



St. Vincent de Paul Catholic Church

**First Sunday of Lent
March 9, 2025**

Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality
Service • Worship

Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00 a.m., 10:00 a.m.,
3:00 p.m. (Spanish/English)

Weekday Masses

Monday 6:30 a.m.
Tuesday 6:30 a.m.
Wednesday 6:30 a.m., 5:15 p.m.
Thursday 6:30 a.m., 8:00 a.m.
Friday 6:30 a.m. 8:00 a.m.
First Friday 8:00 a.m.
Saturday 6:30 a.m.

Confessions

First Friday of the month 12:00 noon
Saturday 3:30 - 4:30 p.m.
or by appointment

Parish Office Hours

Monday - Friday
8:00 a.m. - 4:30 p.m.

The Church in Central and Eastern Europe

The second collection today will be taken up for the Church in Central and Eastern. This collection supports the Church in more than 25 countries still struggling to recover from former Communist rule. It also aids communities throughout the region that are affected by the war in Ukraine. Funds support pastoral care, catechesis, renovations, and seminary formation. Your contribution restores the Church and builds the future of this region. Please prayerfully consider how you can support this collection. Donation envelopes are available in your monthly envelope packet or you may donate through Faith Direct.



Taizé Prayer Service

Taizé, a meditative prayer service, will be held **Sunday, March 9, at 6:30 p.m.** in the Church. Enjoy an evening of simple chants, a variety of musical instruments, prayer, candlelight, scripture, silence, and peace ... everything your heart needs during this Lenten season. All are welcome!



For more information about the Parish Capital Campaign, please see the display on the television screen in the gathering area! You may also use this QR Code to review the progress through the St. Vincent de Paul Parish website.

1913 Ritter Drive • Cape Girardeau, Missouri 63701
573-335-7667 • Fax 573-335-0034 • www.svcape.com
Serving the Catholic Community since April 9, 1836

• **Mass Intentions** •

Monday, March 10

6:30 am John Moore Family (living)

Tuesday, March 11

6:30 am Bob Phalen (living)

Wednesday, March 12

6:30 am Glen Grojean ☩

5:15 pm Bernard Sander Sr. ☩

Thursday, March 13

6:30 am Emerich and Caroline Kreher ☩

8:00 am NO MASS

Friday, March 14

6:30 am Walter Westrich ☩

8:00 am NO MASS

Saturday, March 15

6:30 am Sheila Ryan Family (living)

5:00 pm St. Vincent de Paul Parish Family

Sunday, March 16 Second Sunday of Lent

8:00 am Dorothy Jany Kerkhover ☩

10:00 am Dennis Thorn ☩

3:00 pm Poor Souls in Purgatory ☩
(Bilingual)

• **Prayer Requests** •

Please remember **Diana Stotler**, the sick, the hospitalized, and those who care for them. Pray also for homebound St. Vincent parishioners.

**Stations of the Cross
A Beautiful Tradition**

The Stations of the Cross are images of stories about the passion and death of Jesus Christ. Most of the stories which make up the Stations were drawn from Scripture, and others, such as Saint Veronica wiping the face of Jesus, were taken from tradition. The route traditionally held to have been taken by Jesus to his death at Calvary (Golgotha) in Jerusalem is called the Via Dolorosa or the Sorrowful Way. The Stations were erected in local churches as a way of bringing this prayerful experience to those who could not travel to Jerusalem.

Stations of the Cross are celebrated in the church every Friday during Lent at 5:00 in Spanish and at 6:15 p.m. in English. Stations are also celebrated by the school on some Wednesday afternoons at 2:00 p.m. Please join in this devotional prayer and make it a part of your Lenten journey.



Today's first reading describes the offering of first fruits the people of Israel were to present to the Lord in thanksgiving for their deliverance from Egypt and the gift of the promised land. Is my offering at today's Mass an appropriate response to the many blessings the Lord has given me?



