



# St. Vincent de Paul Catholic Church

Twenty-fifth Sunday in Ordinary Time  
September 21, 2025

## Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

## Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

## Core Values

Discipleship • Hospitality  
Service • Worship

## Weekend Masses

Saturday 5:00 p.m.  
Sunday 8:00 a.m., 10:00 a.m.,  
3:00 p.m. (Spanish/English)

## Weekday Masses

Monday 6:30 a.m.  
Tuesday 6:30 a.m.  
Wednesday 6:30 a.m., 5:15 p.m.  
Thursday 6:30 a.m., 8:00 a.m.  
Friday 6:30 a.m., 8:00 a.m.  
First Friday 8:00 a.m.  
Saturday 6:30 a.m.

## Confessions

First Friday of the month 12:00 noon  
Saturday 3:30 - 4:30 p.m.  
or by appointment

## Parish Office Hours

Monday - Friday  
8:00 a.m. - 4:30 p.m.

## Vocations Goal Achieved!

In early 2024, Father Rick encouraged St. Vincent parishioners to pray for increased religious vocations from the parish. He set a goal of five vocations.

### We are excited to announce that our prayers are working!

Our prayer efforts have included praying a Vocation Prayer before each Mass, sending the Vocation Crucifixes home with families and individuals. We've also been praying an 11th Hail Mary at the end of each decade of the Rosary for increased vocations from our parish and diocese.

Now, St. Vincent de Paul Parish is proud to announce that five men and women have answered the Call of Jesus to discern a vocation to the priesthood or religious life.

### Who are they?



Mark Buehrle



Jared Koehler



Sister Fatima Rose  
(Jordan Huff)



Jackson Gaeta



Thomas Dittmer

### What's Next?

We're not done yet! Continue to pray for more vocations from our parish and continue to pray for these five individuals.

**God calls each of us to a specific vocation.  
Are you listening?**



1913 Ritter Drive • Cape Girardeau, Missouri 63701  
573-335-7667 • Fax 573-335-0034 • [www.svcape.com](http://www.svcape.com)  
Serving the Catholic Community since April 9, 1836

## • Mass Intentions •

### Monday, September 22

6:30 am Rowena Meyer ☩

### Tuesday, September 23

St. Pius of Pietrelcina

6:30 am Walt Geringer ☩

### Wednesday, September 24

6:30 am Anne Tlapak ☩

5:15 pm Jeanette Dohogne ☩

### Thursday, September 25

6:30 am Tom LeGrand ☩

8:00 am Evelyn Gates ☩

### Friday, September 26

Sts. Cosmas and Damian

6:30 am Henry Azuma ☩

8:00 am No Mass

### Saturday, September 27

St. Vincent de Paul

6:30 am Anne Amelunke ☩

5:00 pm Jackie and Harold Siebert ☩

### Sunday, September 28

Twenty-sixth Sunday in Ordinary Time

8:00 am St. Vincent de Paul Parish Family

10:00 am Genie Kremer ☩

3:00 pm Sue Hansen (living)  
(Bilingual)

## • Prayer Requests •

Please remember the sick, the hospitalized, and those who care for them. Pray also for homebound St. Vincent parishioners.



Join us twice a month on Wednesdays at **6:00 p.m.** in the upper meeting room for meaningful discussion, learning, and connection as we deepen our Catholic faith together.

Next Gathering: **September 24**

Topic: **Unveiling the Mystery of the Mass**

A Rosary Rally will be held and the St. Michael Chaplet will be prayed in honor of Military and First Responders on **Saturday, September 27, from 12:00 noon - 1:00 p.m.** at the Jackson Police Department. If more information, contact Christine Ostrowski at 314-899-3878.

*The dishonest manager in today's parable knew how to manipulate money to his own advantage. But the Gospel warns that no one can serve both God and money. Which do I serve? Is my stewardship such that anyone can tell?*

## Rosary Prayer Group

The Holy Rosary will be prayed this **Sunday, September 21, at 1:30 p.m.** at the **St. John Henry Newman Center, Cape Girardeau.**



## Dead Theologians Society - This Sunday

**DTS (Dead Theologians Society)** is a gathering of High School teens from across the region. Meetings are hosted on the **third Sunday of the month from 6:30 - 8:30 p.m.** in the old convent here at St. Vincent. Each meeting consists of snacks, fun and, of course, prayer! Time is spent praying for the dead and learning about different saints. The motto of DTS is **Mortuum Mundo, Vivum In Christo (Dead to the World, Alive in Christ)**. Grab a few friends and make plans to attend!

