



St. Vincent de Paul Catholic Church

Twenty-fifth Sunday in Ordinary Time
September 20, 2026

Parish Mission

We are one Church: loving Jesus, serving Jesus, and sharing Jesus.

Parish Vision

We are a vibrant Catholic church serving a diverse community in a safe and welcoming environment where we care for all people along their faith journey.

Core Values

Discipleship • Hospitality
Service • Worship



Retirement Fund for Religious

Senior sisters, brothers, and religious order priests need your help. They have spent decades caring for those in need, but years of service, often for little or no pay, have left many religious communities with limited financial resources. Today, over 21,000 aging religious depend on the Retirement Fund for Religious to help meet rising health care and medication costs, as well as daily living expenses. Your generous gift this weekend can help ensure they live their later years with dignity and security. Please give back to those who have given a lifetime of service.



• **SAVE THE DATE** •

St. Vincent de Paul Parish Feast Day Saturday, October 3, 2026

- | | |
|-----------|--|
| 3:30 p.m. | Pray the Rosary before Mass begins |
| 4:00 p.m. | Outdoor Mass — Bring your lawn chairs! |
| 5:30 p.m. | After Mass enjoy activities for the whole family |
| 5:45 p.m. | Feast Day Meal with live outdoor music and Biergarten! |
| 9:00 p.m. | "Day is Done!" |

**Thus,
the last will be first,
and
the first will be last.**

MATTHEW 20:16

1913 Ritter Drive • Cape Girardeau, Missouri 63701
573-335-7667 • Fax 573-335-0034 • www.svcape.com

Serving the Catholic Community since April 9, 1836

• Mass Intentions •

Monday, September 21 St. Matthew

6:30 am Anthony and Carmella Bellistri ☩

Tuesday, September 22

6:30 am Father Rick Jones (living)

Wednesday, September 23

St. Pius of Pietreicina

6:30 am Walt Geringer ☩

5:15 pm Teresa Oehl ☩

Thursday, September 24

6:30 am Abbot Silouan (living)

8:00 am Jack Christensen ☩

Friday, September 25

6:30 am Sister Catherine Coiner, OSB ☩

8:00 am *No Mass*

Saturday, September 26

6:30 am Joe Hengglar ☩

5:00 pm Anna Hinton ☩

Sunday, September 27

Twenty-sixth Sunday in Ordinary Time

8:00 am St. Vincent de Paul Parish Family

10:00 am Rose and Charles Heisserer ☩

3:00 pm Donna Kirm ☩
(Bilingual)

• Prayer Requests •

Please remember **Father Derek Swanson**, the sick, the hospitalized, and those who care for them. Pray also for homebound St. Vincent parishioners.

Prayers for Father Derek Swanson, CM

Many of you remember Father Derek Swanson, CM, from his time here at St. Vincent de Paul Parish as Associate Pastor. Father Derek has also served in the Diocese in assignments at St. Canera Parish, Neosho, and at Nativity of Our Lord Parish, Noel. He has been diagnosed with stage IV prostate cancer and will soon begin treatments with radiation therapy which has been an effective treatment for this type of cancer. Please pray for his health and recovery. Currently, Father Derek is the Pastor of St. Vincent de Paul University Church in Chicago.

► Sign Up for FORMED

1. Go to FORMED org/signup
2. Enter your parish zip code (63701) or name to select your parish (St. Vincent de Paul).
3. Enter your name and email.

In today's Gospel, the vineyard owner says, "I am free to do as I please with my money, am I not?" We are likewise free. Is a generous return to the Lord in thanksgiving for His many blessings among the choices we have made?

Notre Dame Regional HS Activity Week

Notre Dame Regional High School's annual Activity Week kicks off on September 18! Activity Week helps raise operating funds for the high school, and is a long-standing tradition of fundraising competition among class levels.

Raffles, trash bags, butter braids, Imo's Pizza, exclusive apparel, and more will be sold throughout the week. Order directly from a Notre Dame student, or make a purchase online at www.notredamehighschool.org/activityweek beginning September 18.

The annual Activity Week dinners, held at Notre Dame Regional High School, are scheduled for September 21 through September 24. Public dinners will be served from 5:00 p.m. - 7:00 p.m. (or until sold out!) with dine in, carry out, or curbside options. Pricing for all dinners is \$15 per meal.

