



St. Vincent de Paul Catholic Church

Sixth Sunday in Ordinary Time
February 15, 2026

Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality
Service • Worship

Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00 a.m., 10:00 a.m.,
3:00 p.m. (Spanish/English)

Weekday Masses

Monday 6:30 a.m.
Tuesday 6:30 a.m.
Wednesday 6:30 a.m., 5:15 p.m.
Thursday 6:30 a.m., 8:00 a.m.
Friday 6:30 a.m., 8:00 a.m.
First Friday 8:00 a.m.
Saturday 6:30 a.m.

Confessions

First Friday of the month 12:00 noon
Saturday 3:30 - 4:30 p.m.
or by appointment

Parish Office Hours

Monday - Friday
8:00 a.m. - 4:30 p.m.

A Lenten Opportunity

Beatitude Boxes and Bags

*Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.*

MATTHEW 5:6

During the season of Lent, the parishioners of St. Vincent are invited to collect food and paper items for distribution to the needy. **Beatitude Boxes** will be filled with specific food items and **Beatitude Bags** will be filled with specific paper products.

Tags are posted on the bulletin board in the gathering area. Some tags will list all items in the box (approximate cost \$35+) and all items in the bag (approximate cost \$15+). Other tags list some of the items in the box or bag. You are invited to take one or more tags and purchase the requested items. **Return the items to the designated boxes in the gathering area no later than April 3.** Boxes and bags will then be filled and given to the needy in the local community.



Walking the Lenten Journey Together

A Booklet of Reflections on the Daily Scriptures
Ash Wednesday, February 18, to Easter Sunday, April 5

Written by St. Vincent de Paul Parishioners

Read the Scriptures • Ponder the Reflections • Think and Pray • Act

Available This Weekend

Brought to you by the STVDP Discipleship Committee

**BLESSED
ARE THEY
WHO FOLLOW
THE LAW
OF THE
LORD!**

PSALM 119:1



1913 Ritter Drive • Cape Girardeau, Missouri 63701
573-335-7667 • Fax 573-335-0034 • www.svcape.com

Serving the Catholic Community since April 9, 1836

• Mass Intentions •

Monday, February 16 Presidents' Day

6:30 am Shannique Buchheit (living)

Tuesday, February 17

The Seven Holy Founders of the Servite Order

6:30 am Robert "Bob" Thiele ☩

Ash Wednesday, February 18

6:30 am Jennifer Ireland ☩

8:00 am Greg and Ali Dunn Family (living)

12:10 pm Anita Wagner ☩

6:00 pm Living and Deceased Members
of the Jack Cracraft Family

Thursday, February 19

6:30 am Living and Deceased Members
of the Ron Worl Family

8:00 am Elle Jean Bowman ☩

Friday, February 20

6:30 am Fred Govero ☩

8:00 am Clarence Shirrell ☩

Saturday, February 21 St. Peter Damian

6:30 am Living and Deceased Members
of the Notre Dame Class of 1964

5:00 pm Joe O'Hayon ☩

Sunday, February 22 First Sunday of Lent

8:00 am Bill Bohnert ☩

10:00 am Alex Powderly ☩

3:00 pm St. Vincent de Paul Parish Family
(Bilingual)

• Prayer Requests •

Please remember the sick, the hospitalized, and those who care for them. Pray also for homebound St. Vincent parishioners.

Thursday Afternoon Bible Study

February 19 - April 16, 2026

1:00 - 2:45 p.m.

The History of the Catholic Church

Register by calling the parish office
at 573-335-7667 or 573-335-1538

Do you remember what you learned about the Catholic Church in the Middle Ages (often called the Dark Ages)? This Lent our study continues with Dr. C.M. Belitto lecturing on topics such as: How our Faith Spread into Europe and Beyond, The Twelfth Century Renaissance, Living the Gospel, Crusades Encountering the Other, and much more. Come join us for an interesting journey glancing at our past.

