



# St. Vincent de Paul Catholic Church

Fourteenth Sunday in Ordinary Time  
July 6, 2025

## Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

## Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

## Core Values

Discipleship • Hospitality  
Service • Worship



We will resume our parish capital campaign, *Extending the Mission ... Building on the Cornerstone of Christ*, in mid-July. The funds will be used for a multi-faceted campaign with four primary campaign priorities:

1. Enhance, beautify and bring noble simplicity to our Church Sanctuary and Worship Space.
2. Significantly expand and modernize our church Gathering Space.
3. Transform Old Notre Dame (DePaul Center) into a vibrant multiuse Parish Family Center.
4. Remove all non-school activities from the Parish Grade School, to create a dedicated, safe and secure environment for education.

Over the next few months, we will be contacting the remaining households in our parish. Due to the large size of our parish, we are taking a broader approach. We will have several gatherings at church to share the vision for building our future. At the gatherings there will be a short presentation, and you will receive your personal request letter.

The dates will be shared in the bulletin. We look forward to seeing you.

*Extending the Mission ... Building on the Cornerstone of Christ* supports us in welcoming all disciples, engaging our youth, encouraging one another in sharing of ourselves and our resources, and living the Gospel in our lives. Equally significant to financial growth, is that every parishioner at St. Vincent de Paul Parish has the opportunity to participate in the campaign and play a part in this important initiative and to benefit from its success. We believe in this final stage of our campaign we will unite all our parishioners around the same goal.

We are excited and blessed to announce that, due to the generosity of 437 parishioners, we currently have raised \$7,573,234 in pledges.

~ Father Rick

THE HARVEST IS ABUNDANT BUT THE LABORERS ARE FEW,  
SO ASK THE MASTER OF THE HARVEST  
TO SEND OUT LABORERS FOR HIS HARVEST LUKE 10:2



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*Serving the Catholic Community since April 9, 1836*

## • Mass Intentions •

### Monday, July 7

6:30 am Larry Jansen ☩

### Tuesday, July 8

6:30 am Cathy Riser (living)

### Wednesday, July 9

St. Augustine Zhao Rong and Companions

6:30 am Eleanor Rose March ☩

5:15 pm Donald Koehler ☩

### Thursday, July 10

6:30 am Tony and Joyce Kreher ☩

### Friday, July 11

St. Benedict

6:30 am Leighton Motley (living)

### Saturday, July 12

6:30 am Michael Clark ☩

5:00 pm St. Vincent de Paul Parish Family

### Sunday, July 13

Fifteenth Sunday in Ordinary Time

8:00 am Dorothy Wibbenmeyer ☩

10:00 am Living and Deceased Members  
of the Tony Biondini Family

3:00 pm Sue Hansen (living)  
(Bilingual)

## • Prayer Requests •

Please remember the sick, the hospitalized, and those who care for them. Pray also for homebound St. Vincent parishioners.

## Vincent's Vittles

Many thanks to the **St. Vincent de Paul Parish Pastoral Council** who hosted Vincent's Vittles in June. Approximately 150 members of the Cape Girardeau community and St. Vincent parishioners enjoyed a delicious meal. Thank you to all who help support this monthly service to the community. The next Vincent's Vittles meal will be served on **July 26** and will be hosted by the St. Vincent de Paul Council of Catholic Women. Plan to attend and invite a friend!



## No "Take Back Sunday"

Normally, "Take Back Sunday" happens on the first Sunday of the month. Because it is a holiday weekend, the meal will not take place this Sunday. Instead everyone is invited to enjoy a meal with their families and then gather together to pray the Rosary. "Take Back Sunday" will resume next month on Sunday, August 3, at 6:00 p.m. in the lower meeting room. For more info, call the parish office at 573-335-7667.

*The harvest is rich," Jesus tells the seventy-two in today's Gospel, "but the workers are few." The situation is the same today. How can I help with God's harvest? Am I called into the field? Am I one who could provide food or shelter or wages to those who toil in the fields of the Lord?*

## Young Adult Night

All young adults, aged 22-35, are invited to an evening of prayer and community on Friday, July 11, in Cape Girardeau! Mass will be celebrated at 6:00 p.m. at St. Mary Cathedral. After Mass, there will be a relaxed evening of food, games, and fellowship at a nearby home (address shared upon RSVP). Please RSVP for a food count by Monday, July 7, to [rhearnes@gmail.com](mailto:rhearnes@gmail.com).

## Attention: Catholic Men

You are invited to the Southeast Missouri



Thursday, July 17, 2025 • 6:30 - 9:00 p.m.

St. Vincent de Paul Parish • Cape Girardeau, Missouri

An evening of Adoration, Confession, and a Manly Meal with discussion  
To plan for food, please RSVP to [SEMOCatholicManNight@gmail.com](mailto:SEMOCatholicManNight@gmail.com),  
or "SEMO Catholic Man Night" on Facebook or text 573-275-5214.