Monday, September 21: Senior Class Dinner

Pork Steak, Baked Potato, Slaw, Lambert's Roll, Dessert

Tuesday, September 22: Sophomore Class Dinner

Chicken 'n Dumplings, Corn, Mashed Potatoes, Lambert's Roll, Dessert

Wednesday, September 23: Junior Class Dinner

Kettle Beef, Green Beans, Mashed Potatoes, Lambert's Roll, Dessert

Thursday, September 24: Freshman Class Dinner

Fried Chicken, Cheesy Potatoes, Baked Beans, Lambert's Roll, Dessert

Troops of St. George

An area-wide outdoor apostolate for fathers and sons (ages 6-18)

Fall Kickoff BBQ and Informational Meeting

Monday, September 21, 2026 • 6:30 - 8:00 p.m.

Knights of Columbus #1111 Hall

318 S. Spanish Street • Cape Girardeau

For information contact:

Martin Hoffman at TSGtroop102@gmail.com or 573-576-6653

Attention: Catholic Men

You are invited to the Southeast Missouri

CATHOLIC MAN NIGHT
Men Meeting Jesus

Wednesday, September 23, 2026 • 6:30 - 9:00 p.m.

St. Michael the Archangel, Fredericktown, Missouri

An evening of Adoration, Confession, and a Manly Meal with discussion

To plan for food, please RSVP to SEMOcatholicManNight@gmail.com, or "SEMO Catholic Man Night" on Facebook or text 573-275-5214.

EXTEND MERCY TOWARDS OTHERS SO THAT THERE CAN BE
NO ONE IN NEED WHOM YOU MEET WITHOUT HELPING.

ST. VINCENT DE PAUL

May He Rest in Peace

Sympathy is extended to the family of
Jack Mehner, brother of Mark Mehner.

*May he and all the souls of the faithful departed,
through the mercy of God, rest in peace.*



Welcome to Parish School of Religion Grades 1-8

Welcome to Wednesday Parish School of Religion (PSR). Classes for the 2026-2027 school year will begin on **Wednesday, September 23**, and will continue through May, 2027. This program is designed to assist students and their families, Grades 1 - 8, in the religious education of children attending public schools and homeschooled students.

Classes will be held in the school building. Doors will open at 5:45 p.m. Parents will need to sign all students in and out of each class (all grades). Parents are asked to meet their children in their classrooms at 7:30 p.m.

Registration forms may be found in the gathering area of the church. Please complete the form and bring it to the first class. Students must have completed registration forms before they may attend class. Families should be registered members of St. Vincent de Paul Parish. The first class will be Wednesday, September 23, 2026, and will begin in the school gym with a short prayer time and then conclude in the student's classrooms.

Sacrament Preparation - Preparation for First Communion is a two-year program. The first year is an introduction to the faith. The second year prepares the child for First Reconciliation and First Communion.

Preparation for the Sacrament of Confirmation begins with a review of all sacraments in Grade 7. The child prepares for Confirmation in Grade 8.

For questions about PSR, please contact Kathy Raines at kraines@svcape.eduk12.net or call the parish office at 573-335-7667. Volunteers who have completed Virtus are always welcome.

Bienvenidos a la Escuela Parroquial de Religión (PSR)

Las clases iniciarán este miércoles **23 de septiembre** a Mayo 2027. Este programa es para todas las familias que tienen a sus niños en las escuelas públicas o en la escuela en casa.

Las clases son para los cursan los grados de 1ro a 8vo grado y serán impartidas en la San Vicente de Paul, que está frente a la Iglesia. Las puertas se abrirán a las 6:00 pm. Se iniciará con una oración a las 6:10 pm, después se irán a sus respectivos salones.

A todos los padres de familia se les pide estar a las 7:30 pm en el salón de sus hijos para recogerlos. Firmar la entrada y salida. El programa para la Primera Comunión es de dos años. El primer año es la introducción a la fe. El segundo año es concluir la preparación y recibir los sacramentos de reconciliación y 1ra. Comunión.

