



St. Vincent de Paul Catholic Church

**Third Sunday of Lent
March 3, 2024**

Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality
Service • Worship

Weekend Masses

Saturday 5:00 p.m.
Sunday 7:30, 9:00, 10:45 a.m.,
3:00 p.m. (Spanish)

Weekday Masses

Monday 6:30 a.m.
Tuesday 6:30 a.m.
Wednesday 6:30 a.m., 5:15 p.m.
Thursday 6:30 a.m., 8:00 a.m.
Friday 6:30 a.m., 8:00 a.m.
First Friday 8:00 a.m.
Saturday 6:30 a.m.

Confessions

Friday 12:00 noon, 7:00 p.m.
(during Lent)
Saturday 3:30 - 4:30 p.m.
or by appointment

• LENTEN PARISH MISSION •

The Holy Eucharist: Shadows and Fulfillment

**March 11 - 14, 2024
6:30 - 8:00 p.m.**

See inside for more details



Lord God, fill my heart with love, so that I can see you in others and recognize them as the temples in which you reside on earth.

May your spirit guide my every step.

In my struggles, give me strength and courage so that I will be steadfast in faith as I continue my journey.

We ask this through Christ our Lord. Amen.

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Reconciliation During Lent

"Turn away from sin and be faithful to the Gospel!" These are the words heard on Ash Wednesday when ashes are marked on each person's forehead. During these days of Lent, the Sacrament of Reconciliation will be offered at various times. Take advantage of these blessed encounters with the Forgiving Father!

- **Every Friday from 12:00 - 12:30 p.m. and 7:00 - 7:30 p.m.**
- **Every Saturday from 3:30 - 4:30 p.m.**

You may also make an appointment if these times are not good for you.

Parking Lot Blessing Prayer

Dear Heavenly Father, thank you for our new parking lot. Bless it and everyone who uses this new parking lot. Make it a home for our vehicles as they wait for us to return after our time of prayer in Church or on business in the school or parish center. May this new parking lot allow us to be welcomed and filled with your love and grace. Thank you for guiding us through the construction process. May this new blessing of a parking lot be used to bring glory to your Holy Name as not only God of the Universe but also God of the parking lot. Amen.

1913 Ritter Drive • Cape Girardeau, Missouri 63701
573-335-7667 • Fax 573-335-0034 • www.svcape.com

Serving the Catholic Community since April 9, 1836

• Mass Intentions •

Monday, March 4 St. Casimir

6:30 am Marianne Buettner ☩

Tuesday, March 5

6:30 am Living and Deceased Members
of the Tony Biondini Family

Wednesday, March 6

6:30 am John Moore Family (living)

5:15 pm Bernard Sander ☩

Thursday, March 7 Sts. Perpetua and Felicity

6:30 am Lucille Murphy ☩

8:00 am No Mass

Friday, March 8 St. John of God

6:30 am Robert Pikey ☩

8:00 am Living and Deceased Members of the
Paul and Colette Hendrickson Family

Saturday, March 9 St. Frances of Rome

6:30 am Alexander Buchheit (living)

5:00 pm Living and Deceased Members
of the Steve and Nancy Fenwick Family

Sunday, March 10 Fourth Sunday of Lent

7:30 am Living and Deceased Members
of the Peters and Schrock Families

9:00 am Michael Farrow ☩

10:45 am St. Vincent de Paul Parish Family

3:00 pm Carol Steiner ☩
(Bilingual)

• Prayer Requests •

Please remember **Ralph Dienno**, the sick, the hospitalized, and those who care for them. Pray also for homebound St. Vincent parishioners.

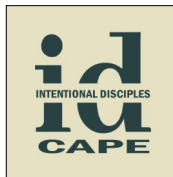
"You shall not covet" is perhaps a difficult commandment to keep in our consumer-oriented society. But as Christian stewards, we know that we are the recipients and caretakers of God's many gifts. May this understanding that everything is a gift help us be less resentful of the gifts of others.