**HOW WILL YOU DO
LENT 2025?**

**Ash Wednesday - March 5
Easter - April 20**

Prayer. Fasting. Almsgiving

10 IDEAS to boost your PRAYER time this Lent

- Use our parish Lenten Reflection Booklet
- Join *LentPray40: The Way on the Hallow* prayer app
- Join BESTLENTEVER @ dynamiccatholic.com
- Start *Rosary in a Year* podcast
- Listen and pray using *The God Minute* podcast
- Do an online Lenten retreat @ praymorenovenas.com
- Attend the parish Taize prayer service
- Attend Wednesday 3pm *Divine Mercy Hour* at St. Vincent
- Attend a daily Mass sometime during the week
- Attend Stations of the Cross on Friday evenings

A Lenten Opportunity

Beatitude Boxes and Bags

*Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.*

MATTHEW 5:6

During the season of Lent, the parishioners of St. Vincent are invited to collect food and paper items for distribution to the needy. **Beatitude Boxes** will be filled with specific food items and **Beatitude Bags** will be filled with specific paper products. Tags are posted on the bulletin board in the gathering area. Some tags will list all items in the box (approximate cost \$30-\$35) and all items in the bag (approximate cost \$12-\$15). Other tags list some of the items in the box or bag. You are invited to take one or more tags and purchase the requested items. **Return the items to the designated boxes in the gathering area no later than April 18.** Boxes and bags will then be filled and given to the needy in the local community.

If you need help carrying your donations into the church, bring your items to Mass on the weekend of March 22-23. Parish youth will be available to assist you.

May They Rest in Peace

Sympathy is extended to the families of:

John Yallaly, father of Kathy Coffman; and

Tracie Sander, wife of Tim Sander, daughter of Quentin and Carolyn Stroder.

*May they and all the souls of the faithful departed,
through the mercy of God, rest in peace.*



Strengthening Parish Life

Thank you to everyone who has supported and prayed for *Extending the Mission ... Building on the Cornerstone of Christ*. This campaign will bring us closer together and establish a more vibrant faith community.

One dimension of our relationship with Jesus Christ is coming to an awareness that all we are and all we have is from the Lord. We are called upon to be good stewards of the gifts that God has entrusted to our care. Stewardship is becoming partners in God's work on earth.

We are accountable for the proper management of our faith and spiritual gifts, our time, and the activities we pursue, our body and its mental and physical health, our talents, and the vocation to which we have been called, our finances and all the possessions we have accumulated, our relationships with family, friends, and community.

In each of our lives, the gifts of others have been extremely significant. Today, we accept the challenge to share and respond to our faith by building a new faith formation building and remodeling our sanctuary.

For those who have yet to receive a visit or who are thinking about an appropriate level of commitment to this remarkable effort, we ask that you give prayerful consideration to what *Extending the Mission ... Building on the Cornerstone of Christ* is about, and what it will mean for the future of our parish and Church. Your participation will help to make our parish campaign a success.



Number of Pledges: 231

Total Dollars Raised: \$6,321,350

Percent Towards Minimum Target: 90%



Guidelines for Fasting/Abstinence during Lent

Abstinence is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence. **Fasting** is to be observed on Ash Wednesday and Good Friday for ages 18 - 59 (inclusive). The Church defines fasting as one meal a day, and two smaller meals which if added together would not exceed the main meal, as well as no eating between meals.

Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial suitable to their condition.

• The Week Ahead •

Monday, March 10

7:15 am St. Vincent de Paul Society

Tuesday, March 11

10:00 am Communion Service at Heartland

1:30 pm Budget Committee

6:00 pm Tuesday Evening Bible Study

Wednesday, March 12

8:00 am Ugly Quilts

9:00 am Wednesday Morning Bible Study

9:00 am Mass at Veteran's Home

3:00 pm Divine Mercy Holy Hour

6:00 pm Parish School of Religion

Thursday, March 13

9:00 am Maxine's Shareable Wearables
(9:00 - 11:00 am)

9:00 am Thursday Women's Bible Study

1:00 pm Thursday Afternoon Bible Study

5:30 pm Centering Prayer

6:30 pm Parish Pastoral Council

Friday, March 14

12:00 pm Reconciliation

4:30 pm Fish Fry

5:00 pm Stations of the Cross (Spanish)

6:15 pm Stations of the Cross (English)

6:45 pm Reconciliation

Saturday, March 15

9:00 am Maxine's Shareable Wearables
(9:00 am - 12:00 noon)