El Sacramento de la Confirmación inicia en el 7mo grado con repaso de todos los sacramentos, y concluye en el 8vo. para recibir su Confirmación. Si tiene alguna pregunta sobre La Escuela Parroquial de Religión PSR y la catequesis para Primera Comunión y Confirmación, por favor hablar con el padre Rick.

Vincent's Vittles

Vincent's Vittles is a dinner served the last Saturday of every month for parishioners and those in need of a warm meal and good fellowship. The next Vincent's Vittles meal will be served on **Saturday, September 26, 2026**, and will be hosted by the Secular Franciscans. Plan to attend and invite a friend!



• The Week Ahead •

Monday, September 21

8:00 am SVS Confirmation Preparation

Tuesday, September 22

8:00 am SVS Confirmation Preparation

6:00 pm Tuesday Evening Bible Study

Wednesday, September 23

8:30 am Ugly Quilts (St. Lawrence Parish)

9:00 am Wednesday Morning Bible Study

3:00 pm Divine Mercy Holy Hour

6:00 pm OCIA

6:00 pm PSR

Thursday, September 24

9:00 am Maxine's Shareable Wearables
(9:00 - 11:00 am)

1:00 pm Thursday Afternoon Bible Study

3:00 pm Centering Prayer

Friday, September 25

Saturday, September 26

9:00 am Maxine's Shareable Wearables
(9:00 a.m. - 12:00 noon)

3:30 pm Reconciliation

6:00 pm Vincent's Vittles

Sunday, September 27

10:00 am Children's Liturgy of the Word



Readings - September 27, 2026

Ezekiel 18:25-28 • Philippians 2:1-11
Matthew 21:28-32

Looking for a convenient way to donate to

St. Vincent de Paul Parish?

Give with a scheduled recurring gift
or make a one-time donation.

Information is always protected
and transactions are secure.

ParishSOFT Giving Options

Text "Give" to 573-577-2676

[https://giving.parishsoft.com/
app/giving/FD-885](https://giving.parishsoft.com/app/giving/FD-885)

Scan the QR code



• Contact Information •

Parish Office

contactus@svparish.com / 573-335-7667

Father Rick Jones, Pastor

Stvcapepadre@gmail.com / 573-335-7667

Deacon Robbie Huff

Supt. of Schools /Diocesan Chancellor
Diocese of Springfield-Cape Girardeau
rhuff@dioscg.org / 573-335-7667

Deacon Tony Peters

Manager, Mission Integration, Saint Francis Healthcare
tpeters@svparish.com / 573-335-7667

Deacon Thomas Schumer

Coordinator of OCIA
tschumer@dioscg.org / 573-335-7667

Sister Rocio Alcantar

Pastoral Assistant
sisterroocio@svparish.com / 573-335-7667

Tiffany Brey, Youth Ministry Coordinator

stvcapeyouth@gmail.com / 573-335-7667

Pamela Chambliss, Parish Office Receptionist

pchambliss@svparish.com / 573-335-7667

Mallory Dohogne, Social Media Coordinator

stvincentcapegirardeau@gmail.com
573-335-7667

Kay Glastetter

Principal of St. Vincent DePaul Grade School
kglastetter@svcape.eduk12.net / 573-334-9594

Kathy Hotop Raines

Director of Religious Education
kraines@svcape.eduk12.net / 573-335-7667

Rose Huff

Bulletin Editor/Administrative Assistant
rhuff@svparish.com / 573-335-7667

Lenny Kuper, Music Coordinator

lennykuper@notredamecape.org / 573-335-7667

Jeffrey Lloyd, Maintenance Supervisor

jllloyd@svparish.com / 573-335-7667

Cheryl Oberhaus, Director of Parish Finance

coberhaus@svparish.com / 573-335-7667

Gail Overbey, Mass Scheduler

goverbey@svparish.com / 573-335-7667

Gosha Schultheis

Accounting Clerk/Administrative Assistant
gschultheis@svparish.com / 573-335-7667



Sacrament of Baptism

A Baptism Preparation session is required for first-time parents and godparents before the celebration of a child's Baptism. The next Baptismal Preparation session will be held on **Sunday, October 18, at 11:30 a.m.** in the Upper Meeting Room of Church. To register for a session, call the parish office at 573-335-7667. If you have already been through a session and only need to schedule a Baptism, please call the parish office.