## ??? GUESS WHO ???

**Question:** Which priest enjoys rap music and will celebrate the 36th anniversary of his ordination as a transitional deacon on Monday, September 22?

**Answer:** Father Rick was ordained a transitional deacon 36 years ago in 1989 and he likes rap music!!!

## St. Vincent 8:00 a.m. Weekday School Masses

If you normally attend Thursday and Friday 8:00 a.m. School Masses, you will notice that all the doors to Church will now be locked. If you are not SVS staff, you will be asked to show our School Resource Officer and the SVS Mass Safety Team one form of ID and state why you are attending Mass. (A good reason for attending Mass could be: the Mass Intention is for a family member/friend or personal intention, your child's homeroom is helping with Mass that day, or you are a regular Mass participant at the 8:00 a.m. time.)

I'm sorry about having to lock our Church doors for Masses along with asking for your ID and reason for attending Mass, but these are odd times and we cannot be too safe with our children who are attending our school Masses. There are bizarre events taking place in many parishes that give me cause to be proactive in this decision. We must make our school children safe while they are praying. Thank you for understanding!

As always, the Parish Capital Campaign enforces the necessity of promoting all of these safety concerns. From the beginning of the Capital Campaign, it has been one of the intentions to create a safe place for everyone whether you are in the school, the Church or the *new* Parish Family Center. If you agree with making our Church campus a safe place and have not already done so, please consider making a five year pledge to the Capital Campaign! If you would like to discuss these issues of safety for our entire Church campus, please feel free to set up an appointment with me by calling the parish office at 573-335-7667.

Thank you for helping to make our school Masses a safe place!

Peace,

*Father Rick Jones*



## Vincent's Vittles

The next Vincent's Vittles meal will be served on **September 27**, the Feast Day of St. Vincent de Paul, and will be hosted by the Secular Franciscan Order. The menu will include rigatoni with meat sauce, vegetable salad, bread, and delicious desserts. Plan to attend and invite a friend!

## Priesthood Sunday - September 28, 2025

Join us on **Priesthood Sunday**, by offering your prayers for our priests and acknowledging their dedication, commitment, and leadership within our parish as they work tirelessly to bring us to Jesus.

You are encouraged to share with Father Rick and Father John ways in which their ministry has positively influenced you, as well as to express your appreciation for their ongoing support and presence in our parish community.

**God bless our priests!**

## Take Back Sunday

Do you want to join other parishioners for good food, conversation, and simple prayer time? Come to **"Take Back Sunday"** in the lower meeting room on **Sunday, September 28, beginning at 6:00 p.m.** The parish will provide the meat and your family is asked to bring a potluck food item to share. After dinner, the Rosary will be prayed. Please RSVP by calling the parish office at 573-335-7667 or by emailing [contactus@svparish.com](mailto:contactus@svparish.com).



Total amount pledged .....	<b>\$7,779,453</b>
Matching gifts .....	<b>110,072</b>
	<b>\$ 7,889,525</b>
Percentage toward minimum target .....	<b>113%</b>
Number of families who have pledged .....	<b>506</b>
Number of registered families in parish .....	<b>1,622</b>
Percentage of registered families who have pledged .....	<b>31%</b>
Funds on hand needed to begin construction .....	<b>\$3,500,000</b>
Total amount of funds collected/deposited in bank .....	<b>\$3,688,555</b>
Percentage needed to begin construction .....	<b>105%</b>

## ▶▶▶ Matching Gift Opportunity ◀◀◀

Through the generosity of three benefactors who have agreed to match contributions up to \$250,000 between now and October 1, we have the opportunity to **double contribution amounts**.



Please prayerfully consider how you might participate in extending our mission through a sacrificial pledge. Scan the QR code to confirm your pledge. You may also call the parish office at 573-335-7667 for assistance.