Council of Catholic Women

The next St. Vincent de Paul Council of Catholic Women meeting will be held on **Monday, March 4, 2024**, at **6:30 p.m.**, in the lower room of church. Seminarian Daniel Dunn will speak about vocations and his experience. Daniel is gaining pastoral understanding as he spends the next year serving St. Vincent Parish. All women of the parish are invited!



Young Adult Disciples Night

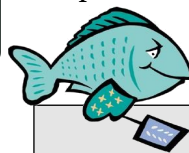


On **Thursday, March 7**, i.d.Cape (young adults) will host their monthly Disciples' Night at the old convent. Doors will open at 6:00 p.m.; a meal will be served at 6:15 p.m. followed by a live-streamed talk. All young adults in their 20's and 30's are invited. See the event on Facebook or email IdCapeinfo@gmail.com for more information. Please

RSVP for the meal. Come and bring a friend!

Lenten Fish Fry

The St. Vincent de Paul Men's Association will sponsor a Catfish Dinner each Friday during Lent from 4:30 - 7:00 p.m. The family friendly meal includes fresh American pond raised catfish, "Todt secret recipe cole slaw," "Koehler famous hush puppies," side dishes, dessert and drink. Tickets are \$13 for adults, \$7 for students. Carryouts are available.



Fish Dinner Desserts

Each week during Lent, the Circle Leaders of the Women's Council will contact parishioners to donate desserts for the Friday Fish Dinner. If you have never been called and would like to bring a dessert on **Friday, March 8**, please contact one of the following: Pam Saucier (573-837-3703), Marie Todd (573-334-2329), Judy Roth (573-335-0270), Shirley Glastetter (573-270-1230), Carol Drummond (573-579-4627), Kathy Berkbighler (573-587-5970), or Libby Rolwing (573-225-3647).

Operation Rice Bowl

Join St. Vincent Parish, and nearly 14,000 Catholic communities across the United States, in a life-changing Lenten journey with CRS Rice Bowl. On Ash Wednesday, pick up your family's rice bowl from the gathering area and let it be your ticket to global solidarity as you **pray, fast, learn** and **give** this Lent in order to change the lives of brothers and sisters in need. Please place your Rice Bowl offerings in an envelope and return to church on Good Friday. Remember, what you give up for Lent changes lives.

Kettle Beef Take Home Meals ~ Heat and Serve ~

St. Vincent DePaul Church

MARCH
2nd & 3rd

Available for Pick Up after all
Masses in the Gathering Center

Feed 2 - 13.00

Feed 4 - 25.00

Feed 6 - 35.00

Serving Size 8 ounces

**Slow Roasted Beef
Creamy Mashed Potatoes
Sister Schuberts Rolls**



Thank You for supporting our local Fundraising Activities



KNIGHTS OF COLUMBUS

Father Marquette Council #11205

IS CATHERINE'S CUPBOARD ON YOUR GROCERY LIST?

May They Rest in Peace

Sympathy is extended to the families of:

Heather Miget-Spear, sister of Luke Miget;

Evelyn Wittenborn, mother of Brad and Bob Wittenborn; and

Marilyn Dohogne, grandmother of Jeremy Dohogne.

*May they and all the souls of the faithful departed,
through the mercy of God, rest in peace.*



Stations of the Cross - A Beautiful Tradition

The Stations of the Cross are images of stories about the passion and death of Jesus Christ. Most of the stories which make up the Stations were drawn from Scripture, and others, such as Saint Veronica wiping the face of Jesus, were taken from tradition. The route traditionally held to have been taken by Jesus to his death at Calvary (Golgotha) in Jerusalem is called the Via Dolorosa or the Sorrowful Way. The Stations were erected in local churches as a way of bringing this prayerful experience to those who could not travel to Jerusalem.

Stations of the Cross are celebrated in the church every Friday during Lent at 5:00 in Spanish and at 6:15 p.m. in English. Stations are also celebrated by the school children on most Wednesday afternoons at 2:00 p.m. Please join in this devotional prayer and make it a part of your Lenten journey.