3:30 pm Reconciliation

6:00 pm St. Raphael Prayer Ministry

Sunday, March 16

Prayer Ministry after Masses

10:00 am Children's Liturgy



Readings - March 16, 2025

Genesis 15:5-12, 17-18

Philippians 3:17-4:1

Luke 9:28b-36

Collection - March 2, 2025

Collection	\$ 26,421.25
E-Tithing	\$ 22,293.00
Total	\$ 48,714.25
Weekly Budget	\$ 35,000.00
Difference (7-1-24 to 3-2-25)	\$ 55,092.97

*Thank you for being good
stewards of God's gifts!*

• **Contact Information** •

Parish Office

contactus@svparish.com / 573-335-7667

Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

Father Vineesh Jose Tharayil, OSB, PhD

Associate Pastor
Vineesh@diosc.org / 573-335-7667

Deacon Robbie Huff

Superintendent of Schools /Diocesan Chancellor
Diocese of Springfield-Cape Girardeau
rhuff@diosc.org / 573-335-7667

Deacon Mark Kiblinger

Coordinator of Stewardship and OCIA
mkiblinger@svparish.com / 573-335-7667

Deacon Tony Peters

Manager, Mission Integration, Saint Francis Healthcare
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Deacon Thomas Schumer

Director of CCM, SEMO University
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Gail Overbey, Mass Scheduler

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Rice Bowl 2025

Catholic Relief Services (CRS) is celebrating its 50th year of funding hunger and poverty alleviation efforts around the world. The program, which is supported by more than 12,000 Catholic parishes and schools across the United States, has raised more than \$350 million since its inception.



“For half a century, CRS Rice Bowl has been a pillar of our work,” said Sean Callahan, CRS president and CEO. “It has given hope to millions of our sisters and brothers experiencing hunger. We are humbled by the generous support that Catholics across the United States have shown for CRS Rice Bowl and for their global family.”

In celebration of CRS Rice Bowl’s 50th anniversary, supporters are invited to join in prayer and reflection throughout the Season of Lent. Everyone is also invited to visit crsricebowl.org and share a Lenten prayer intention on the interactive USA map.

When you donate to CRS Rice Bowl, you are sharing your life and your abundance with the global family in need. Please return your Rice Bowl to Church on Good Friday.

Join in solidarity with the Worldwide Faith Community by sharing a meal. Ideas for meals are here: www.crsricebowl.org/recipe.

Attention: Catholic Men

You are invited to the Southeast Missouri

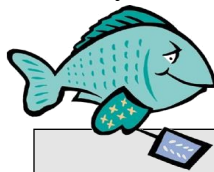


Monday, March 10, 2025 • 6:30 - 9:00 p.m.
St. Augustine, Kelso, Missouri

An evening of Adoration, Confession, and a Manly Meal with discussion
To plan for food, please RSVP to SEMOCatholicManNight@gmail.com,
or “SEMO Catholic Man Night” on Facebook or text 573-275-5214.

Lenten Fish Fry

The St. Vincent de Paul Men’s Association will sponsor a Catfish Dinner each Friday during Lent from 4:30 - 7:00 p.m. The family friendly meal includes fresh American pond raised catfish, “Todt secret recipe cole slaw,” “Koehler famous hush puppies,” side dishes, dessert and drink. Tickets are \$13 for adults, \$7 for students. Carryouts are available.



Fish Dinner Desserts

Each week during Lent, the Circle Leaders of the Women’s Council will contact parishioners to donate desserts for the Friday Fish Dinner. If you have never been called and would like to bring a dessert on Friday, March 14, please contact one of the following: Dotty Wenczewicz (573-579-7260), Arlene Schnurbusch (573-339-7933), or Judy McGuire(812-236-1755).



IS CATHERINE’S CUPBOARD ON YOUR GROCERY LIST?



Youth Ministry Upcoming Events -March 2025-



Faith & Floats



Sunday March 9th, 2025

**@ St. Mary Cathedral, Cape Girardeau, MO
(Huel's Room)**

Guest Speaker: Fr. Jesse Hiatt

6:00 - 7:20 - Grades 6-8
7:30 - 8:50 - Grades 9-12

Questions?

Contact your Parish Youth Minister



RSVP Here

March 2:42 Youth Night

Teen Guided Parish Stations,
Pizza, & Game Night

**Friday March 14
@ 5:45 pm**

We will meet in the Upper Meeting Room @ 6 pm.