At each meeting you can enjoy short discussions/DVD lectures. A fee of \$8.00 will cover the cost of study guides available to those who register by February 15, 2026.

Stewardship involves more than just the gift we bring to the altar. Today's readings say clearly that it is fidelity to God's law that makes our offering acceptable.

Dead Theologians Society ► This Sunday

DTS (Dead Theologians Society) is a gathering of High School teens from across the region. Meetings are hosted on the **third Sunday of the month from 6:30 - 8:30 p.m.** in the old convent here at St. Vincent. Each meeting consists of snacks, fun, and, of course, prayer! Time is spent praying for the dead and learning about different saints. The motto of DTS is **Mortuum Mundo, Vivum In Christo (Dead to the World, Alive in Christ)**. Grab a few friends and *make plans* to attend!

SEMO Food Bank

The St. Vincent de Paul Council of Catholic Women will pack food boxes at the SEMO Food Bank in Miner, Missouri, on **Tuesday, February 17, 2026**. Volunteers will carpool from the JC Penney parking lot at 8:30 a.m. If interested, please call Carol Simon at 314-440-4467.

Ash Wednesday Mass Schedule

February 18, 2026

6:30 a.m. • 8:00 a.m. • 12:10 p.m. • 6:00 p.m.

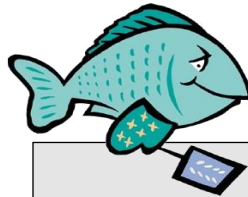
The money collected during the Masses on Ash Wednesday will benefit OPTE (Out of Poverty through Education) and three communities of religious sisters. Your generosity is appreciated.



Lenten Fish Fry

The St. Vincent de Paul Men's Association will sponsor a Catfish Dinner each Friday during Lent from 4:30 - 7:00 p.m. The family friendly meal includes fresh American pond raised catfish, "Todd's secret recipe cole slaw," "Koehler famous hush puppies," side dishes, dessert and drink. Tickets are \$13 for adults, \$7 for students. Carryouts are available.

Fish Fry passes will be sold in the gathering area after Masses this weekend. During this presale period, you can purchase six adult tickets for \$75 and six student tickets for \$25! That's one free meal with the purchase of a pass!



Fish Dinner Desserts

Each week during Lent, the Circle Leaders of the Women's Council will contact parishioners to donate desserts for the Friday Fish Dinner. If you have never been called and would like to bring a dessert on Friday, February 20, please contact one of the following: Theresa Elfrink (573-651-3113), Debbie Kiblinger (573-450-8345), Cathy Kapfer (573-334-8714), or Mary Gosche (573-450-7470).

If you have old palms from previous Palm Sundays and would like to dispose of them, please bring them to Church before Ash Wednesday. Place them in the container in the gathering area. Father Rick will make sure that they are properly disposed of. Some may even become ashes to be used for Ash Wednesday!

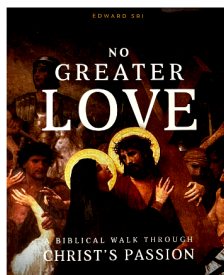


May They Rest in Peace

Sympathy is extended to the families of:
Joe Henggeler, father of Monica Unterreiner; and
Isabel Diveley, mother of Dave Diveley.



*May they and all the souls of the faithful departed,
 through the mercy of God, rest in peace.*



**LENT 2026 - make this the Lent you
 truly understand Christ's Passion...**

***NO GREATER LOVE* by Edward Sri**

**What do *you* see when you look at the Crucifix?
 Approach Holy Week and Easter as never before**

You will learn:

- Why Jesus died for our sins
- The deep meaning of the words Jesus spoke from the Cross
- The importance of every moment of Jesus' trial
- The difference between Judas' betrayal and Peter's denial
- why the temple veil tore in two when Christ expired
- and much, much more!