A Lenten Opportunity Beatitude Boxes and Bags

During the season of Lent, the parishioners of St. Vincent are invited to collect food and paper items for distribution to the needy. **Beatitude Boxes** will be filled with specific food items and **Beatitude Bags** will be filled with specific paper products.

Tags are posted on the bulletin board in the gathering area. Some tags will list all items in the box (approximate cost \$30-\$35) and all items in the bag (approximate cost \$12-\$15). Other tags list some of the items in the box or bag. You are invited to take one or more tags and purchase the requested items. **Return the items to the designated boxes in the gathering area no later than March 29.** Boxes and bags will then be filled and given to the needy in the local community.

Altar Server Training

Father Rick and Seminarian Daniel will have a training session for Altar servers on **Saturday, March 9, at 9:00 a.m.** in church. This is for new servers and those who want to work on their skills. The session will last about an hour and include how to get vested in an alb, light candles, genuflect, serve Mass, etc. If your child has received First Communion and is third grade (or older), he/she is invited to training. No need to RSVP — just show up.

End of year contribution statements have been mailed but many have not been delivered by the USPS. If you have not received yours and would like to have a copy, please contact Rose at the parish office by calling 573-335-7667.



• The Week Ahead •

Monday, March 4

6:30 pm Women's Council

Tuesday, March 5

6:00 pm Tuesday Evening Bible Study

6:30 pm St. Francis de Sales

Wednesday, March 6

8:00 am Ugly Quilts

9:00 am Wednesday Morning Bible Study

2:00 pm Stations of the Cross (School)

3:00 pm Divine Mercy Holy Hour

6:00 pm PSR

6:00 pm RCIA

6:15 pm Alpha

Thursday, March 7

9:00 am Maxine's Shareable Wearables
(9:00 - 11:00 am)

9:00 am Thursday Morning Bible Study

1:00 pm Thursday Afternoon Bible Study

5:30 pm Centering Prayer

6:00 pm i.d.Cape

6:30 pm Eucharistic Revival Small Group

Friday, March 8

12:00 pm Reconciliation

4:30 pm Men's Association Fish Fry

5:00 pm Stations of the Cross (Spanish)

6:15 pm Stations of the Cross (English)

7:00 pm Reconciliation

Saturday, March 9

9:00 am Maxine's Shareable Wearables
(9:00 am - 12:00 noon)

3:30 pm Reconciliation

Sunday, March 10

9:00 am Children's Liturgy of the Word

Lent: A Season of Preparation

Readings - March 10, 2024

2 Chronicles 36:14-16, 19-23

Ephesians 2:4-10

John 3:14-21

Collection - February 25, 2024

Collection	\$ 13,196.25
E-Tithing	\$ 23,665.00
Total	\$ 36,861.25
Weekly Budget	\$ 34,200.00
Difference (7-1-23 to 2-25-24)	\$ 54,983.13

*Thank you for being good
stewards of God's gifts!*

• Contact Information •

Parish Office

contactus@svparish.com / 573-335-7667

Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

Deacon Robbie Huff

Superintendent of Schools /Diocesan Chancellor

Diocese of Springfield-Cape Girardeau

rhuff@dioscg.org / 573-335-7667

Deacon Mark Kiblinger

Coordinator of Stewardship and RCIA

mkiblinger@svparish.com / 573-335-7667

Deacon Tony Peters

tpeters@svparish.com / 573-335-7667

Deacon Thomas Schumer

Director of CCM, SEMO University

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Seminarian Intern

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Gail Overbey, Mass Scheduler

goverbey@svparish.com / 573-335-7667



?? GUESS WHO ??

????????????????

Question: Which priest will celebrate his birthday on March 15 and his favorite sports team is the St. Louis Cardinals?

Answer: You can find the answer in next weekend's bulletin.