BEST Habit EVER

The Daily Prayer Experience

Fall 2026 Small Groups

This series is for YOU!

FEATURING:
Matthew Kelly's "I Heard God Laugh" book, videos, and guided discussion.

FIVE SESSIONS:
Starts the 1st full week of October 2026.

PERFECT FOR:
Families & home-based small groups — or join a group that meets at church.

registration open through October 1

<https://forms.gle/FTHcTKHiLyz7DUS86>

Attention Married Couples

All married couples and religious who previously took part in a Worldwide Marriage Encounter weekend are invited to a community meeting on the **second Sunday of each month from 2:00 - 4:00 p.m.** at the KC Hall, 316 S. Spanish Street, Cape Girardeau. If planning to attend, please RSVP to Alicia Schumer at 573-225-8776.

Renew your Sacrament, deepen your communication, strengthen your relationship, and rekindle your romance by attending a Worldwide Marriage Encounter Experience this year! Sign up now as space is limited. For more information or to apply, go to wwme.org, or call Terry and Eric Engholm at 314-649-7317.

Upcoming Encounters include October 9 - 11, 2026, Springfield, Illinois, and December 4 - 6, 2026, St. Peters, Missouri.

The Ugly Quilt Ministry is in need of clean, used blankets, throws, and mattress pads to be used for the middle layer of the bedrolls. If you have these items to donate, please drop off at the parish office.

gazing in at the window
looking through the lattice.
10 My beloved speaks and says to me:
"Arise, my love, my dove, my fair one;
and come away;
11 for behold the winter is past,
the rain is over and gone,
the flowers appear on the earth,
the time of the singing of birds is come,
the voice of the turtle is heard in our land,
the fig tree puts forth her green figs,
the almond tree has blossomed,
the pomegranate has blossomed,
the time of the singing of birds is come,
the voice of the turtle is heard in our land.

Catholic Women's Retreat

A one-day retreat for ladies to step away and be with the Lord.

Back to the Garden

Realizing you were made for relationship and rest with Jesus.

Guest presenter:
Sr. Elizabeth
Beussink, TOR



Saturday
October 10th

Newman Center
Southeast Missouri State University
512 N. Pacific, Cape Girardeau

8:30am Check in
9:00am Retreat begins
Lunch Provided
4:00pm Vigil Mass

Limited spots! Register today!
Early Bird ends September 30

Ladies: \$25 Early Bird/\$35 Regular
College Ladies: \$15 Early/\$25 Regular
Mom with High School Daughter(s): \$40 Early/\$50 Regular



**Scan to
Register**

Questions? Email SEMissouriCatholicLadies@gmail.com

*Place in marked bins in gathering
area no later than October 2*

- ☐ Paper towels (good quality)
- ☐ Facial tissues (200 count)
- ☐ Toilet tissue (double rolls)

- ☐ Chicken (2 cans)
- ☐ Tuna (6 cans)
- ☐ Dried pinto beans (2 pounds)
- ☐ Rice (2 pounds)
- ☐ Pasta (2 pounds)
- ☐ Pasta sauce (2 cans)
- ☐ Peanut butter (2 jars)
- ☐ Assorted vegetables (6 cans)
- ☐ Assorted fruits (6 cans)
- ☐ Macaroni and cheese (6 boxes)

☐ Lotion ☐ Shampoo
☐ Diapers ☐ Baby wash
☐ Wipes
☐ Diaper rash ointment

- ☐ Toothpaste
- ☐ Toothbrushes
- ☐ Body wash
- ☐ Soap
- ☐ Shampoo
- ☐ Conditioner
- ☐ Deodorant

Sample/hotel sizes also accepted

Would you like to make a retreat on the peaceful bluffs above the Mississippi River? You are invited to join men of the parish for a Men's Retreat at the White House in the St. Louis area. It's a peaceful break from the chaos and confusion of everyday life. All meals and private lodging will be provided. **The retreat begins on Thursday, October 22, and concludes Sunday, October 25, at 12:00 noon.** There is no set fee to attend a retreat at the White House! White House operates on a free will offering basis, asking those in attendance to simply give what they feel they can. For more info contact Stan Irwin at 573-450-0629 or Jerry Welker at 573-450-2226. To register for the retreat, call 1-800-643-1003 or visit www.whitewhouseretreat.org for more information.

