

Father Joseph Kelly - "Co Redemptrix, Mediatrix, and Advocate" Donna Cori - "Passion of Christ with Mary"

Michael McGlinn - "Becoming Confident in God's Goodness"

Christine Magruder - "Miracles surrounding 'The Veil Removed' to Shine Light on Our Most Powerful Prayer"

Donald Hartley - "Effect of Mary's Fiat to World and the Catholic Defender" **Dominic Rizzi** - Master of Ceremony and "You Were Made for a Mission" Dr. GregoryMary - "Like Mary, You Were Born for this Moment in Time"

So this conference can be offered free to participants, monetary donations are being accepted.

Baptismal Prep

Parents and godparents are required to attend a baptismal preparation class before a child is baptized in the Catholic faith. The next class is scheduled for Sunday, August 15, at 4:30 p.m. and will be held in the upper meeting room. Please contact the parish office to register and to fill out a baptismal registration form.

Generosity to the Diocesan Development Fund means support to various parish and diocesan ministries! If you have not had a chance to pledge or donate, please prayerfully consider doing so. For online donations to DDF, go to http://www.dioscg.org and follow the prompts. Transactions are totally secure.

The Week Ahead

Monday, August 2

Tuesday, August 3

1:30 pm Finance Council

Wednesday, August 4

8:00 am Ugly Quilt Ministry (8:00 - 11:00 am)

10:00 am Mass at Chateau Girardeau

3:00 pm Divine Mercy Holy Hour

Thursday, August 5

9:00 am Maxine's Shareable Wearables

(9:00 - 11:00 am)

5:30 pm Centering Prayer

pm i.d.Cape

Friday, August 6

7:00 am Adoration of the Eucharist

5:15 pm Benediction

Saturday, August 7

9:00 am Maxine's Shareable Wearables

(9:00 am - 12:00 noon)

3:30 pm Reconciliation

Sunday, August 8

The school office will be open from 8:00 a.m. - 3:00 p.m. Monday - Friday, August 2 - 6.

If you need to contact the school, please call 334-9594 or email svsoffice@svcape.eduk12.net.

> Calls will be returned as soon as possible.

Readings - August 8, 2021

1 Kings 19:4-8 • Ephesians 4:30-5:2 John 6:41-51

Collection - July 25, 2021

Collection	\$44,723.32
E-Tithing	\$21,245.00
Total	\$65,968.32
Weekly Budget	\$31,450.00
Year-to-date Difference	\$21,517.94

Thank you for being good stewards of God's gifts!

Contact Information

Parish Office

contactus@svparish.com / 573-335-7667

Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

Father Alex Sutachan

Associate Pastor/ Chaplain of NDRHS fatheralex@svparish.com / 573-335-7667

Father Jaku Bala Kumar, HGN

Associate Pastor/

Chaplain of Saint Francis Medical Center jakubalakumar@gmail.com / 573-335-7667

Deacon Robbie Huff

Superintendent of Schools Diocese of Springfield-Cape Girardeau rhuff@dioscg.org / 573-335-7667

Deacon Mark Kiblinger

Coordinator of Stewardship and RCIA mkiblinger@svparish.com / 573-335-7667

Deacon Thomas Schumer

Director of CCM, SEMO University deacontom@ccmin.org / 573-335-7667

Kay Glastetter

Principal of St. Vincent DePaul Grade School kglastetter@svcape.eduk12.net 573-334-9594

Kathy Hotop Raines

Director of Religious Education kraines@svcape.eduk12.net / 573-335-7667

Rose Huff

Bulletin Editor/Administrative Assistant rhuff@svparish.com / 573-335-7667

Becky Kitchen

Social Media Coordinator kitchenbecky19@gmail.com / 573-382-6005

Lenny Kuper, Music Coordinator lennykuper@notredamecape.org 573-335-7667

Jeffrey Lloyd, Maintenance Supervisor illoyd@svparish.com / 573-335-7667

Beverly McMeel

Accounting Clerk/Administrative Assistant bmcmeel@svparish.com / 573-335-7667

Cheryl Oberhaus, Director of Parish Finance coberhaus@svparish.com / 573-335-7667