## • The Week Ahead •

### Monday, September 22

### Tuesday, September 23

6:00 pm Tuesday Evening Bible Study

### Wednesday, September 24

8:00 am Ugly Quilts  
9:00 am Wednesday Morning Bible Study  
3:00 pm Divine Mercy Holy Hour  
6:00 pm Faith Forward  
6:00 pm PSR

### Thursday, September 25

9:00 am Maxine's Shareable Wearables (9:00 - 11:00 am)  
1:00 pm Thursday Afternoon Bible Study  
5:30 pm Centering Prayer  
6:30 pm Book Study (High School)

### Friday, September 26

### Saturday, September 27

9:00 am Maxine's Shareable Wearables (9:00 - 12:00 noon)  
3:30 pm Reconciliation  
6:00 pm Vincent's Vittles

### Sunday, September 28

Commitment Weekend  
10:00 am Children's Liturgy  
6:00 pm Parish Take Back Sunday



EXTEND MERCY TOWARDS OTHERS,  
SO THAT THERE CAN BE NO ONE IN NEED  
WHOM YOU MEET WITHOUT HELPING.  
ST. VINCENT DE PAUL

## Readings - September 28, 2025

Amos 6:1a, 4-7 • 1 Timothy 6:11-16  
Luke 16:19-31

## Collection - September 14, 2025

Collection	\$ 17,182.10
E-Tithing	\$ 35,516.34
<b>Total</b>	<b>\$ 52,698.44</b>
<b>Weekly Budget</b>	<b>\$ 35,100.00</b>
<b>Difference (7-1-25 to 9-14-25)</b>	<b>\$ 10,745.63</b>

*Thank you for being good  
stewards of God's gifts!*



## • Contact Information •

### Parish Office

contactus@svparish.com / 573-335-7667

### Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

### Deacon Robbie Huff

Superintendent of Schools /Diocesan Chancellor  
Diocese of Springfield-Cape Girardeau  
rhuff@dioscg.org / 573-335-7667

### Deacon Mark Kiblinger

Coordinator of Stewardship and OCIA  
mkiblinger@svparish.com / 573-335-7667

### Deacon Tony Peters

Manager, Mission Integration, Saint Francis Healthcare  
tpeters@svparish.com / 573-335-7667

### Deacon Thomas Schumer

tschumer@dioscg.org / 573-335-7667

### Tiffany Brey, Youth Ministry Coordinator

stvcapeyouth@gmail.com / 573-335-7667

### Pamela Chambliss, Parish Office Receptionist

pchambliss@svparish.com / 573-335-7667

### Mallory Dohogne, Social Media Coordinator

stvincentscapegirardeau@gmail.com / 573-335-7667

### Abby Dowdy

Accounting Clerk/Administrative Assistant  
adowdy@svparish.com / 573-335-7667

### Kay Glastetter

Principal of St. Vincent DePaul Grade School  
kglastetter@svcape.eduk12.net / 573-334-9594

### Kathy Hotop Raines

Director of Religious Education  
kraines@svcape.eduk12.net / 573-335-7667

### Rose Huff

Bulletin Editor/Administrative Assistant  
rhuff@svparish.com / 573-335-7667

### Lenny Kuper, Music Coordinator

lennykuper@notredamecape.org / 573-335-7667

### Jeffrey Lloyd, Maintenance Supervisor

jllloyd@svparish.com / 573-335-7667

### Cheryl Oberhaus, Director of Parish Finance

coberhaus@svparish.com / 573-335-7667

### Gail Overbey, Mass Scheduler

goverbey@svparish.com / 573-335-7667

## Congratulations to ...

the following parishioners as they  
celebrate their wedding anniversaries.

(Noted anniversaries are five year increments  
and fifty plus years)

### • 30 Years •

**Lance and Laura Bray**

### • 52 Years •

**William and Barbara Ostrenga**

### • 57 Years •

**William and Beth Mapes**

**Quentin and Carolyn Stroder**

### • 62 Years •

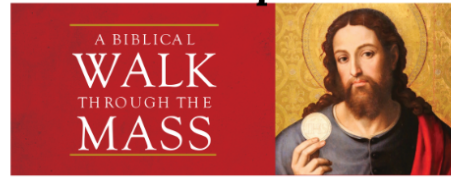
**Charles and Dianne Rellergert**

### • 64 Years •

**James and Esther Ressel**

Please continue to pray for all married  
couples and those preparing for marriage.

## Fall 2025 Small Groups Series



### Are you ready for a change?

Is Sunday Mass just a routine?