+ 5 sessions

+ 30 minute videos

+ discussion questions

+ *optional* book

**For small groups,
 families, or individuals**



SIGN UP HERE

or paper form at church

brought to you by the
 StVDP Discipleship Committee

What people say about

No Greater Love:

"So many "AHA"! moments!
 "Something stirred deep in my soul."
 "I can't wait for Holy Week!"
 "The readings make so much more sense to me – even Isaiah!"
 "The Passion reading will no longer be just another very long Gospel."
 "I would give it 6 stars if I could."

Exciting News for 2026

**regarding demolition and construction of
 the St. Vincent de Paul Parish Family Center!**

The Parish Construction Team (PCT), consisting of Father Rick Jones, Brad Burdick, Rick Essner, Bob Janota, and Tom Reinagel, along with Dillie Pollard Architects and Diocesan representatives, have chosen a construction company from the four that were interviewed (Sides Construction from Jackson, Boulder and Columbia Construction from Cape Girardeau, and Zoellner Construction from Perryville). Sides Construction has been chosen to do the interior demolition of the Parish Family Center and then to begin the construction rehab. Look for work to begin on the Parish Family Center at the end of February. Keep praying for the Capital Campaign as we move forward as a Parish Community.

If you have not made a pledge to the Capital Campaign yet, don't be left out ...



Extending the Mission

- Building on the Cornerstone of Christ •

Total amount pledged **\$8,361,913**
 Number of families who have contributed **627**
 Number of registered families in parish **1,622**
 Percentage of registered families who have pledged **39%**
 Total amount of funds collected/deposited in bank **\$4,942,183**

• The Week Ahead •

Monday, February 16

Presidents' Day - No School
 6:30 pm Evangelical Catholic

Tuesday, February 17

6:00 pm Tuesday Evening Bible Study
 6:00 pm OCIA

Ash Wednesday, February 18

8:00 am Ugly Quilts
 9:00 am Wednesday Morning Bible Study
 3:00 pm Divine Mercy Holy Hour

Thursday, February 19

9:00 am Maxine's Shareable Wearables (9:00 - 11:00 a.m.)
 9:00 am Thursday Women's Bible Study
 1:00 pm Thursday Afternoon Bible Study
 3:00 pm Centering Prayer
 5:00 pm School Board

Friday, February 20

4:30 pm Fish Fry
 5:00 pm Stations of the Cross (Spanish)
 6:15 pm Stations of the Cross
 6:45 pm Reconciliation

Saturday, February 21

3:30 pm Reconciliation

Sunday, February 22

10:00 am Children's Liturgy



• Readings •

Ash Wednesday February 18, 2026

Joel 2:12-18 • 2 Corinthians 5:20-6:2
 Matthew 6:1-6, 16-18

February 22, 2026

Genesis 2:7-9, 3:1-7 • Romans 5:12-19
 Matthew 4:1-11

Collection - February 8, 2026

Collection	\$ 20,784.47
E-Tithing	\$ 28,417.09
Total	\$ 49,201.56
Weekly Budget	\$ 35,100.00
Difference (7-1-25 to 2-8-26)	\$ 102,852.15

**Thank you for being good
 stewards of God's gifts!**

• Contact Information •

Parish Office

contactus@svparish.com / 573-335-7667

Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

Deacon Robbie Huff

Supt. of Schools /Diocesan Chancellor

Diocese of Springfield-Cape Girardeau

rhuff@dioscg.org / 573-335-7667

Deacon Mark Kiblinger

Coordinator of Stewardship and OCIA

mkiblinger@svparish.com / 573-335-7667

Deacon Tony Peters

Manager, Mission Integration, Saint Francis Healthcare

tpeters@svparish.com / 573-335-7667

Deacon Thomas Schumer

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Tiffany Brey, Youth Ministry Coordinator

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Mallory Dohogne, Social Media Coordinator

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Abby Dowdy

Accounting Clerk/Administrative Assistant

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Principal of St. Vincent DePaul Grade School

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Jeffrey Lloyd, Maintenance Supervisor

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Cheryl Oberhaus, Director of Parish Finance

coberhaus@svparish.com / 573-335-7667

Gail Overbey, Mass Scheduler

goverbey@svparish.com / 573-335-7667



Reconciliation During Lent

"Turn away from sin and be faithful to the Gospel!" These are the words heard on Ash Wednesday when ashes are marked on each person's forehead. During these days of Lent, the Sacrament of Reconciliation will be offered at various times. Take advantage of these blessed encounters with the Forgiving Father!