Debbie Wells, Receptionist dwells@svparish.com / 573-335-7667

Thursday Afternoon Bible Study

Resurrection will be the opening topic of the Thursday Afternoon Bible Study this fall. It will be followed by **Acts of the Apostles** and close with a look at the **Book of Revelation**. Father Donald Senior, C.P., S.T.D., and Bishop Robert Barron will be the lectors via DVD media for eight weeks beginning on September 2 and running through the end of October. The Bible study will meet in the upper meeting room from 1:00 - 3:00 p.m. on Thursdays. Class registration is required to secure your study guide. Contact the parish office at 335-7667. There is no charge for this class.

Positions Available

No nights, no weekends, and you get to smile with kids all day! St. Vincent De Paul School Cafeteria has positions available for a Kitchen Manager (8005BR), Kitchen Staff (8006BR), and Cafeteria Substitutes (8007BR). You may apply at www.opaafood.com/careers. Questions? Contact Jenny Thornton at St. Vincent's Cafeteria at 573-334-2935. St. Vincent De Paul School Cafeteria has a partnership with Opaa! Food Management Inc. Applicant must be able to pass a background check.

St. Denis Catholic School, Benton, Missouri, has a **Principal Opening** for the 2021-2022 year. Requirements: Active Catholic, Missouri certification, Master's degree in School Administration (or working towards it), administrative experience preferred. Applications can be found online at: dioscg.org>Ministries and Offices>Schools/Education/Employment, or you may call the Parish Office at 573-545-3864. You may submit your application by email to Fr. Bala at stdenisparishoffice@yahoo.com. For more information, please call Fr. Bala at 417-385-3100. Deadline for application is August 13, 2021.

Food for the Fathers

Each Tuesday Food for the Fathers, a parish ministry, supplies a warm meal for three priests. If you are interested in helping with this ministry, please sign up at http://signup.com/login/entry/67699625678106404. You will need to enter your email address but will NOT need to register an account on SignUp.com. If you don't like the choices listed, change your selection to include an entrée and two side dishes (no desserts, please!). SignUp.com will send you an automated confirmation and reminders. Then, on the date chosen, deliver the meal between 5:00 and 6:00 p.m. to the new rectory. If you prefer not to sign up online or have questions, contact Beverly in the parish office at 335-7667.

Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please free to contact parish office staff anytime during regular office hours, Monday, Tuesday, Wednesday, and Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 335-7667. A parish registration form is available at http://www.svcape.com/Parish/.

Name	
Address	
EmailPhone	
☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Paris ☐ I have been attending St. Vincent Parish and would like to register as a membe ☐ I would like to learn more about the Catholic faith. ☐ I would like to register my child/children for Parish School of Religion.	



Help homeless pregnant women in the Missouri Bootheel transform their lives! Catholic Charities of Southern Missouri is planning to bring LifeHouse Crisis Maternity Home to Cape Girardeau through a major capital effort. With \$3 million already raised toward its \$6 million goal, thousands across the diocese are being invited to help make LifeHouse - Cape Girardeau a reality. Please check your mailbox, inbox, and social media for more information or visit *ccsomo.org/lifehouse-cape-campaign.html* to learn more and to donate!

Annual Wedding Anniversary Celebration Mass

The Office of Family Life is excited to celebrate the annual Diocesan Wedding Anniversary Celebration on Sunday, October 3, 2021, at 2:30 p.m. at St. Mary Cathedral, Cape Girardeau. In the words of Pope Francis, "Marriage is the most beautiful thing that God has created." The event includes a special Mass with Bishop Edward M. Rice, followed by a reception. All married couples are cordially invited to attend with their family and friends. Married couples who register in advance will receive a Marriage Certificate from Bishop Rice. Those celebrating their 25th or 50th Anniversary will receive an Episcopal Blessing and a special gift.

For the diocese to properly prepare, please rsvp/register by September 24, 2021. The registration form can also be found at https://dioscg.org/about/family-ministries/ under Anniversaries or in the gathering area of church.