Are you bored at Mass?

Do you understand what is going on throughout Mass?

Do you receive the Eucharist without thought?

**You can change that.**

**Grow in your faith -**

**Join or create a Small Group to learn more about the Mass**

- ◆ Discover how the prayers, signs, and rituals of the Mass are rooted in Scripture
- ◆ Find out what our responses at Mass really mean, such as:  
    *"We lift up our hearts to the Lord"*  
    *"I am not worthy that you should enter under my roof"*  
    *"Amen" at Communion*
- ◆ Learn why the Mass is a memorial, a sacrifice and a wedding feast

++ 5 weekly sessions in October

++ videos and discussion with an *optional* book purchase

++ meet at homes once a week on your group's schedule

OR

++ meet at church:

Wednesday afternoons @ 1:00 p.m. starting October 1

(Deacon Tom Schumer, facilitator)

OR

Thursday evenings @ 6:00 p.m. starting October 2

(Lisa Seabaugh, facilitator)



Online  
sign up  
here



Purchase  
book  
here

*\*paper registration available in Church Gathering Area*

## Maxine's Shareable Wearables

Maxine's Shareable Wearables is now accepting clothing donations for fall and winter. Please do not bring summer clothing and shoes at this time. In addition to seasonal clothing, Maxine's is always in need of tennis shoes, sleepwear, purses, jeans, and backpacks/small duffel bags. Maxine's also accepts jewelry, cosmetics, and smaller bottles of lotions, shampoos, etc. Donations may be dropped off on Thursday mornings 9:00 - 11:00 a.m. and the second and fourth Saturdays of the month, 9:00 - 12:00 noon. Please do not leave donations outside unattended. Thank you for your generosity!

## Novena to St. Vincent de Paul

O Glorious Saint Vincent de Paul,  
the mention of your name suggests a litany of your virtues:  
humility, zeal, mercy, self-sacrifice.  
Your name also recalls your many foundations:  
Works of Mercy, Congregations, Societies.  
The Church gratefully remembers your promotion  
and formation of the priesthood.  
Inspire all Charitable Workers, especially those who minister to  
both the spiritually and the materially poor.  
O Lord, give us the grace that You bestowed upon your servant,  
St. Vincent de Paul,  
to relinquish the temptation of material things,  
in our holy effort to minister to the poor.  
Amen.

Our Father ... Hail Mary ... Glory Be ...  
*Repeat this prayer for nine days.*

## The Litany of St. Vincent de Paul

Lord, have mercy on us,  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ, hear us, Christ, graciously hear us.

**V.** The just shall spring up like the lily,  
**R.** and flourish forever before the Lord.

Holy Mary, Mother of God,	Pray for us.
Holy Mary, comforter of the afflicted,	Pray for us.
St. Vincent,	
who at young age did display a wisdom most mature,	Pray for us.
St. Vincent,	
who from thy childhood was full of pity and compassion,	Pray for us.
St. Vincent, who like King David, from a simple shepherd	
became a ruler and pastor of the people of God,	Pray for us.
St. Vincent, who in your captivity by Turkish pirates	
did preserve perfect freedom,	Pray for us.
St. Vincent the just man, who did live by faith,	Pray for us.
St. Vincent,	
always supported on the firm anchor of a Christian hope,	Pray for us.
St. Vincent, always inflamed with the fire of perfect charity,	Pray for us.
St. Vincent, truly simple, upright, and fearing God,	Pray for us.
St. Vincent, true disciple of Jesus Christ,	
always meek and humble of heart,	Pray for us.
St. Vincent, perfectly mortified in heart and mind,	Pray for us.
St. Vincent, ever animated with the spirit of Our Lord,	Pray for us.
St. Vincent, generous maintainer of the glory of God,	Pray for us.
St. Vincent, ever inwardly burning	
and ever outwardly transported with zeal for souls,	Pray for us.
St. Vincent, who in Christian poverty did find	
the precious pearl and the rich treasure of the Gospel,	Pray for us.
St. Vincent, like to the Angels in thy purity,	Pray for us.
St. Vincent,	
faithful in obedience and victorious in word and deed,	Pray for us.
St. Vincent, who did flee the slightest appearance of evil,	Pray for us.