Options for Women, Help for Families Quarter Auction "25 for Life"



Saturday, March 9, 2024

Doors open at 4:00 p.m. • Auction begins at 5:30 p.m.

Knights of Columbus Hall

28745 US Highway 61, Scott City, Missouri

Tickets \$20 each - Includes one Auction Paddle

Additional Auction Paddles Available at the door for \$5.00 each

Must be 16 to attend

*Homemade soup and other refreshments provided
Also featuring 50/50 Raffle and Oral Auction of specialty goods*

**New This Year — Golden Paddle (\$50)
allows one bid on every quarter auction item
without having to bring your quarters!**

Advance tickets only

Purchase online by scanning the QR code or visit

<https://affirmlifescape.harnessgiving.org/events/1331>

Contact Options for Women to purchase tickets at

at 573-339-2032 or call Leah Shrum at 573-275-0420

Remember to bring your rolls of quarters!



Catholic Relief Services

Next weekend, **March 9 - 10**, The Catholic Relief Services Collection will be taken up at all Masses. Your support for this collection aids victims of persecution and natural disasters, provides legal services to poor immigrants, and advocates for the powerless. Through your generosity, six Catholic agencies reveal Christ's love to the vulnerable refugee, the immigrant family, and those who are poor and marginalized. Please prayerfully consider contributing to The Catholic Relief Services Collection next weekend.

• LENTEN PARISH MISSION •

The Holy Eucharist: Shadows and Fulfillment

Monday - Thursday, March 11 - 14, 2024

6:30 - 8:00 p.m.

During the mission, the people of the parish will gather each evening for a series of presentations on the **Most Holy Eucharist ...**

- **The Passover Sacrifice:** The Holy Eucharist as Sacrifice
- **The Manna:** The Holy Eucharist as Communion with God
- **The Bread of the Presence:** The Holy Eucharist as Real Presence
- **The Eucharistic Sacrifice:** Renewal of the Covenant and Foretaste of Heaven

Adoration and Confessions each evening at 5:30 p.m.

Mission Holy Hour with Conference at 6:30 p.m.

Confessions to follow

**Mission will be preached by
Father Ben Cameron, C.P.M.
of the Fathers of Mercy**

For more information,
please contact the parish office at
573-335-7667 or contactus@svparish.com



Faith & Floats

March 3, 2024

St. Ambrose, Chaffee

ALL area youth
are invited!

GUEST
SPEAKER:
FR. JOSEPH
KELLY

DISCUSSIONS
ON FAITH

RSVP



SCAN ME



ICE CREAM
FLOATS

Two Sessions:

6:00 - 7:30 pm - grades 6-8

7:30 - 9:00 pm - grades 9-12

For more info please contact
Tiff @ stvcapeyouth@gmail.com

Ora et Labora

Pray & Work Service Day

Join us to help with

**Beatitude
Boxes/Bags**

Sunday March 10
8:00 am - 1:00 pm
(after each Mass)

After each Mass on
Sunday March 10

Youth will assist parishioners
in dropping off donations
for the Beatitude Boxes/Bags
and help Dcn. Mark with the
sorting/stocking of the items.



Scan to Sign up to help!



Questions? Email Tiff @ stvcapeyouth@gmail.com

Upcoming Youth Events!

YOUTH LEAD STATIONS OF THE CROSS

March 15
6:15pm
@ St. Vincent

We need your help!
Let Tiff know that you want to help
@ stvcapeyouth@gmail.com
This is a great opportunity for the youth
of our parish to come pray together.



SCAN ME

Tiff will have Rice Crispy Treats for
all teens who RSVP & come and help.

Walk with Jesus through Cape Girardeau!

Join with other youth
& participate in the
Eucharistic Procession
from SEMO's Newman
Center to St. Mary
on Sunday March 17!

Scan the
code for
more
information
and to RSVP.



Anima Christi '24

A Eucharistic Pilgrimage
Cape Girardeau, March 16 - 17
Soul of Christ, Sanctify Us!