Congratulations to Saul and Susana Gutierrez as they celebrate their 25th Wedding Anniversary; to Charles and Belinda Mueller

as they celebrate their 40th Wedding Anniversary; to Denis and Jan Rigdon and Tom and Susan Reinagel as they celebrate their 50th Wedding Anniversaries. Please continue to pray for all married couples and those preparing for marriage.

• Podcast Recommendation •

The Jeff Cavins Show

Are you looking for a good podcast to listen to while traveling, exercising, or doing chores? Try **The Jeff Cavins Show**. Perhaps you have met Jeff Cavins through the *Bible in a Year Podcast*. Jeff also does a weekly podcast

with various topics. Some of Jeff's recent podcast topics are: Family Members Who are Lost; What Feeds Your Soul; Suck it up Buttercup: Men Who Know How to Suffer; Tell Your Story to Your Children; and Feeling Like you Don't Have What it Takes? You can find **The Jeff Cavins Show** in your device podcast app; on Stitcher, Google Play, Overcast, PlayerFM; or at https://ascensionpress.com.



Celebrating the Sacraments Celebrando los Sacramentos

Marriage: Please contact the parish office at least **six months** in advance. (If you have been married before, an annulment may need to be done first.)

Matrimonio: Por favor comuníquese con la oficina parroquial por lo menos con seis meses de antelación. (Si usted ha estado casado antes, una anulación del matrimonio puede necesitar ser hecha primero.)

Baptism: Your family needs to be registered in the parish for three months prior to the baptism. It is necessary to schedule baptismal preparation classes six weeks prior to your child's baptism. Taking the baptism class prior to birth is encouraged! Contact Deacon Mark Kiblinger at the parish office (573-335-7667).

Bautismo: Es un requisito ser inscritos en la parroquia por lo menos 3 meses antes de bautizar. También los padres tienen que celebrar la santa misa cada fin de semana. La clase de preparación para el bautismo para padres y padrinos es cada último lunes del mes. Favor de comunicarse con Padre Rick una semana antes al 573-335-7667.

Anointing of the Sick: If you are going to the hospital for a planned surgery, please call the parish office so this Sacrament can be celebrated with you.

Unción de los enfermos: Si usted va al hospital para una cirugía planificada, por favor llame a la oficina parroquial para que este Sacramento pueda ser celebrado con usted.



Van de Ven. LLC

- Quickbooks Training Bookkeeping Service

1020 N. Kingshighway, Suite D Cape Girardeau, MO (573) 335-1231 www.van-de-ven.com uting solutions with Vision!

Murphy BUSINESS SALES BUY A BUSINESS BUY A BUSINESS

573.335.1885 MurphyBusinessofCape.com

Stan Irwin, AAMS* Financial Advisor

839 N Kingshighway Cape Girardeau, MO 63701 573-335-8274

Edward **Jones** MAKING SENSE OF INVESTING

KEN'S Cape Cleaners ONE DAY SERVICE

WE DO IT ALL AND WE DO IT RIGHT 334-1070 · 2591 INDEPENDENCE



David Westrich, MD, FACS Shawn Parker, MD, FACS Todd Lumsden, DO, FAOCO John Kinder, MD, FACS Richard Kies, MD, FACS

WESPECIALEYES.COM *57*3.335.35*77*



www.columbiaconst.com

CHEVROLET • BUICK • FORD TOYOTA • ISUZU TRUCK FAMILY OF DEALERSHIPS www.coadfamilyofdealerships.com

Iraham's Custom Floors INSTALLATION · SANDING · FINISHING 579-2610

1129 Broadway Cape Girardeau, MO 335-0366 or 335-0367

S.E. MO. BOX CO.