*Bring your sons!*

## Baptismal Prep

Parents and godparents are required to attend a baptismal preparation class before a child is baptized in the Catholic faith. The next class is scheduled for **Sunday, July 20, 2025, at 4:30 p.m.** and will be held in the upper meeting room of Church. Contact the parish office to register and complete a baptismal registration form.

## Confirmation Retreat

As part of the preparation for the Sacrament of Confirmation, Confirmation Candidates need to participate in one of the 2 retreat options taking place here at St. Vincent.

The retreat will consist of a Friday evening and all day on Saturday, with the teen going home for the night.

Choose the retreat dates that works best for you and your sponsor and RSVP by scanning the QR code or by calling the parish office at 573-335-7667.

**Jul 25-26**

Fri 6:00 pm - 9:00 pm  
Sat 8:30 am - 3:00 pm

**Sept 19-20**

Fri 6:00 pm - 9:00 pm  
Sat 8:30 am - 3:00 pm

RSVP  
Here



If you have questions, feel free to email Father Rick at [stvcapepadre@gmail.com](mailto:stvcapepadre@gmail.com) or Tiff @ [stvcapeyouth@gmail.com](mailto:stvcapeyouth@gmail.com).

**The Sacrament of Confirmation is scheduled for the  
5:00 p.m. Mass on Saturday, February 28, 2026.**

## Attention Married Couples

All married couples and religious who previously took part in a **Worldwide Marriage Encounter** weekend are invited to a community meeting on the **second Sunday of each month from 2:00 - 4:00 p.m.** at the KC Hall, 316 S. Spanish Street, Cape Girardeau. If planning to attend, RSVP to Alicia Schumer at 573-225-8776.

Renew your Sacrament, deepen your communication, strengthen your relationship, and rekindle your romance by attending a **Worldwide Marriage Encounter Experience** this year! Sign up now as space is limited. For more info or to apply, go to [www.me.org](http://www.me.org), or call Terry and Eric Engholm at 314-649-7317. Upcoming dates include ...

• **August 1 - 3, 2025, Drury Plaza, Cape Girardeau**

(Local Marriage Encounter location)

• **October 10 - 12, 2025, Springfield, Illinois**

• **December 5 - 7, 2025, St. Peter's, Missouri**

PLEASE  
NOTE

## St. Vincent Night at Cape Splash Aquatic Center

Friday, August 8, 2025 • 6:30 - 8:30 p.m.

**Free Admission!!! All parishioners are welcome!!!**



## Diocesan Development Fund Update

The Diocesan Development Fund Campaign (DDF) is the annual campaign for the Diocese of Springfield-Cape Girardeau. This effort is conducted in every parish of the diocese to help finance the activities and ministries of the Catholic Church in southern Missouri.

As a member of the Diocese, you should have received a pledge card in the mail. If you have not already done so, please complete and return your pledge card today. Additional cards may be found in the gathering area. For online donations to DDF, simply go to <https://dioscg.org/ddf-2025/> or use the QR code. Transactions are totally secure.



To date St. Vincent parishioners have given \$269,475 toward the financial goal of \$300,000 (89.8%). As for the donor goal of 600 families, there have been 385 families who have made a pledge (64.2%). Thanks!



Total amount pledged .....	<b>\$7,573,234</b>
Percentage toward minimum target .....	<b>108%</b>
Number of families who have pledged .....	<b>437</b>
Participation rate of those requested to pledge .....	<b>89%</b>
Number of registered families in parish .....	<b>1,622</b>
Percentage of registered families who have pledged .....	<b>27%</b>
Funds on hand needed to begin construction .....	<b>\$3,500,000</b>
Total amount of funds collected/deposited in bank .....	<b>\$3,275,000</b>
Percentage needed to begin construction .....	<b>94%</b>

## • The Week Ahead •

**Monday, July 7**

**Tuesday, July 8**

6:00 pm Junior High Girls Bible Study

**Wednesday, July 9**

8:00 am Ugly Quilts

9:00 am Mass at Veterans' Home

3:00 pm Divine Mercy Holy Hour

**Thursday, July 10**

9:00 am Maxine's Shareable Wearables  
(9:00 - 11:00 am)

5:30 pm Centering Prayer

6:00 pm Junior High Girls Bible Study

**Friday, July 11**

**Saturday, July 12**

9:00 am Maxine's Shareable Wearables  
(9:00 am - 12:00 noon)