St. Vincent, who in all your actions did aspire to the practice of perfect virtue,	Pray for us.
St. Vincent, who did remain like a rock amid the stormy sea of this world,	Pray for us.
St. Vincent, invincible amid the arrows of adversity,	Pray for us.
St. Vincent, patient in suffering and indulgent in forgiving,	Pray for us.
St. Vincent, ever docile and obedient son of the Holy See,	Pray for us.
St. Vincent, who had exceeding horror of the novel ways and subtle words of heretics,	Pray for us.
St. Vincent, destined by a special Providence to announce the Gospel to the poor,	Pray for us.
St. Vincent, father and model of ecclesiastics,	Pray for us.
St. Vincent, prudent founder of the Congregation of the Mission,	Pray for us.
St. Vincent, wise institutor of the Congregation of the Sisters of Charity,	Pray for us.
St. Vincent, tender in compassionating and prompt in relieving the necessities of the poor,	Pray for us.
St. Vincent, equally fervent in the practice of prayer and in ministry of the word,	Pray for us.
St. Vincent, admirable in imitation of the life and virtues of Jesus,	Pray for us.
St. Vincent, who did persevere to the end in shunning evil and doing good,	Pray for us.
St. Vincent, who as in life so in death was most precious in the sight of God,	Pray for us.
St. Vincent, glory of France and pride of Paris,	Pray for us.
St. Vincent, patron of all charitable associations,	Pray for us.
Lamb of God, Who takes away the sins of the world,	Spare us, O Lord.
Lamb of God, Who takes away the sins of the world,	Graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world,	Have mercy on us.

**V.** The Lord hath led the just man through right ways,  
**R.** and showed unto him the Kingdom of God.

**Let Us Pray:**

O God, Who by an effect of Your infinite goodness, has renewed in our days,  
in the apostolic character and humility of Your blessed servant St. Vincent,  
the spirit of Your well-beloved Son to preach the Gospel to the poor,  
relieve the afflicted, console the miserable,  
and add new luster to the formation of priests,  
grant, we beseech You, through his powerful intercession,  
that we also, delivered from the great misery of sin,  
may labor to please You by the practice of the same humility,  
through Jesus Christ Our Lord,  
Who lives with You and the Holy Spirit, one God, world without end.

**Amen.**





Scan this code to pledge online

## Commitment Weekend • September 27-28

**N**ext weekend marks the conclusion of the active phase of the *Extending the Mission ... Building on the Cornerstone of Christ* campaign. Next weekend, during Mass, there will be an opportunity for all parishioners who have not yet made a commitment to the campaign to do so.

We, your parish leadership team, along with Father Rick, staff, and our volunteers, thank those families who have already made a gift, and ask those who have not, to prayerfully consider this request.

*Extending the Mission ... Building on the Cornerstone of Christ*, is an opportunity for us to address the needs of St. Vincent de Paul Parish through the generosity of Catholics throughout our parish.

Our Multi-Faceted Campaign has four primary Campaign Priorities:

- ✠ Enhance, beautify and bring noble simplicity to our Church Sanctuary and Worship Space.
- ✠ Significantly expand and modernize our Church Gathering Space.
- ✠ Transform Old Notre Dame into a vibrant multiuse Parish Family Center.
- ✠ Remove all non-school activities from the Parish Grade School, to create a dedicated, safe and secure environment for education.

Due to the work of the Holy Spirit, through grace and the remarkable generosity and sacrificial giving from parishioners in the first phases of the campaign, we have reached our established *minimum* campaign goal.

However, we are just getting started to continue funding upgrades and enhancements within our established campaign components.

Equally significant to financial growth, is that *every* parishioner at St. Vincent DePaul Parish has the opportunity to participate in the campaign and play a part in this important initiative and to benefit from its success. We believe in this final stage of our campaign we will unite all our parishioners around the same goal.

If you have not already made a commitment to the campaign, please prayerfully consider a sacrificial pledge today. While not every family is able to give an equal gift, each can consider an equal sacrifice. We ask that you reflect on the importance of the Church in your life and prayerfully consider the sacrificial request being made of you.

Your gift will be used directly for this important and valuable need of St. Vincent DePaul Parish as we prepare to remain a dynamic parish long into the future.