Cape Girardeau, MO 63701 Phone 334-6124

Call us for your corrugated requirements



Dr. Stan Williams doctor of dental surgery

573-335-5700

Accu-Grow Trans Care

Lawn Fertilization · Weed Control 573-335-5355 · 800-757-5355

BEUSSINK, HEY & ROE, P.C. 16 S. Silver Springs Road Cape Girardeau, MO 63703 (573) 334-4988

STERLING Member FDIC BANK

www.sterbank.com

17 S. Mount Auburn Rd. 573-335-9755

Bard Womack Insurance FARMERŠ

1720 Kingsway Dr., Suite 104 Cape Girardeau, MO • 573-334-2700 Home • Auto • Life • Health • Commercial

*EAGLE DISTRIBUTING CAPE GIRARDEAU, MO

EGRAND BROTHERS

335-0503 4340 St. Hwy W • Cape Girardon . Missouri 63701

PLUMBING & HEATING, INC 573-334-4689 Specializing in Commercial Industrial Piping

> adrienne poe Executive Broker 450.9965

> > **EXECUTIVES**

573.335.8111 www.CapeAreaHomes.com RAPIDREPAIR

After Hours Service! 573.243.3193 dutchenterprises.com

Jack R. Ruopp, D.C. Chiropractor 573-335-7349



· SINCE 1933 ·

(573) 334 - 4434 121 Broadway, Cape Girardeau



573-334-9131 autotireandpartsnapa.com

CUBA FINANCIAL GROUP

Redefining Wealth Management 573-334-7000

www.cubafinancialgroup.com

New Expanded Hours HUDSON CHIROPRACTIC

573.335.7349 3232 Independence Street

300 Plazaway
Cape Girardeau, MO 63703
mark.lundyhc@gmail.com

PHILLIP B. SMITH

FLORAL FTD 838 WILLIAM ST · Cape Girardeau, MO Phone: 334-3029-www.knaupfloral.com

relentless Casie Janet-Mills 270-4125 Sarah DeLuca 587-9970

Area Properties Real Estate 573-803-3353

BROST & ASSOCIATES Kyle E. Brost, O.D.

352 S. Broadview St. • Cape Girardeau 573-334-8595 • www.brostassociates.com

GLAUS & ASSOCIATES CPA

PHONE: 573-334-8474



www.dswsigns.com

MoleMa**rs** Season-long control of moles

• Guaranteed results 573-334-1919 • 1-888-826-1919

IT Solutions

Voice Pavroll 573-334-2420 www.c-p-u.com

Natural Health **ORGANIC FOODS**

quality supplements organic grocery

135 S. Broadview St. Cape Girardeau, MO 63703

(573) 339-0054

RICHARDS LAND SURVEYING

573-339-7473 RLSurvey@charter.net

(r) red letter

PEST FREE 573-243-4622 Serving S.E.M.O. for over 40 years

Nip Kelley

Equipment

Company

41 NORTH SPRIGG

CAPE GIRARDEAU, MC OFFICE 573-334-0554 FAX 573-334-2025

RICE, SPAETH,

SUMMERS & HEISSERER, L.C.
Attorneys at Law

(573) 334-6061

Broadview at Route K Commerce Bank Building - 4th Floor Cape Girardeau, MO 63703

1140 N. KINGSHIGHWAY • CAPE GIRARDEAU, MO

Auto, Home, Life and Business

Ken Oberlohr • 573-335-5822

MISSOURI

INSURANCE GROUP

Ahrens

Service

Appraisal

Phone (573) 335-4102

Cape 335-2600

Jackson

243-1426

www.fordgroves.com



Cape Girardeau • Jackson Benton • Perryville Altenburg 573-334-1313

A mission of healing in Cape Girardeau and beyond.



Please support these

advertisers!



CAPE GIRARDEAU · POPLAR BLUFF





DoloresBaker@RealtyExecutives.com

573-271-5120 ADVANCED TRAINING

AURORA

STL's #1 Botox® Provider

Now in Cape!

AND REHAB

Andrew Buelow, DPT 106 S. Farrar Dr.

573-319-1600



573-331-3000 | www.sfmc.net

573.332.7223 Terry Spence D.D.S., M.D.S. 2103 Broadway Cape Girardeau, MO 63701



Cape Girardeau, MO 63701