



St. Vincent de Paul Catholic Church

Twenty-first Sunday in Ordinary Time
August 23, 2026

Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality
Service • Worship

Weekend Masses

Saturday 5:00 p.m.
Sunday 8:00 a.m., 10:00 a.m.,
3:00 p.m. (Spanish/English)

Weekday Masses

Monday 6:30 a.m.
Tuesday 6:30 a.m.
Wednesday 6:30 a.m., 5:15 p.m.
Thursday 6:30 a.m., 8:00 a.m.
Friday 6:30 a.m., 8:00 a.m.
First Friday 8:00 a.m.
Saturday 6:30 a.m.

Confessions

First Friday of the month 12:00 noon
Saturday 3:30 - 4:30 p.m.
or by appointment

Parish Office Hours

Monday - Friday
8:00 a.m. - 4:30 p.m.

Prayer of Consecration

Lord Jesus Christ, I hold nothing back. I surrender completely and absolutely to Your goodness. I surrender my whole being to Your care. I surrender my life, my plans, and my very self to You. I place all that I am at Your feet. Take what You want to take and give what You want to give.

Transform my life. I make myself totally available to You. Lead me, encourage me, challenge me. Grant me the grace, wisdom, and courage to live justly, love tenderly, and walk humbly with You, my God all the days of my life.

Mary, Mother of Jesus, teach me the surrender and sacrifice that were necessary to make the Eucharist possible in this broken world. Intercede for me and obtain the grace necessary to allow your Son's teachings to penetrate the darkest, coldest, hardest parts of my heart, so that by receiving Him in the Eucharist my heart may become ever more like His Eucharistic heart. Amen.

~ Prayer of Consecration adapted from "Prayer of Eucharistic Consecration" found in *33 Days to Eucharistic Glory* by Matthew Kelly

• • • • •

Congratulations to the Diocese of Springfield-Cape Girardeau on its 70th Anniversary!

August 24, 1956 - August 24, 2026



"ON THIS ROCK
I WILL BUILD
MY CHURCH."

MATTHEW 16:18

1913 Ritter Drive • Cape Girardeau, Missouri 63701
573-335-7667 • Fax 573-335-0034 • www.svcape.com

Serving the Catholic Community since April 9, 1836

• Mass Intentions •

Monday, August 24 St. Bartholomew

6:30 am Sana Kiblinger (living)

Tuesday, August 25

St. Louis, St. Joseph Calasanz

6:30 am Agnes Buchheit (living)

Wednesday, August 26

6:30 am Dan Koeppel ☩

5:15 pm Kenny Haas ☩

Thursday, August 27 St. Monica

6:30 am Living and Deceased Members of the
St. Vincent de Paul Women's Council

Friday, August 28 St. Augustine

6:30 am Leo and Sally Toenjes ☩

8:00 am Will Allen ☩

Saturday, August 29

The Passion of St. John the Baptist

6:30 am Donna Kim ☩

5:00 pm Joann ☩ and Ed Arnzen (living)

Sunday, August 30

Twenty-second Sunday in Ordinary Time

8:00 am St. Vincent de Paul Parish Family

10:00 am Living and Deceased Members of the
Albert and Gladys Diebold Family

3:00 pm Terry Jones ☩
(Bilingual)

• Prayer Requests •

Please remember the sick, the hospitalized, and those who care for them. Pray also for homebound St. Vincent parishioners.

St. Vincent de Paul Men's Association Meeting

Men of the parish are invited to join Father Rick for a discussion about the leadership of the St. Vincent de Paul Men's Association. The group currently does not have a chairman to help with leadership and this must be resolved before future plans can be made. The meeting will be held on **Tuesday, August 25, at 6:30 p.m.** in the Upper Meeting Room of the Church. If you cannot attend but would like to share your thoughts about the leadership of the Men's Association, please contact Father Rick at stvcapepadre@gmail.com or call 573-335-7667.

Ugly Quilt Ministry

The Ugly Quilt Ministry is in need of clean, used blankets, throws, and mattress pads to be used for the middle layer of the bedrolls. If you have these items to donate, please drop off at the parish office.