Teens will lead the Parish Stations in the church @ 6:15.

Following Stations we will head to the Old Convent for Pizza & a game night.

Teen pick-up will be at the Old Convent @ 8:30.



RSVP Here

Questions? Reach out to Tiff @ stvcapeyouth@gmail.com

Scan the code on each image for more information & to sign up.

Ora et Labora Pray & Work Service Day

Youth in grades 6-12
Join us to help with

Beatitude Boxes/Bags

Sat Mar 22 & Sun Mar 23



Before & After each Mass on the weekend of March 22-23. Youth will assist parishioners in dropping off donations for the Beatitude Boxes/Bags and then help with the sorting/stocking of the items after Mass.

Scan to Sign up to help!



Questions? Email Tiff @ stvcapeyouth@gmail.com



SATURDAY MORNING SIPS WITH SISTERS

All female teens in grades 8-12 are invited to join us for casual conversations with Religious Sisters.

**SATURDAY MARCH 22, 2025
8:30 AM @ THE OLD CONVENT
(DOORS OPEN @ 8:00 AM)**

Questions? Contact Tiff @ stvcapeyouth@gmail.com

RSVP here



April 17 - Holy Thursday 7 Church Pilgrimage

April 26 - StV 2:42 Youth Night



All married couples and religious who previously took part in a **Worldwide Marriage Encounter** weekend are invited to a community meeting on the **second Sunday of each month from 2:00 - 4:00 p.m.** at the KC Hall, 316 S. Spanish. If planning to attend, please RSVP to Alicia Schumer at 573-225-8776.

Worldwide Marriage Encounter presents weekend experiences for married couples to rekindle romance, enhance meaningful communication, and deepen and renew commitment. Sign up now as space is limited. For more information or to apply, go to wwme.org, or call Terry and Eric Engholm at 314-649-7317. Upcoming dates include ...

- **April 4 - 6, 2025**
St. Peter's, Missouri
- **June 13 - 15, 2025**
St. Peter's, Missouri
- **August 1 - 3, 2025**
Drury Plaza
Cape Girardeau, Missouri

(Local World Marriage Encounter location)



Congratulations to ...

Keith and Beverly Kluesner
as they celebrate their
35th wedding anniversary.



*Please continue to pray
for all married couples and
those preparing for marriage.*

Reconciliation During Lent

"Turn away from sin and be faithful to the Gospel!" These are the words heard on Ash Wednesday when ashes are marked on each person's forehead. During these days of Lent, the Sacrament of Reconciliation will be offered at various times. Take advantage of these blessed encounters with the Forgiving Father!

- Every Friday from 12:00 - 12:30 p.m. and 6:45 - 7:15 p.m.
- Every Saturday from 3:30 - 4:30 p.m.

You may also make an appointment if these times are not good for you.



40 HOURS ADORATION

Begins: Sunday, March 23 @ 4:00 pm
Ends: Tuesday, March 25 @ 6:30 am

Join us as we embark on a powerful journey of prayer. This beautiful devotion involves continuous prayer and adoration before the Blessed Sacrament for 40 hours, recalling the time Christ spent in the tomb. It is an opportunity to deepen our relationship with Jesus, offer Him our petitions, and pray for our parish and the world. Let's prepare our hearts for this time of grace!

We need at least 1 person to spend time with Jesus for each of the 40 hours. We would love to have more than one.

**Sign up, by scanning the code
or calling the Parish Office @ 573-335-7667.**



Baptismal Prep

Parents and godparents are required to attend a baptismal preparation class before a child is baptized in the Catholic faith. The next class is scheduled for **Sunday, March 23, 2025, at 4:30 p.m.** and will be held in the lower meeting room of Church. Contact the parish office to register and complete a baptismal registration form.



FAITH & FELLOWSHIP CHAT

The Faith & Fellowship Chat is a network for senior citizens, home bound parishioners, and those parishioners who just want a friend, to connect with someone from the St. Vincent de Paul Church community.