Job Opportunities

St. Vincent de Paul Parish School is taking applications for **Substitute Teachers**. If interested, please call the school office at 573-334-9594, stop by for an application or email kglastetter@svcape.eduk12.net.

Catholic Charities of Southern Missouri is seeking a dependable **Kitchen Support team member** to help prepare and serve meals for the mothers and children at LifeHouse Crisis Maternity Home in Cape Girardeau. This position is Monday through Thursday from 3:00 - 7:00 p.m. and pays \$15/hour. To apply, visit ccsomo.org/careers, contact Human Resources at hr@ccsomo.org or 417-368-0914.

Notre Dame Regional High School is seeking to fill a **Cook** position for 6-1/2 hours per day (approximately 7:00 a.m. - 1:30 p.m., Monday - Friday). Rate of pay is based on individual's skill level and/or experience. A benefits package is available. Interested parties may pick up a job application at ND, Monday - Friday from 8:00 a.m. - 3:30 p.m. or email a resume to joandunning@notredamecape.org.



Parish Registration Invitation

Are you living independently from your parents, recently married, or have you been worshipping at St. Vincent but haven't officially registered? You are warmly invited to become a registered member of the St. Vincent de Paul Parish family. Registration helps the parish stay connected with you and support you in your life of faith. Complete the form on the right, stop by or call the parish office. Registration forms are also available in the gathering area of Church.

**IS CATHERINE'S CUPBOARD
ON YOUR GROCERY LIST?**

The Mirror



Our Story, Reflected in Faith...

Since 1965, *The Mirror* has served as the heartbeat of the Diocese of Springfield-Cape Girardeau. It is more than just our diocesan newspaper; it is a chronicle of our growth, our challenges, and our shared journey in Christ.



If you are not currently a digital subscriber, we invite you to become one!

Scan the QR code to sign up now!

Welcome to St. Vincent de Paul

If you would like to register for the parish, change your address, or simply have questions, please fill out the form and place it in the collection basket. You may also mail it to the parish office at 1913 Ritter Drive, Cape Girardeau, MO 63701. Please feel free to contact parish office staff anytime during regular office hours, Monday - Friday, 8:00 a.m. - 4:30 p.m. You may email the parish office at contactus@svparish or call 335-7667. A parish registration form is available at <http://www.svcape.com/Parish/>.

Name _____

Street Address _____

City/State/Zip _____

Phone _____ Email _____

- ☐ I am new to Cape Girardeau. ☐ I am new to St. Vincent de Paul Parish.
- ☐ I have been attending St. Vincent Parish and would like to register as a member.
- ☐ Please change my address to the one shown above.
- ☐ I would like to sign up for ParishSOFT.
- ☐ I would like to learn more about the Catholic faith.
- ☐ I would like to register my child/children for Parish School of Religion.

Novena to St. Vincent de Paul

O Glorious Saint Vincent de Paul,
the mention of your name suggests a litany of your virtues:
humility, zeal, mercy, self-sacrifice.
Your name also recalls your many foundations:
Works of Mercy, Congregations, Societies.
The Church gratefully remembers your promotion
and formation of the priesthood.
Inspire all Charitable Workers, especially those who minister to
both the spiritually and the materially poor.
O Lord, give us the grace that You bestowed upon your servant,
St. Vincent de Paul,
to relinquish the temptation of material things,
in our holy effort to minister to the poor.
Amen.

Our Father ... Hail Mary ... Glory Be ...
Repeat this prayer for nine days.

The Litany of St. Vincent de Paul

Lord, have mercy on us,
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us, Christ, graciously hear us.