In today's reading, St. Paul reminds the Romans — and us — that all things come from God: "For from Him and through Him and for Him all things are." Good stewards understand that everything is a gift and share generously the gifts of time, talent, and treasure with which they've been blessed.

Experience the Joy of Walking in the Footsteps of St. Francis

T As we celebrate this **Year of St. Francis of Assisi**, it is a beautiful time to learn more about the Franciscan way of life.

Are you seeking to grow closer to God and live your faith in a meaningful way? Consider the **Secular Franciscan Order (OFS)**, a fraternity of men and women who follow in the footsteps of St. Francis of Assisi. As Secular Franciscans, we are called to live the Gospel in our everyday lives through prayer, simplicity, and service to others. We strive to be witnesses of God's love and peace, bringing the spirit of St. Francis into the world around us.

Come and Learn More! We invite anyone interested in exploring a deeper spiritual journey to join us at one of our monthly meetings. The **St. Padre Pio Emerging Fraternity** meets on the **4th Sunday of each month at 1:00 p.m.** in the **St. Agatha Room at St. Francis Medical Center**. For questions or more information, contact **Julie Schuchardt, OFS, at 573-450-7727, Hugh Protzel, OFS, at 573-225-5741**, or visit secularfranciscansusa.org.

Thursday Afternoon Bible Study

August 27 - November 12, 2026 • 1:00 - 2:45 p.m.

St. Vincent de Paul Upper Meeting Room

Register at the Parish Office (573-335-7667 or 573-335-1538)

With award-winning historian, Dr. Charles Bellitto as our guide, we continue our **History of the Catholic Church** reviewing both Catholic and Protestant reformations in twelve DVD lectures. Accompanying our study, we will view EWTN's enactments from The Reformation Collection. We will explore the theological questions raised by such figures as Erasmus, Luther, and John Calvin with a special look at how Henry VIII and his six wives played into the story in England. We will have a better understanding of how religious wars transformed Europe and how Roman Catholicism rebounded.

This important time in Catholic Church history is presented in an educational and entertaining course that will give you invaluable insight into the lessons and legacies of the reformations. You don't want to miss this exciting learning experience

With each meeting there will be a short discussions and DVD instruction. There is a fee of \$8.00 to cover the cost of study guides available to those who register by August 23, 2026.

"You are Peter, and upon this rock I will build my church."

MATTHEW 16:18

God does not call the perfect or the extraordinary. Like Peter, ordinary men and women are invited to play extraordinary roles in His plan through the ordained, consecrated, or married life. Whatever your gifts or weaknesses, God can use you to build His Church and bring His love to the world. Reach out to Father Rick or the Diocesan Vocations office at 417-866-0841.

YAFellowship

Catholic Young Adult Group

Catholic young adults in the Cape Girardeau area have expressed interest in a group that offers fellowship, faith formation, and liturgical programs. Gathering as a community, the group will catechize individuals and strengthen the prayer life of young adults. All Catholics, ages 18 to 35, single or married, cradle Catholics or new to the faith, are welcome to join. **The first YAFellowship meeting will take place at St. Augustine Parish Center, Kelso, on Thursday, August 27, at 6:30 p.m.**

Vincent's Vittles

Vincent's Vittles is a dinner served the last Saturday of every month for parishioners and those in need of a warm meal and good fellowship. The next Vincent's Vittles meal will be served on **Saturday, August 29, 2026**, and will be hosted by members of Cursillo. Plan to attend and invite a friend!



Children's Liturgy of the Word

Children's Liturgy of the Word is offered throughout the school year during the **10:00 a.m. Sunday Mass**. Classes begin next **Sunday, August 30**. Children, ages 3 through second grade, are invited to hear the Word of God at an age appropriate level. Volunteers lead the classes. If you would like to volunteer, please call the parish office. All adult volunteers must complete Virtus training and a background check.

Council of Catholic Women

The St. Vincent de Paul Council of Catholic Women will meet on **Monday, August 31, 2026, at 6:00 p.m.** in the lower meeting room. A potluck dinner will be served — please bring a dish to share. For more information, contact Mary Gosche at 573-450-7470. All women of the parish are invited!