WHAT IT IS:

- Exchange phone calls with members of St. Vincent de Paul Parish
- Meet someone new
- Talk, chat, share family updates, share recipes, pray together, etc.
- Phone calls only — no outings (unless agreed upon by both parties)
- Men and women are invited to join

WHAT IT IS NOT:

- This is not a dating service
- This platform is not manned by professionals; no therapy is provided
- NO politics, please!



SIGN UP TODAY!

Scan the QR Code,
Visit <https://forms.gle/yceEzHKYTBTW3XyD6> or
call the Parish Office at 573-335-7667.

After you sign-up, you will be contacted by a member of the **FAITH & FELLOWSHIP CHAT** with more information!

Come and enjoy a
White House Jesuit Retreat
 on the bluffs overlooking the Mississippi River
 7400 Christopher Drive • St. Louis, Missouri

April 24 - 27, 2025

Men with the "Old St. Vincent Group" have been enjoying this annual Ignatius 3-day interaction with Christ since the 1940's

For more information, visit whretreat.org or contact Tony Buehrle at 573-979-5013 / tdbuehrle@gmail.com

Job Opportunities

St. Vincent de Paul School is currently accepting applications for a **Fifth Grade Teacher**. The candidate should have a current Missouri teaching certificate. Preference will be given to practicing Catholics. Interested candidates may contact Kay Glastetter, kglastetter@svcape.eduk12.net, or call the school office at 573-334-9594.

St. Vincent de Paul School is currently accepting applications for an **Art Teacher**. The candidate should have a current Missouri teaching certificate. Preference will be given to practicing Catholics. Interested candidates may contact Kay Glastetter, kglastetter@svcape.eduk12.net, or call the school office at 573-334-9594.

St. Vincent de Paul School is currently accepting applications for a part-time **Technology Teacher**. The candidate should have a current Missouri teaching certificate. Preference will be given to practicing Catholics. Interested candidates may contact Kay Glastetter, kglastetter@svcape.eduk12.net, or call the school office at 573-334-9594.

Immaculate Conception School, Jackson, is currently seeking a **Principal** for the 2025-2026 school year. If you are interested or know someone who is, please contact Fr. Randy Tochtrop at pastor@icjacksonmo.com or 573-243-3182. The deadline to apply is March 15, 2025.

Vincent's Vittles

The next Vincent's Vittles meal will be held on **Saturday, March 29**, and will be hosted by the Parish School of Religion. Plan to attend and invite a friend! Individuals and groups are welcome to participate in this rewarding ministry. Please contact Deacon Mark if interested!

• Upcoming Events •

Fish, Chicken, Shrimp Dinner
March 14, 21, 28,
April 4, and 11
 4:30 - 7:00 p.m.

Knights of Columbus Hall
 28754 Highway 61
 Scott City, Missouri
 Adults \$15 • 6-12 \$8 • Under 6 free
 Dine in or carryout
*Chicken, catfish, shrimp, slaw,
 baked beans, potato wedges,
 mac and cheese, hush puppies*

Lenten Fish Fry
Every Friday during Lent
 Lunch 11:00 a.m. - 1:00 p.m.
 \$10

Dinner 4:30 - 7:00 p.m.
 Adults \$13 • 6-12 \$6 • Under 6 free
 Dine in or carryout

Knights of Columbus Hall
 318 S. Spanish Street
 Cape Girardeau, Missouri

St. Patrick Celebration
Sunday, March 16, 2025
4:30 p.m.

Knights of Columbus Hall
 318 S. Spanish

Irish Entertainment
Corned Beef and Cabbage Dinner
 \$35/person

Reservation deadline - March 9
 Contact:

Carolyn McCrate Hajduk 573-200-0779
 Beth Mueller 573-335-6285

Mail to Mark Mueller
1064 Wolf Lane, Cape Gir., MO 63701

Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please feel free to contact parish office staff anytime during regular office hours, Monday - Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 573-335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Address _____

Email _____ Phone _____

- | | |
|---|---|
| <input type="checkbox"/> I am new to Cape Girardeau. | <input type="checkbox"/> I am new to St. Vincent de Paul Parish. |
| <input type="checkbox"/> I have been attending St. Vincent Parish and would like to register as a member. | <input type="checkbox"/> I would like to sign up for Faith Direct. |
| <input type="checkbox"/> I would like to learn more about the Catholic faith. | <input type="checkbox"/> Please change my address to the one shown above. |

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