3:30 pm Reconciliation

**Sunday, July 13**

**The school office will be open  
from 9:00 a.m. - 1:00 p.m.**

**Monday - Friday, July 7 - 11.**

**If you need to contact the school,  
please call 573-334-9594 or email  
svsoffice@svcape.eduk12.net.**

**The parish office will be closed  
Thursday, July 10.**

## Readings - July 13, 2025

Deuteronomy 30:10-14 • Colossians 1:15-20  
Luke 10:25-37

## July 2024 - June 2025

Collection	\$ 1,053,288.91
E-Tithing	\$ 767,155.44
Total	\$ 1,820,444.35
Budget	\$ 1,820,000.00
Difference	\$ 444.35

## Collection - June 29, 2025

Collection	\$ 17,270.00
E-Tithing	\$ 302.00
Total	\$ 17,572.00
Weekly Budget	\$ 35,000.00
Difference (7-1-24 to 6-29-25)	\$ 444.35

**Thank you for being good  
stewards of God's gifts!**



## • Contact Information •

### Parish Office

contactus@svparish.com / 573-335-7667

### Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

### Deacon Robbie Huff

Superintendent of Schools / Diocesan Chancellor  
Diocese of Springfield-Cape Girardeau  
rhuff@dioscg.org / 573-335-7667

### Deacon Mark Kiblinger

Coordinator of Stewardship and OCIA  
mkiblinger@svparish.com / 573-335-7667

### Deacon Tony Peters

Manager, Mission Integration, Saint Francis Healthcare  
tpeters@svparish.com / 573-335-7667

### Deacon Thomas Schumer

Director of CCM, SEMO University  
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### Jeffrey Lloyd, Maintenance Supervisor

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### Cheryl Oberhaus, Director of Parish Finance

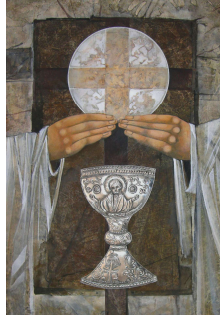
coberhaus@svparish.com / 573-335-7667

### Gail Overbey, Mass Scheduler

goverbey@svparish.com / 573-335-7667

*Having recently celebrated the Feast of Corpus Christi last Sunday, it is appropriate to remind ourselves of the importance of **how** we receive the Body and Blood of Christ in Holy Communion. The following article comes from the United States Conference of Catholic Bishops' website.*

## The Reception of Holy Communion at Mass



The Church understands the Communion Procession, in fact every procession in liturgy, as a sign of the pilgrim Church, the body of those who believe in Christ, on their way to the Heavenly Jerusalem. All our lives we who believe in Christ are moving in time toward that moment when we will be taken by death from this world and enter into the joy of the Lord in the eternal Kingdom he has prepared for us. The liturgical assembly of the baptized that comes together for the celebration of the Eucharist is a witness to, a manifestation of, the pilgrim Church. When we move in procession, particularly the procession to receive the Body and Blood of Christ in Communion, we are a sign, a symbol of that pilgrim Church "on the way."

For some, however, the experience of the Communion Procession is far more prosaic, analogous perhaps to standing in line in the supermarket or at the motor vehicle bureau. A perception such as this is a dreadfully inaccurate and impoverished understanding of what is a significant religious action. The Communion Procession is an action of the Body of Christ. At Christ's invitation, extended by the priest acting in Christ's person: "Blessed are those called to the supper of the Lamb," the members of the community move forward to share in the sacred meal, to receive the Body and Blood of Christ which is the sign and the source of their unity. In fact, each time we move forward together to receive the Body and Blood of the Lord, we join the countless ranks of all the baptized who have gone before us, our loved ones, the canonized and uncanonized saints down through the ages, who at their time in history formed a part of this mighty stream of believers.

This action by Christ's body, the Church assembled for the Eucharist, is manifested and supported by the Communion Chant, a hymn in praise of Christ sung by the united voices of those who believe in him and share his life. The *General Instruction of the Roman Missal* takes this hymn very seriously, mandating that it should begin at the Communion of the priest and extend until the last person has received Communion.

For some, however, the singing of this hymn is perceived as an intrusion on their own prayer, their private thanksgiving after Communion. In fact, however, this hymn is prayer, the corporate thanksgiving prayer of the members of Christ's Body, united with one another. Over and over again the prayers of the liturgy and the norms of the *General Instruction* emphasize this fundamental concept of the unity of the baptized, stressing that when we come together to participate in the Eucharistic celebration we come, not as individuals, but as united members of Christ's Body. In each of the Eucharistic Prayers, though the petition is worded in slightly different ways, God is asked to send his Holy Spirit to make us one body, one spirit in Christ; the *General Instruction* admonishes the faithful that "they are to form one body, whether in hearing the Word of God, or in taking part in the prayers and in the singing ..." (no. 96). It describes one of the purposes of the opening song of the Mass as to "foster the unity of those who have been gathered" (no. 47), and says of the Communion Chant that "its purpose [is]

*(Continued on next page)*

## Congratulations to ...

*the following parishioners as they celebrate their wedding anniversaries.*

(Noted anniversaries are five year increments and fifty plus years)

### • 5 Years •

**Brett and Bailey Blair**

### • 45 Years •

**Michael and Therese Klipfel**

### • 54 Years •

**Michael and Donna Bell**



*Please continue to pray for all married couples and those preparing for marriage.*

to express the spiritual union of the communicants by means of the unity of their voices, to show gladness of heart, and to bring out more clearly the ‘communitarian’ character of the procession to receive the Eucharist” (no. 86).