### SUGGESTED GIFT PLANS

Total Pledge	Monthly Payment	Weekly Payment
\$10,000	\$167	\$38
\$5,000	\$83	\$19
\$4,200	\$70	\$16
\$3,600	\$60	\$14
\$2,500	\$42	\$10
\$1,500	\$25	\$6
\$1,000	\$17	\$4

***God bless you and thank you in advance for your consideration of this very important request.***



The Wibbenmeyer/Neal family would like to express their deep gratitude for your prayers and to all who helped with the recent benefit dinner. A special thank you to the Knights of Columbus Councils 11205 and 1111, St. Vincent Men's Association, and the Council of Catholic Women. May God bless you for your kindness!

thank you

## CATHOLIC MAN NIGHT

Men Meeting Jesus

10 MANLY YEARS

Saturday, October 4, 2025

7:30 a.m.

Holy Sacrifice of the Mass

Guardian Angel Catholic Church

604 Church Street, Oran, Missouri

Oran KC #4311 Hall

8681 State Hwy 77, Oran, Missouri

**Speaker: Adam Minihan**

Host of the Catholic Man Show

Adoration • Discussions

Confession • Manly Meal

\$10 suggested donation to cover expenses



## Parish Feast Day Celebration

### Friday, October 3 (First Friday)

- 7:00 a.m. Adoration of the Blessed Sacrament
- 5:15 p.m. Benediction of the Blessed Sacrament

### Saturday, October 4

- 8:00 a.m. Donuts and coffee in the DePaul Center and a "Prayer to Mission" with a variety of service opportunities
- 8:30 a.m. Parishioners will minister and work on campus and in the community
- 12:00 noon Lunch in the DePaul Center for all work day ministers
- 3:30 p.m. Pray the Rosary
- 4:00 p.m. Outdoor Mass on south side of church. Bring lawn chairs.
- 5:30 p.m. Enjoy games, Spanish bingo, kids' games, bouncy houses
- 5:45 p.m. Feast Day meal
- 6:00 p.m. Enjoy live music, games and bouncy houses continue, Biergarten opens for those 21 years and older

## Parish Feast Day Service Opportunities

Keep the charism and vision of St. Vincent de Paul alive in the parish and the community by signing up to volunteer with one of these ministries on Saturday, October 4. You may use the QR code or email [Stvincentcares@gmail.com](mailto:Stvincentcares@gmail.com).



### Morning Service Opportunities

- ☐ Team 1 - Clean and organize parish center pantry and Vincent's Vittles Closet
- ☐ Team 2 - Clean and organize Robotic room and Art room
- ☐ Team 3 - Help with lunch for Feast Day workers
- ☐ Team 4 - Relocate items in the DePaul Center to dumpster
- ☐ Team 5 - Help with Ugly Quilts
- ☐ Team 6 - Set up tables and chairs for Feast Day dinner
- ☐ Team 7 - Help at St. Mary's Food Pantry
- ☐ Team 10 - Help with cleaning dugouts in ballfield
- ☐ Team 11 - Lawn and garden spruce up
- ☐ Team 13 - Beatitude Boxes and Bags

### Evening Service Opportunities

- ☐ Team 8 - Help with evening meal
- ☐ Team 9 - Clean up crew

### Thursday - Friday, October 9 - 10 Service Opportunity

- ☐ Team 12 - Project Hope (transporting items to Osage Center on Thursday, volunteer at event on Friday)



# Faith & Floats



**Sunday October 5<sup>th</sup>, 2025**  
**@ St. Denis, Benton**  
(School Entrance)

**Guest Speaker: Fr. Daniel Belken**



6:00-7:20 - Grades 6-8  
7:30 - 9:00 - Grades 9-12



RSVP Here

Questions?  
Contact your Parish Youth Minister  
or Tiff @ [stvcapeyouth@gmail.com](mailto:stvcapeyouth@gmail.com)

IS CATHERINE'S CUPBOARD ON YOUR GROCERY LIST?



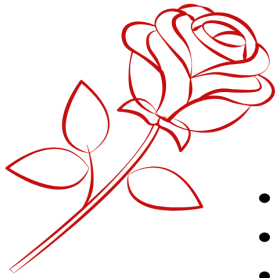
## First Reconciliation Parent Meeting

A meeting for all parents of second grade students preparing for First Reconciliation will be held on **Tuesday, October 7, at 7:00 p.m.** in the church. It is mandatory that at least one parent attend; children need not attend.