Wednesday Morning Bible Study

September 9 - November 4, 2026 • 9:00 a.m.
St. Vincent de Paul Upper Meeting Room

Passionate Discipleship: A Study of 2 Timothy

Throughout Church history, men and women have spent their lives on mission, committed to spreading the gospel message. They were disciples who made disciples. What does that look like for Catholics today? How do we practically follow in their footsteps, ensuring that the message of Jesus Christ continues to reach every nation and generation?

Passionate Discipleship is a Bible study focused on equipping us to know Christ and to make Him known. Throughout this Bible study, we will study 2 Timothy verse by verse as we immerse ourselves in Paul's last and deeply personal letter to his beloved friend and mentee, Timothy.

Passionate Discipleship is ideal if you ...

- Want to explore the heritage of faith we have received from the Church
- Desire to become a true, dynamic disciple of Jesus Christ
- Are ready to pass the torch of faith to the next generation

If you plan to attend the study and would like a book, contact Becky Talley at 618-570-9074 or beekytalley62@gmail.com no later than August 28.

• The Week Ahead •

Monday, August 24

Tuesday, August 25

6:30 pm Men's Association Meeting

Wednesday, August 26

8:30 am Ugly Quilts (St. Lawrence Parish)

3:00 pm Divine Mercy Holy Hour

Thursday, August 27

9:00 am Maxine's Shareable Wearables (9:00 - 11:00 am)

1:00 pm Thursday Afternoon Bible Study

3:00 pm Centering Prayer

Friday, August 28

Saturday, August 29

3:30 pm Reconciliation

6:00 pm Vincent's Vittles

Sunday, August 30

10:00 am Children's Liturgy (during Mass)

*Looking for a convenient way
to donate to
St. Vincent de Paul Parish?*

ParishSOFT Giving Options

Text "Give" to 573-577-2676

[https://giving.parishsoft.com/
app/giving/FD-885](https://giving.parishsoft.com/app/giving/FD-885)

Scan the QR code



Readings - August 30, 2026

Jeremiah 20:7-9 • Romans 12:1-2
Matthew 16:21-27

Collection - August 16, 2026

Collection	\$ 14,143.25
E-Tithing	\$ 4,876.00
Total	\$ 19,019.25
Weekly Budget	\$ 35,100.00
Difference (7-1-26 to 8-16-26)	\$ 3,373.68

*Thank you for being good
stewards of God's gifts!*

IS CATHERINE'S CUPBOARD ON YOUR GROCERY LIST?

• Contact Information •

Parish Office

contactus@svparish.com / 573-335-7667

Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

Deacon Robbie Huff

Supt. of Schools /Diocesan Chancellor
Diocese of Springfield-Cape Girardeau
rhuff@dioscg.org / 573-335-7667

Deacon Tony Peters

Manager, Mission Integration, Saint Francis Healthcare
tpeters@svparish.com / 573-335-7667

Deacon Thomas Schumer

Coordinator of OCIA
tschumer@dioscg.org / 573-335-7667

Sister Rocio Alcantar

Pastoral Assistant
sisterroci@svparish.com / 573-335-7667

Tiffany Brey, Youth Ministry Coordinator

stvcapeyouth@gmail.com / 573-335-7667

Pamela Chambliss, Parish Office Receptionist

pchambliss@svparish.com / 573-335-7667

Mallory Dohogne, Social Media Coordinator

stvincentscapegirardeau@gmail.com
573-335-7667

Kay Glastetter

Principal of St. Vincent DePaul Grade School
kglastetter@svcape.eduk12.net / 573-334-9594

Kathy Hotop Raines

Director of Religious Education
kraines@svcape.eduk12.net / 573-335-7667

Rose Huff

Bulletin Editor/Administrative Assistant
rhuff@svparish.com / 573-335-7667

Lenny Kuper, Music Coordinator

lennykuper@notredamecape.org / 573-335-7667

Jeffrey Lloyd, Maintenance Supervisor

jllloyd@svparish.com / 573-335-7667

Beverly McMeel (temporary)