MARCH 16
SEMO Newman Center
7:00 pm Confession
7:00 pm - 7:00 am All-Night Adoration

MARCH 17
SEMO Newman Center
9:30 am Mass with Bishop Rice
10:45 am Walking Eucharistic Procession
from SEMO Newman Center to St. Mary's
Cathedral

St. Mary's Cathedral
12:00 pm Adoration and Benediction
1:00 pm Pilgrim's Luncheon



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St. Mary's Cathedral
12:00 pm Adoration and Benediction
1:00 pm Pilgrim's Luncheon

Baptismal Prep

Parents and godparents are required to attend a baptismal preparation class before a child is baptized in the Catholic faith. The next class here at St. Vincent is scheduled for **Sunday, March 17, at 4:30 p.m.** and will be held in the upper meeting room. Contact the parish office to register and to fill out a baptismal registration form.



For information on the **Summer Care Program 2024**, please call the school office at 573-334-9594 or visit the website at <https://www.svscape.net/summercare>.



Worldwide Marriage Encounter presents weekend experiences for married couples to rekindle romance, enhance meaningful communication, and deepen and renew commitment. Below are upcoming Spring, Summer, and Fall 2024 experiences. Sign up now as space is limited. For more information or to apply, go to wwme.org, or call Terry and Eric Engholm at 314-649-7317. Upcoming dates include ...

- **March 15-17, 2024 • Drury Inn, Cape Girardeau, Missouri**
Spots are still available for this local weekend!!!
- **April 5-7, 2024 • St. Peters, Missouri**
- **August 2-4, 2024 • St. Peters, Missouri**
- **September 27-29, 2024 • St. Peters, Missouri**
- **October 11-13, 2024 • Springfield, Illinois**

All married couples and religious who previously took part in a Worldwide Marriage Encounter weekend are invited to a **community meeting on Sunday, April 14, from 2:00 - 4:00 p.m.** at the Knights of Columbus Hall, 316 S. Spanish Street, Cape Girardeau. If planning to attend, RSVP to Alicia Schumer at 573-225-8776. Please bring your dialogue journal.

National Shrine of the Miraculous Medal Spring Event Weekend

On Saturday, March 16, a Relic Display featuring new relics of St. Patrick, St. Frances Cabrini, St. Anthony, St. Timothy, St. Margaret Mary Alacoque, and fragments of the True Cross and the Last Supper Table will be on exhibit from 1:00 - 4:00 p.m. Two priests will be available from 1:00 - 2:00 p.m. for the Sacrament of Reconciliation. A musical performance by "The Dining Room Consort" will take place at 3:00 p.m.

On Sunday, March 17, at 1:00 p.m., a presentation titled "Transforming Hearts" will be given by best-selling author Marge Steinlage Fenelon. The relics will be on exhibit from 2:00 - 4:00 p.m. For more information regarding upcoming events, please call 1-800-264-6279 or visit the website at www.amm.org.

Old St. Vincent Church and Knights of Columbus #1111 St. Patrick Celebration 2024

Irish Entertainment • Corned Beef and Cabbage Dinner

Sunday, March 17, 2024 • 4:30 p.m.

Knights of Columbus Hall • 318 S. Spanish Street, Cape Girardeau
Schola Choir accompanied by Irish Quintet

\$35/person • Make checks payable to Knights of Columbus #1111
Reservation deadline March 10, 2024

Mail to:

Mrs. Carole Calvin, 1118 Hilldale Circle, Cape Girardeau, MO 63701-3518
Include name and phone number of each person attending

For more information, contact

Carolyn McCrate Hajduk at 573-200-0779
or Beth Mueller at 573-335-6285



Attention: Catholic Men
You are invited to the Southeast Missouri
CATHOLIC MAN NIGHT
Men Meeting Jesus

Thursday, March 21, 2024 • 6:30 - 9:00 p.m.
St. John's Parish • Leopold, Missouri

An evening of Adoration, Confession, and a Manly Meal with discussion
To plan for food, please RSVP to SEMOCatholicManNight@gmail.com,
or "SEMO Catholic Man Night" on Facebook or text 573-275-5214.