- Every Friday from 6:45 - 7:15 p.m.
- Every Saturday from 3:30 - 4:30 p.m.

You may also make an appointment if these times are not good for you.

Guidelines for Fasting/Abstinence during Lent

Abstinence is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence. **Fasting** is to be observed on Ash Wednesday and Good Friday for ages 18 - 59 (inclusive). The Church defines fasting as one meal a day, and two smaller meals which if added together would not exceed the main meal, as well as no eating between meals.

Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial suitable to their condition.

Stations of the Cross - A Beautiful Tradition

The Stations of the Cross are images of stories about the passion and death of Jesus Christ. Most of the stories which make up the Stations were drawn from Scripture, and others, such as Saint Veronica wiping the face of Jesus, were taken from tradition. The route traditionally held to have been taken by Jesus to his death at Calvary (Golgotha) in Jerusalem is called the Via Dolorosa or the Sorrowful Way. The Stations were erected in local churches as a way of bringing this prayerful experience to those who could not travel to Jerusalem.



Stations of the Cross are celebrated in the church every Friday during Lent at 5:00 in Spanish and at 6:15 p.m. in English. Please join in this devotional prayer and make it a part of your Lenten journey.

	<h3>LENT is for families!</h3> <p>All About Lent and Holy week by Katie Bogner is an extraordinary resource for parents and grandparents to help explain Catholic Lenten devotions and traditions like Stations of the Cross and prayer, fasting and almsgiving, to the unique elements of the Holy Week and Triduum liturgies. This book is packed with vibrant illustrations, meaningful explanations and practical ways for families to live out Lent. A "must have" for parents and grandparents who want to help children understand our Catholic faith.</p> <p>Purchase book at stpaulcenter.com or on Amazon</p> <p>Find many free Lenten resources for children at Katie Bogner's website: looktohimandberadiant.com</p>
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Operation Rice Bowl

Join St. Vincent Parish, and nearly 14,000 Catholic communities across the United States, in a life-changing Lenten journey with CRS Rice Bowl. On Ash Wednesday, pick up your family's rice bowl from the gathering area and let it be your ticket to global solidarity as you **pray, fast, learn** and **give** this Lent in order to change the lives of brothers and sisters in need. Please place your Rice Bowl offerings in an envelope and return to church on Good Friday. Remember, what you give up for Lent changes lives.



HOW WILL YOU DO LENT 2026?

**10 prayerful options to make this
a more meaningful Lent**

- ☐ Join or host a NO GREATER LOVE Small Group
- ☐ Use our parish Lenten Reflection Booklet and read the daily Mass scriptures
- ☐ Set a weekly family movie night and watch the NO GREATER LOVE videos with *older kids*
- ☐ Engage younger children with Lenten activities from looktohimandberadiant.com
- ☐ Learn and pray the *Chaplet of Divine Mercy*
- ☐ Offer your day in prayer for someone who is going through a hard time
- ☐ Attend Stations of the Cross on Friday evenings
- ☐ Attend a daily Mass sometime during the week
- ☐ Attend the parish Mission March 2, 3, 4
- ☐ Do an online Lenten retreat @ praymorenovenas.com



Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please feel free to contact parish office staff anytime during regular office hours, Monday - Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Street Address _____

City/State/Zip _____

Phone _____ Email _____

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.
- ☐ I have been attending St. Vincent Parish and would like to register as a member.
- ☐ Please change my address to the one shown above.
- ☐ I would like to sign up for ParishSOFT.
- ☐ I would like to learn more about the Catholic faith.
- ☐ I would like to register my child/children for Parish School of Religion.