## Project Hope

Project Hope is a one day, one stop, one community outreach for those in need. St. Vincent de Paul Parish is a major sponsor of this outreach which benefits the needy in the local area. Project Hope will be held at Shawnee Park Center on **Friday, October 10, from 10:00 a.m. - 2:00 p.m.** Items distributed will include Ugly Quilts, hygiene and baby items, religious articles, and welcoming smiles to the needy who come for assistance. To donate any of these items, please place them in the bins in the gathering area. If you can help any part of day, please contact Deacon Mark at [mkiblinger@svparish.com](mailto:mkiblinger@svparish.com). Thanks!

## St. Vincent Parish Grief Support Group starting soon



Have you lost a loved one? Are you feeling alone in your grief? Join a small group of people to share your story and get support.

- faith-based
- 8 sessions
- confidentiality
- peer support
- comfortable environment

for more information:

Call or text Gerry Strohmeier @ 573.270.3786  
or Call parish office @ 573.335.7667

## Feast Day Shopping List

*Place in marked bins in gathering area no later than October 6*

### Beatitude Bag Items

- ☐ Paper towels (good quality)
- ☐ Facial tissues (200 count)
- ☐ Toilet tissue (double rolls)

### Beatitude Box Items

- ☐ Chicken (2 cans)
- ☐ Tuna (6 cans)
- ☐ Dried pinto beans (2 pounds)
- ☐ Rice (2 pounds)
- ☐ Pasta (2 pounds)
- ☐ Pasta sauce (2 cans)
- ☐ Peanut butter (2 jars)
- ☐ Assorted vegetables (6 cans)
- ☐ Assorted fruits (6 cans)
- ☐ Macaroni and cheese (6 boxes)

### Baby Items

- ☐ Lotion
- ☐ Diapers
- ☐ Wipes
- ☐ Diaper rash ointment
- ☐ Shampoo
- ☐ Baby wash

### Personal Hygiene Items

- ☐ Toothpaste
- ☐ Toothbrushes
- ☐ Body wash
- ☐ Soap
- ☐ Shampoo
- ☐ Conditioner
- ☐ Deodorant

*Sample/hotel sizes also accepted*

## NDRHS Activity Week

Notre Dame Regional High School's annual Activity Week has officially kicked off! Activity Week helps raise operating funds for the high school, and is a long-standing tradition of fundraising competition among class levels. Raffles, candy, trash bags, butter braids, Imo's Pizza, exclusive centennial apparel and more will be sold throughout the week. Order directly from a Notre Dame student, or make a purchase online at [www.notredamehighschool.org/activityweek](http://www.notredamehighschool.org/activityweek).

**The annual Activity Week dinners, held at Notre Dame Regional High School, are scheduled for September 22 - 25.** Public dinners will be served from 5:00 - 7:00 p.m. with dine in, carry out, or curbside options. Pricing for all dinners is \$15 per meal.

**Monday, September 22:** Junior Class Dinner  
Kettle beef, mashed potatoes, corn, Lambert's roll, cherry dump cake

**Tuesday, September 23:** Senior Class Dinner  
Pork steaks, hashbrown casserole, green beans, Lambert's roll, gooey butter cake

**Wednesday, September 24:** Sophomore Class Dinner  
Chicken and dumplings, mashed potatoes, green beans, Lambert's roll, peach cobbler

**Thursday, September 25:** Freshman Class Dinner  
Broussard's jambalaya (not spicy! hot sauce available), corn on the cob, salad, Broussard's cornbread, brownies

## White House Retreat

Would you like to make a retreat on the beautiful bluffs above the Mississippi River? You are invited to join other men of the parish for a Men's Retreat at the White House in the St. Louis area. It's a peaceful break from the chaos and confusion of everyday life. All meals and private lodging will be provided. **The retreat begins at 12:00 noon on Thursday, October 23, and concludes Sunday, October 26, at 12:00 noon.** There is no set fee to attend a retreat at the White House! White House operates on a free will offering basis, asking those in attendance to simply give at the conclusion of the retreat what they feel they can. For more info contact Stan Irwin at 573-450-0629 or Jerry Welker at 573-450-2226. To register for the retreat, call 1-800-643-1003 or visit [www.whitewhouseretreat.org](http://www.whitewhouseretreat.org) for more information.

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