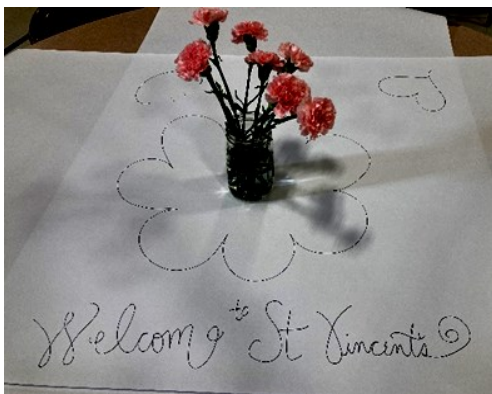
Saint Gerard's Circle

Saint Gerard's Circle is a ministry for mothers of young children in the St. Vincent de Paul Parish. (Public, private, homeschool, and not in school yet mommas are all welcome!) The goal is to provide friendships and support within the parish, a Catholic foundation for children, a continuation of spiritual guidance for members and families, and to encourage community involvement. The next meeting will be held on **Thursday, March 21, at 7:00 p.m.** in the upper meeting room. The program for the evening will include "Understanding Natural Family Planning (NFP)" with Katie Harris. Additional details can be found on the St. Gerard Facebook page at www.facebook.com/groups/saintgerardcircle.

Vincent's Vittles

Thank you to St. Vincent 8th grade students and their parents for hosting Vincent's Vittles in February. There was a great turnout from community members and parishioners. The students and parents were so helpful and welcoming. Much appreciation to all who helped in any way and to the many who came to enjoy food and fellowship.

Vincent's Vittles is a dinner hosted once a month for parishioners and those in need of a warm meal and good fellowship. The next Vincent's Vittles meal will be held on **March 23, 2024, a week earlier than normal** because of Easter Vigil on the last Saturday of March.



If you, as an individual or a group, would like to help with this rewarding community meal, please contact Deacon Mark.



Notre Dame Youth Summer Camps

Notre Dame Regional High School will host youth camps this summer. They will offer a variety of sports, arts, and science camps for grades K-8. Browse camp offerings and register online at www.notredamehighschool.org/camps2024/.

Celebrating the Sacraments Celebrando los Sacramentos

Marriage: Please contact the parish office at least **six months** in advance. (If you have been married before, an annulment may need to be done first.)

Matrimonio: Por favor comuníquese con la oficina parroquial por lo menos con **seis meses** de antelación. (Si usted ha estado casado antes, una anulación del matrimonio puede necesitar ser hecha primero.)

...

Baptism: Your family needs to be registered in the parish for three months prior to the baptism. It is necessary to schedule baptismal preparation classes six weeks prior to your child's baptism. Taking the baptism class prior to birth is encouraged! Contact Deacon Mark at the parish office (573-335-7667).

Bautismo: Es un requisito ser inscritos en la parroquia por lo menos 3 meses antes de bautizar. También los padres tienen que celebrar la santa misa cada fin de semana. La clase de preparación para el bautismo para padres y padrinos es cada último lunes del mes. Favor de comunicarse con Padre Rick una semana antes al 573-335-7667.

...

Anointing of the Sick: If you are going to the hospital for a planned surgery, please call the parish office so this Sacrament can be celebrated with you.

Unción de los enfermos: Si usted va al hospital para una cirugía planificada, por favor llame a la oficina parroquial para que este Sacramento pueda ser celebrado con usted.



EXTEND MERCY TOWARDS OTHERS,
SO THAT THERE CAN BE NO ONE IN NEED
WHOM YOU MEET WITHOUT HELPING.