Upcoming Area Events

**Knights of Columbus #1111
Lenten Fish Frys**

**Every Friday during Lent
Lunch 11:00 a.m. - 1:00 p.m.**
\$10 per person

*Fish (2 pieces), fries, cole slaw,
soft drink*

All You Can Eat

Dinner 4:00 - 7:00 p.m.

Adults: \$15, Children (7-12): \$6
6 and under: Free

*Fish, fries, hush puppies,
cole slaw, macaroni and cheese*

Knights of Columbus Hall

318 S. Spanish Street

Cape Girardeau, Missouri

...

Knights of Columbus

All You Can Eat

Fish Fry

**Every Friday during Lent
4:30 - 7:30 p.m.**

Adults: \$15, Children (6-12): \$6
5 and under: Free

Knights of Columbus Hall

28745 US 61

Scott City, Missouri

*Fried fish, shrimp, chicken,
hush puppies, curly fries,
baked beans, macaroni and cheese,
tea, coffee, water*

...

Knights of Columbus

All You Can Eat

Fish Fry

February 13, 20, 27

March 6, 13

5:00 - 7:00 p.m.

Adults: \$13

Children (15 and under):

Free with paid adult

Knights of Columbus Hall

Advance, Missouri

*Fish, chicken, macaroni and cheese,
baked beans, hush puppies,
fries, slaw*

**Please see the bulletin board
in the gathering area of church
for more information about
upcoming events.**

Attention Married Couples

All married couples and religious who previously took part in a **Worldwide Marriage Encounter** weekend are invited to a community meeting on the **second Sunday of each month from 2:00 - 4:00 p.m.** at the KC Hall, 316 S. Spanish Street, Cape Girardeau. If planning to attend, RSVP to Alicia Schumer at 573-225-8776.



Renew your Sacrament, deepen your communication, strengthen your relationship, and rekindle your romance by attending a **Worldwide Marriage Encounter Experience** this year! Sign up now as space is limited. For more information or to apply, go to wwme.org, or call Terry and Eric Engholm at 314-649-7317. Encounters will be held **April 17 - 19, 2026, and June 12 - 14, 2026, in St. Peters, Missouri; and July 31 - August 2, 2026, in Cape Girardeau.**

**Knights of Columbus
Father Marquette Council #11205**

Kettle Beef Take Home Meals

February 28 - March 1, 2026

*Available for pick up before or
after Masses in the gathering area*

Slow Roasted Kettle Beef • Green Beans
Creamy Mashed Potatoes • Rolls

Feed 2 - \$16 / Feed 4 - \$30

Feed 6 - \$42

(Serving size 8 ounces)

Now accepting debit and credit cards

SEMO Area Ultreyas are held the third Saturday of each month. The next Ultreya will take place on **Saturday, February 21, 2026**, and will be held at St. Joseph Parish in Scott City. Morning prayers begin in the church at 9:00 a.m. with grouping, refreshments, and socializing to follow in the school gym. Come share the joy with fellow Cursillistas and hear information about the upcoming weekends. De Colores!



The Church in Central and Eastern Europe

Next weekend, **February 21 - 22**, a collection will be taken up for the Church in Central and Eastern Europe. This collection supports the Church in more than 20 countries that still struggle to recover from Communist rule. Funds from this collection support pastoral care, catechesis, building renovations, and seminary formation. Your support restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next weekend.

Vincent's Vittles

The next Vincent's Vittles meal will be served on **Saturday, February 28, 2026**, and hosted by Scout Pack 16. Plan to attend and invite a friend. If you would like to help with this rewarding community meal, please contact Deacon Mark.

St. Mary Cemetery News

If you have flowers on the graves at St. Mary Cemetery, they should be picked up by **Monday, March 2, 2026**. Also pick up vases, etc. that you wish to keep. St. Mary Cemetery has served the Catholic community for well over a century and is a Catholic cemetery open to the surrounding area. The Cemetery is also available for non-Catholic family members.