Accounting Clerk/Administrative Assistant
bmcmeel@svparish.com / 573-335-7667

Cheryl Oberhaus, Director of Parish Finance

coberhaus@svparish.com / 573-335-7667

Gail Overbey, Mass Scheduler

goverbey@svparish.com / 573-335-7667

White House Retreat

Do you find it difficult to find time to truly relax, quiet your mind, and talk to God? A retreat at White House is a silent, guided retreat filled with rest, good food, and inspiring conferences to bring you closer to Christ. It's like a 3-day vacation with God! **This Men's retreat begins the evening of September 17 and concludes at 12:00 noon on September 20.** All meals and private lodging are provided. There is no set fee to attend; White House operates on a free will offering basis. Please call John Ryan at 573-576-9643, or jdryansemo@outlook.com if you are interested. To find additional dates, visit www.whitehouseretreat.org.



OCIA (Order of Christian Initiation of Adults, formerly known as RCIA) is the Catholic Church's process for welcoming adults who wish to become Catholic. It involves a period of preparation for the reception of holy sacraments through prayer, study, and community support. If you or someone you know would like to learn more about this journey of faith and friendship, please contact Deacon Tom Schumer via email (tschumer@dioscg.org) or by calling the parish office at 573-335-7667. The adventure into a deeper understanding of the Catholic faith will begin with an introductory session on **Wednesday, September 9, at 6:00 p.m.** in the Lower Meeting Room of Church. All are invited to join this opportunity to know and love Jesus more deeply, whether you are not yet Catholic or already in full communion, please trust that you will be warmly welcomed!

THEOLOGY OF THE BODY Conference WEEKEND

Rediscovering the Human Person Through the teachings of St. John Paul II

SPEAKERS

Genevieve Scherer

Deacon Alvin Stoverink

Deacon Thomas Schumer

Nicholas Koeppel

Madeline Doucet

Location:
Catholic Campus Ministry,
SEMO
Cape Girardeau, MO

September 12-13

Register Here

Tuesday Evening Bible Study

September 15 - November 10, 2026 • 6:00 - 8:00 p.m.

St. Vincent de Paul Upper Meeting Room

Luke: The Story of Salvation Fulfilled

This eight-week Bible Study presented by Jeff Cavins and Dr. Jeffrey Morrow (Ascension Press) takes readers on a journey from the foretelling of John the Baptist's birth to Jesus' Ascension into heaven. Luke reveals Christ's mercy and uncovers how Jesus fulfills the promises of the Old Testament. Each session will consist of video and discussion as well as completing a workbook lessor prior to the session.

Please register no later than August 26 by contacting Connie Eichhorn at 573-382-1451.

Sacrament of Baptism

A Baptism Preparation session is required for first-time parents and godparents before the celebration of a child's Baptism. The next Baptismal Preparation session will be held on **Sunday, September 20, at 11:30 a.m.** in the Upper Meeting Room of Church. To register for a session, call the parish office at 573-335-7667. If you have already been through a session and only need to schedule a Baptism, please call the parish office.

Salad for the Fathers

Once a week, Salad for the Fathers Ministry supplies a large lettuce salad (chef salad, cobb salad, fresh spinach salad, garden salad, etc.) to three priests. This is in appreciation for the time and service they give to the parish. If you would like to assist with this ministry, please use the QR code or sign up at <https://signup.com/go/asyQDwa>. Please deliver your meal (dinner rolls are okay but no desserts please) to the rectory at 741 N. Forest Avenue between 5:00 - 6:00 p.m. Questions? Contact Beverly at the parish office (573-335-7667), Monday - Friday, 8:00 a.m. - 4:30 p.m. Thank you for sharing your time, talent, and harvest!



Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please feel free to contact parish office staff anytime during regular office hours, Monday - Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Street Address _____

City/State/Zip _____

Phone _____ Email _____

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.
- ☐ I have been attending St. Vincent Parish and would like to register as a member.
- ☐ Please change my address to the one shown above.
- ☐ I would like to sign up for ParishSOFT.
- ☐ I would like to learn more about the Catholic faith.
- ☐ I would like to register my child/children for Parish School of Religion.