It is difficult for some of us to embrace this emphasis on Mass as the action of a community rather than an individual act of my own faith and piety, but it is important that we make every effort to do so. Christ himself at the Last Supper pleaded with his Father: “Holy Father, keep them in your name that you have given me, so that they may be one just as we are... as you, Father, are in me and I in you, that they also may be in us ...” (John 17:11, 21). Baptism has joined us to Christ and to one another as the vine and its branches. The life of Christ, the Holy Spirit, animates each of us individually, and all of us corporately and guides us together in our efforts to become one in Christ.

Finally, the fact that the Communion Procession is a profoundly religious action tells us something about the way in which we should participate in this procession. We are the Body of Christ, moving forward to receive the Christ who makes us one with himself and with one another. Our procession should move with dignity; our bearing should be that of those who know they have been redeemed by Christ and are coming to receive their God!

The *General Instruction* asks each country’s Conference of Bishops to determine the posture to be used for the reception of Communion and the act of reverence to be made by each person as he or she receives Communion. In the United States, the body of Bishops has determined that “[t]he norm ... is that Holy Communion is to be received standing, unless an individual member of the faithful wishes to receive Communion while kneeling” and that a bow is the act of reverence made by those receiving (no. 160). This norm is supported by an Instruction by the Holy See regarding the Eucharist: “In distributing Holy Communion it is to be remembered that ‘sacred ministers may not deny the sacraments to those who seek them in a reasonable manner, are rightly disposed, and are not prohibited by law from receiving them’ (Code of Canon Law, can. 843 § 1; cf. can. 915). Hence any baptized Catholic who is not prevented by law must be admitted to Holy Communion. Therefore, it is not licit to deny Holy Communion to any of Christ’s faithful solely on the grounds, for example, that the person wishes to receive the Eucharist kneeling or standing” (*Redemptionis Sacramentum*, no. 91).

Those who receive Communion may receive either in the hand or on the tongue, and the decision should be that of the individual receiving, not of the person distributing Communion. If Communion is received in the hand, the hands should first of all be clean. If one is right handed the left hand should rest upon the right. The host will then be laid in the palm of the left hand and then taken by the right hand to the mouth. If one is left-handed this is reversed. It is not appropriate to reach out with the fingers and take the host from the person distributing.

The person distributing Communion says audibly to each person approaching, “The Body of Christ.” This formula should not be altered, as it is a proclamation which calls for a response of faith on the part of the one who receives. The communicant should audibly respond, “Amen,” indicating by that response his or her belief that this small wafer of bread, the wine in this chalice are in reality the body and blood of Christ the Lord.

When one receives from the chalice, the appropriate proclamation is made by the person distributing Communion and the Communicant again responds, “Amen.” It should be noted that it is never permissible for a person to dip the host he or she has received into the chalice. If, for some reason, the communicant is not able or willing to drink from the cup then that person should receive only under the form of bread.

It seems appropriate to conclude this reflection on the Communion Procession and the reception of Communion with a quotation from the *Catechism of the Catholic Church*, no. 1396:

***In Baptism we have been called to form but one body. The Eucharist fulfills this call:***

***“The cup of blessing which we bless, is it not a participation in the blood of Christ?***

***The bread which we break, is it not a participation in the body of Christ?***

***Because there is one bread, we who are many are one body, for we all partake of the one bread”***

***(1 Cor 10:16-17).***

***If you are the body and members of Christ, then it is your sacrament that is placed on the table of the Lord; it is your sacrament that you receive. To that which you are you respond “Amen” (“yes, it is true!”) and by responding to it you assent to it. For you hear the words, “the Body of Christ” and respond “Amen.” Be then a member of the Body of Christ that your Amen may be true (St. Augustine, Sermon 272: PL 38, 1247).***

**St. Vincent de Paul Parish School** is currently seeking a **full-time custodian** for the 2025-2026 school year. Hours are 11:00 a.m. - 7:00 p.m. Monday - Friday during the school year. Applicant must complete Virtus training and a background check. To obtain an application or more information, please contact St. Vincent de Paul Parish office at 573-335-7667.

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