March 2:42 Youth Night Teen Guided Parish Stations, Pizza, & Game Night

**Friday March 6
@ 5:45 pm**

We will meet in the Upper
Meeting Room @ 5:45 pm.

Teens will lead the
Parish Stations in the
church @ 6:15.

Following Stations we will
head to the Old Convent for
Pizza & a game night.

Teen pick-up will be at the
Old Convent @ 8:30.



RSVP Here

Questions? Reach out to Tiff @
stvcapeyouth@gmail.com

SAVE THE DATE 40 HOURS ADORATION

March 23-25, 2026



Mark your calendars now to come
and spend some time with Jesus!
He will be waiting for you.

Diocesan Eucharistic Congress

AUGUST 15, 2026

WEST PLAINS CIVIC CENTER

**REGISTRATION
IS OPEN!**



**JOIN US IN PRAYING, LEARNING & CELEBRATING
— at the Diocesan Eucharistic Congress —**



**DIocese of SPRINGFIELD-
CAPE GIRARDEAU**



Registration for the Diocesan Eucharistic Congress is open for all participants from the Diocese of Springfield-Cape Girardeau!

Thanks to the generosity of Congress sponsors, cost for registration is only \$10 per individual with a maximum cost of \$25 per household. Registration includes all activities, event credentials, a conference tote bag, refillable water bottle, and lunch at the Congress!

Visit the official Diocesan Eucharistic Congress webpage to access the registration portal at <https://dioscg.org/diocesan-eucharistic-congress/> or by scanning the QR code. Spaces are limited.

St. Vincent de Paul Parish will have a bus available for parishioners to travel to West Plains. If you would like to ride the bus, please sign up by calling the parish office at 573-335-7667.



Job Opportunities

St. Vincent de Paul School is accepting applications for the following positions for the 2026-2027 school year.

- **Sixth Grade**
- **Junior High Math**
- **Technology** (part time) - Gr. 5-8
- **Music** (part time)

Preference may be given to practicing Catholics. To obtain an application, please call the school office at 573-334-9594 or email Kay Glastetter at kglastetter@svcape.eduk12.net.

Notre Dame Regional High School is accepting applications for a **Boys' Head Soccer Coach**. Candidates should submit a coaching and teaching resume (if applicable), along with a cover letter and references. Teaching positions are available based on qualifications. Materials should be sent to Principal Paul Unterreiner at paulunterreiner@notredamecape.org by February 23.

► Sign Up for FORMED

1. Go to FORMED org/signup and
2. Enter your parish zip code (63701) or name to select your parish (St. Vincent de Paul).
3. Enter your name and email.

***"I did not come to abolish
but to fulfill."***

MATTHEW 5:17

Jesus calls us to live with integrity, love, and holiness, going beyond the letter of the Law to embrace its full meaning. Priests participate in this mission by bringing His grace to the world through the sacraments, helping others encounter Christ's love. Could God be inviting you to this ministry of service? Talk to Father Rick or reach out to the Diocesan Vocations office at 417-866-0841.

If you made a donation for Christmas decorations and have not picked up your labeled ornament, you can find it in a basket in the gathering area.

Cursillo News

Cursillo means "a short course in Christianity." God calls you to grow in a relationship with Him. The Cursillo Movement is a wonderful way to rediscover your faith, to grow in community with other fellow Cursillistas and to help discover and fulfill life's purpose. The Cursillo is an opportunity for an encounter with oneself, with Christ, and with others. You are invited to attend a Cursillo weekend.

Upcoming weekends include: **Men's Weekend on February 26 - March 1, 2026, and Women's Weekend on March 19 - 22, 2026.** These weekends are at Pinecrest near Fredericktown, Missouri. Members will get you there and get you home. For more information, call Dale Gerecke at 573-450-3335 or email dale@gereckelaw.com.

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