ST. VINCENT DE PAUL



DECLINE TO SIGN

10 Reasons ...

1. Parental Consent laws will be eliminated
2. Partial-birth / Late-term abortions on demand
3. Abortion - all nine months
4. Health and Safety standards eliminated
5. Missouri's 52+ pro-life laws will be eliminated
6. Women lose ability to sue for malpractice
7. PRCs forced to refer for abortion
8. Ultrasound eliminated
9. Significant \$ Loss to Missouri
10. Taxpayer-funded abortion

Be a Pro-Life Voice!
missourilife.org

Job Opportunities

Notre Dame Regional High School is accepting applications for Director of Advancement. The director of advancement is responsible for fundraising efforts and community engagement. This position works with the president to cultivate major gifts and organize capital campaign efforts. Applicants should submit a cover letter of interest, a current resume, and a list of references with telephone numbers. Materials should be sent via email to Principal Tim Garner, M.Ed., at timgarner@notredamecape.org by March 15, 2024. Read the full job posting online here: <https://www.notredamehighschool.org/jobopenings/>.

TEACHING OPENINGS

Notre Dame Regional High School in Cape Girardeau is seeking applications for Mathematics, Spanish and Social Studies teachers for the upcoming 2024-25 school year.

Mathematics: NDRHS is looking for a committed individual who can teach upper level Mathematics. A Bachelor's Degree in Secondary Education (Mathematics) and appropriate Master's degree preferred.

Spanish: NDRHS is looking for a committed individual who can teach Spanish I. A Bachelor's Degree in Secondary Education with an emphasis in Spanish is preferred.

Social Studies: NDRHS is looking for a committed individual who can teach Social Studies and be the moderator for Notre Dame's FBLA. Bachelor's Degree in Secondary Education with an emphasis in Social Studies is preferred.

Interested candidates should send their resume, cover letter, and list of references to paulunterreiner@notredamecape.org by March 8, 2024. View full job posting online at: www.notredamehighschool.org/jobopenings/.

St. Augustine School, Kelso, is seeking a 5th Grade Teacher for the 2024-2025 school year. This is a full-time position. Candidate must be a certified teacher. For more information, please contact the school office at 573-264-4644 or khendricks@stakelso.eduk12.net.

Salad for the Fathers

This Food for the Fathers ministry is being changed for Lent! Once a week, "Salad for the Fathers" supplies a large lettuce salad (chef salad, cobb salad, fresh spinach salad, garden salad, etc.) to Father Rick, Father John, and Seminarian Daniel. This is in appreciation for the time and service they give to the parish family. It's a small way to say thank you and provide refreshment and retreat. If you would like to assist with this ministry, please use the QR code or sign up at <https://signup.com/go/asyQDwa>. Please deliver your meal (dinner rolls are okay but no desserts please) to the rectory at 741 N. Forest Avenue between 5:00 - 6:00 p.m. If you have questions, contact Beverly at the parish office by calling 335-7667, Monday - Friday, 8:00 a.m. - 4:30 p.m.

Thank you for sharing your time, talent, and harvest!



Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please feel free to contact parish office staff anytime during regular office hours, Monday - Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish.org or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Street Address _____

City/State/Zip _____

Phone _____ Email _____

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.
☐ I have been attending St. Vincent Parish and would like to register as a member.
☐ Please change my address to the one shown above.
☐ I would like to sign up for Faith Direct.
☐ I would like to learn more about the Catholic faith.
☐ I would like to register my child/children for Parish School of Religion.

This Week at Home

Faith and Humility

Monday, March 4

When Jesus is asked to perform signs in his hometown as he did in other places, he refuses, saying, “No prophet is accepted in his own native place.” Jesus accepted that his former neighbors would not believe and so did not seek to prove himself. Sometimes we face humbling situations; we, too, do not need to prove ourselves. It is necessary only to accept that all we have is by the grace of God. *Today’s readings: 2 Kings 5:1-15ab; Psalm 42:2-3; 43: 3-4; Luke 4:24-30.*