Congratulations

to the following parishioners as they celebrate their wedding anniversaries.

Noted anniversaries are five year increments and fifty plus years

15 Years

Anthony and Bethany Kiel

20 Years

Chizor and Crystal Iwuchukwu

54 Years

Gordon and Margaret Haycraft

57 Years

Tim and Rita Fisher

62 Years

Kenneth and Patricia Jenkins

Please pray for all married couples and those preparing for marriage.

Attention Married Couples

All married couples and religious who previously took part in a Worldwide Marriage Encounter weekend are invited to a community meeting on the **second Sunday of each month from 2:00 - 4:00 p.m.** at the KC Hall, 316 S. Spanish Street, Cape Girardeau. If planning to attend, please RSVP to Alicia Schumer at 573-225-8776.

Renew your Sacrament, deepen your communication, strengthen your relationship, and rekindle your romance by attending a Worldwide Marriage Encounter Experience this year! Sign up now as space is limited. For more information or to apply, go to wwme.org, or call Terry and Eric Engholm at 314-649-7317.

Upcoming Encounters include

- October 9 - 11, 2026, Springfield, Illinois
- December 4 - 6, 2026, St. Peters, Missouri

► Sign Up for FORMED

1. Go to FORMED org/signup
2. Enter your parish zip code (63701) or name to select your parish (St. Vincent de Paul).
3. Enter your name and email.

 PETERS HEATING & AIR CONDITIONING Herman, John & Collin Peters 573-243-6282 CAPE GIRARDEAU <i>Our family serving your family since 1968</i> 	 Dr. Stan Williams doctor of dental surgery 573-335-5700  Murphy BUSINESS SALES 573.335.1885 MurphyBusinessofCape.com	Stan Irwin, AAMS® Andrew Buelow Financial Advisors 326 S. Mount Auburn Rd., Suite 102 Cape Girardeau, MO 63703 573-335-8274  Edward Jones MAKING SENSE OF INVESTING	 3 EAGLES DISTRIBUTING CAPE GIRARDEAU, MO  Knauf FLORAL FTD 838 WILLIAM ST. • Cape Girardeau, MO Phone: 334-3029-www.knaupfloral.com	 Van de Ven, LLC CERTIFIED PUBLIC ACCOUNTANTS & ADVISORS • Individual Tax Returns • Business Tax Returns • Payroll Preparation • Pension Plans • Business Consultants • Estate Planning • Business Valuations • Audits • Quickbooks Training • Bookkeeping Service 1020 N. Kingshighway, Suite D Cape Girardeau, MO (573) 335-1231 www.van-de-ven.com  PHILLIP B. SMITH ARCHITECT, LLC 573.651.9001 phillipsmitharchitect.com
 Room Mates POOL & SPA 358 South Kingshighway Cape Girardeau, MO 573-335-4673  cpu Payroll IT Solutions Voice 573-334-2420 www.c-p-u.com	 PATRICK FURNITURE and Mattress 1140 N. Kingshighway • Cape Girardeau, MO 63701 1809 N. Kingshighway • Cape Girardeau, MO 63701 (outlet) Monday - Friday 10 - 6 Saturday 10 - 5 573-334-6146 www.patrickfurniture.com	 COLUMBIA CONSTRUCTION & CASEWORK Cape Girardeau, MO 573-335-6443 www.columbiaconst.com KEN'S Cape Cleaners ONE DAY SERVICE Drive Thru WE DO IT ALL AND WE DO IT RIGHT 334-1070 • 2591 INDEPENDENCE	CLAUS & ASSOCIATES CPA 2855 Independence Cape Girardeau, MO 63703 PHONE: 573-334-8474 Cape's #1 Chiropractic Clinic  HUDSON CHIROPRACTIC 573.335.7349 hudsonchirocape.com	
  EYE CARE Specialists, L.L.C. David Westrich, MD, FACS Shawn Parker, MD, FACS Todd Lumsden, DO, FAOCO John Kinder, MD, FACS Tatyana I. Metelitsina, MD WESPECIALEYES.COM 573.335.3577	 Orthodontics SETTIN' TEETH STRAIGHT 573.332.7223 Terry Spence D.D.S., M.D.S. Jennifer Burzynski D.M.D., M.S. 2103 Broadway • Cape Girardeau MO 63701  LANDSCAPING & LAWN CARE 618-525-9016 MHRCZ68@GMAIL.COM Commercial & Residential FREE ESTIMATES • Hardscaping • Mulching • Trimming • New Lawn • Mowing • Patio's • Overseeding • Retaining Walls	TRG SEMO BOX Cape Girardeau, MO 63701 Phone 334-6124 Call us for your corrugated requirements RUST & MARTIN INTERIOR DESIGN • SINCE 1933 • (573) 334 - 4434 121 Broadway, Cape Girardeau  LUNDY HEATING & COOLING 573-547-8818 123 Elm Street • Perryville, MO 63701 info@lundyheatingandcooling.com	1129 Broadway Cape Girardeau, MO 335-0366 or 335-0367  Pagliai's PIZZA & PASTA BEUSSINK, HEY & ROE, P.C. Certified Public Accountants 16 S. Silver Springs Road Cape Girardeau, MO 63703 (573) 334-4988  RHODES	 coalter insurance group  NAPA AUTO TIRE AND PARTS 573-334-9131 autotireandpartsnapa.com  KOHLFELD SOUTHEAST MISSOURI Coors Lite, Dungeness Lager, Stag