Love and Kindness

Tuesday, March 5

In today’s Gospel, Jesus tells Peter that he must forgive another “not seven times but seventy-seven times.” From that instruction, we may ascertain that we are to forgive over and over again. Such forgiveness is an act of kindness, one which any of us would hope to receive after our own transgression. When wronged, we have an opportunity to create enmity or to nurture love. Who needs your forgiveness? From whom do you need to request forgiveness? *Today’s readings: Daniel 3:25, 34-43; Psalm 25:4-5ab, 6, 7bc, 8-9; Matthew 18:21-35.*

Praise the Lord

Wednesday, March 6

“Praise the Lord, Jerusalem,” we sing today in the refrain for Psalm 147. In recognizing all that God has done, the psalm is a reminder that prayers of praise should be part of our prayer life. During these remaining weeks of Lent, schedule a time at the end of the day to recall the ways that God has blessed you. Compose your own prayer of praise and thanksgiving. You might include today’s refrain in your prayer. *Today’s readings: Deuteronomy 4:1, 5-9; Psalm 147:12-13, 15-16, 19-20; Matthew 5:17-19.*

Soften Your Heart

Thursday, March 7

In the reading from Jeremiah, the Lord speaks of how his people have ignored his voice and his commands. The Lord tells the prophets: “But they obeyed not, nor did they pay heed. They walked in the hardness of their hearts.” Hardened hearts are still noticed, as people are concerned with many things. Efforts can be made to soften hearts. Today, tell someone that God loves him or her, and that you do too. Do not expect a response. *Today’s readings: Jeremiah 7:23-28; Psalm 95:1-2, 6-7, 8-9; Luke 11:14-23.*

Listen with Your Heart

Friday, March 8

Sometimes we ask questions when we already know the answer. Are we hoping for a different answer from what we know is from God? The third week of Lent is winding down. Have you committed to a process of transformation? Have you set aside time for discernment and reflection? As the Lenten season continues, take courage and listen with your heart. *Today’s readings: Hosea 14:2-10; Psalm 81:6c-8a, 8bc-9, 10-11ab, 14, 17; Mark 12:28-34.*

Spring Cleaning

Saturday, March 9

The phrase “Practice makes perfect” is kept in mind while seeking to improve performance. In today’s readings, we hear that God desires our love and mercy, not our sacrifice. Each season of the liturgical year is a new opportunity to grow in our love for God and others and to learn to be generous with our mercy. Lent’s emphasis on penitence and baptism is an invitation to discard what keeps us from God and bring to the fore those practices that conform us to the promises of our baptism. Some might call this an interior spring cleaning. *Today’s readings: Hosea 6:1-6; Psalm 51:3-4, 18-19, 20-21ab; Luke 18:9-14.*

Sunday, March 3

Renewed Temples

Today’s readings: Exodus 20:1-17; Psalm 19:8, 9, 10, 11; 1 Corinthians 1:22-25; John 2:13-25. Lent is a time for interior and exterior cleansing. Jesus was outraged when he saw what was taking place in the temple. The moneychangers failed to show reverence for the house of God when they used it as a marketplace. While some could not understand Jesus’ overturning of the moneychangers’ tables, the disciples recalled the words of Scripture, “Zeal for your house will consume me.” Jesus’ reaction to the sales in the temple make it apparent that such zeal was missing from others.

In baptism, we become a temple of the Holy Spirit. Our consideration of Christ’s care for the temple in Jerusalem is an opportunity to reflect on how we care for all human beings, who are made in the image and likeness of God. Do we treat them with the dignity that a child of God deserves, remembering each person is sacred?

Just as you show concern for others, you need to care for yourself. How do you care for your interior life? Do you seek reconciliation with God through the sacrament of penance? Do you take to heart that God’s mercy is for you as well as for others? In the remaining weeks of Lent, be especially attentive to the words of the penitential act. During this part of the Mass, the faithful may pray the Confiteor, after which the priest calls on God’s mercy. The other option is for the faithful to pray the Kyrie, saying, “Lord, have mercy / Christ have mercy” to the priest’s invocations. Seeking mercy, our zeal for God is apparent.

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