Please support these sponsors!

 Nip Kelley Equipment Company 41 NORTH SPRIGG CAPE GIRARDEAU, MO OFFICE 573-334-0554 FAX 573-334-2025  GRAM'S TRAVEL dreams together Terri Welker 573-979-2882	PEST FREE 573-243-4622 Serving S.E.M.O. for over 40 years <i>Where Faith Guides,</i> EXPERT CARE RESIDES  Saint Francis HEALTHCARE 573-331-3000 www.sfmcc.net CHEVROLET • BUICK • FORD TOYOTA • ISUZU TRUCK COAD FAMILY OF DEALERSHIPS www.coadfamilyofdealerships.com	Natural Health ORGANIC FOODS quality supplements organic grocery 135 S. Broadview St. Cape Girardeau, MO 63703 (573) 339-0054	STERLING BANK Member FDIC www.sterbank.com 17 S. Mount Auburn Rd. 573-335-9755	DSW SIGNS www.dswsigns.com BOTOX FILLERS FACIALS LASER BODY SCULPTING HORMONES, WEIGHT LOSS, PEPTIDE THERAPY  AURORA MEDICAL SPA AURORAMEDICALSPA.COM
 CUBA FINANCIAL GROUP cubafinancialgroup.com 573-334-7000	FORD & SONS FUNERAL HOME Cape Girardeau • Jackson Perryville • Altenburg Marble Hill • Patton 573-334-1313	ALWAYS PRESENT <i>The</i> DIGITAL FOUNDRY tdfoundry.io	 LEGRAND BROTHERS TRANSMISSIONS 335-0503 4340 St. Hwy W • Cape Girardeau, Missouri 63701  eDen EDEN HEALTH SPA & SALON EMILIA PERDOMO-RENTERIA COSMETOLOGA ESPECIALISTA EN COLOR & EXTENSIONES SE HABLE ESPAÑOL & INGLES WWW.EDENSPA-SALON.COM 151 S SPANISH ST CAPE GIRARDEAU 573-335-3500	Hernandez Lawn Care & Landscaping Serving Cape & Perryville Residential & Commercial Mulch • Tree Trimming Cleanup for Spring & Fall 573-846-6344
 Ford GROVES Cape Girardeau, MO - Since 1916 573-335-2600 www.fordgroves.com PRIMA INSURANCE Auto, Home, Life, & Business • (573) 335-5822 Ken Oberlohr • Callie Bollinger	Bard Womack Insurance  FARMERS 1720 Kingsway Dr., Suite 104 Cape Girardeau, MO • 573-334-2700 Home • Auto • Life • Health • Commercial	Dutch ENTERPRISES PLUMBING • HEATING • COOLING After Hours Service! 573.243.3193 dutchenterprises.com		