V. The just shall spring up like the lily,
R. and flourish forever before the Lord.

Holy Mary, Mother of God,
Holy Mary, comforter of the afflicted,
St. Vincent,
 who at young age did display a wisdom most mature,
St. Vincent,
 who from thy childhood was full of pity and compassion,
St. Vincent, who like King David, from a simple shepherd
 became a ruler and pastor of the people of God,
St. Vincent, who in your captivity by Turkish pirates
 did preserve perfect freedom,
St. Vincent the just man, who did live by faith,
St. Vincent,
 always supported on the firm anchor of a Christian hope,
St. Vincent, always inflamed with the fire of perfect charity,
St. Vincent, truly simple, upright, and fearing God,
St. Vincent, true disciple of Jesus Christ,
 always meek and humble of heart,
St. Vincent, perfectly mortified in heart and mind,
St. Vincent, ever animated with the spirit of Our Lord,
St. Vincent, generous maintainer of the glory of God,
St. Vincent, ever inwardly burning
 and ever outwardly transported with zeal for souls,
St. Vincent, who in Christian poverty did find
 the precious pearl and the rich treasure of the Gospel,
St. Vincent, like to the Angels in thy purity,
St. Vincent,
 faithful in obedience and victorious in word and deed,
St. Vincent, who did flee the slightest appearance of evil,

Pray for us.
Pray for us.

Pray for us.

Pray for us.

Pray for us.

Pray for us.
Pray for us.

Pray for us.
Pray for us.
Pray for us.

Pray for us.
Pray for us.
Pray for us.
Pray for us.

Pray for us.

Pray for us.
Pray for us.

Pray for us.
Pray for us.

St. Vincent, who in all your actions did aspire to the practice of perfect virtue,	Pray for us.
St. Vincent, who did remain like a rock amid the stormy sea of this world,	Pray for us.
St. Vincent, invincible amid the arrows of adversity,	Pray for us.
St. Vincent, patient in suffering and indulgent in forgiving,	Pray for us.
St. Vincent, ever docile and obedient son of the Holy See,	Pray for us.
St. Vincent, who had exceeding horror of the novel ways and subtle words of heretics,	Pray for us.
St. Vincent, destined by a special Providence to announce the Gospel to the poor,	Pray for us.
St. Vincent, father and model of ecclesiastics,	Pray for us.
St. Vincent, prudent founder of the Congregation of the Mission,	Pray for us.
St. Vincent, wise institutor of the Congregation of the Sisters of Charity,	Pray for us.
St. Vincent, tender in compassion and prompt in relieving the necessities of the poor,	Pray for us.
St. Vincent, equally fervent in the practice of prayer and in ministry of the word,	Pray for us.
St. Vincent, admirable in imitation of the life and virtues of Jesus,	Pray for us.
St. Vincent, who did persevere to the end in shunning evil and doing good,	Pray for us.
St. Vincent, who as in life so in death was most precious in the sight of God,	Pray for us.
St. Vincent, glory of France and pride of Paris,	Pray for us.
St. Vincent, patron of all charitable associations,	Pray for us.
Lamb of God, Who takes away the sins of the world,	Spare us, O Lord.
Lamb of God, Who takes away the sins of the world,	Graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world,	Have mercy on us.

V. The Lord hath led the just man through right ways,
R. and showed unto him the Kingdom of God.

Let Us Pray:

O God, Who by an effect of Your infinite goodness, has renewed in our days,
in the apostolic character and humility of Your blessed servant St. Vincent,
the spirit of Your well-beloved Son to preach the Gospel to the poor,
relieve the afflicted, console the miserable,
and add new luster to the formation of priests,
grant, we beseech You, through his powerful intercession,
that we also, delivered from the great misery of sin,
may labor to please You by the practice of the same humility,
through Jesus Christ Our Lord,
Who lives with You and the Holy Spirit, one God, world without end.

Amen.



Salad for the Fathers

Once a week, Salad for the Fathers Ministry supplies a large lettuce salad (chef salad, cobb salad, fresh spinach salad, garden salad, etc.) to three priests. If you would like to assist with this ministry, please use the QR code or sign up at <https://signup.com/go/asyQDwa>. Please deliver your meal (dinner rolls are okay but no desserts please) to the rectory at 741 N. Forest Avenue between 5:00 - 6:00 p.m. Questions? Contact Beverly at the parish office (573-335-7667), Monday - Friday, 8:00 a.m. - 4:30 p.m. Thank you for sharing your time, talent, and harvest!



Community of Transcendent Men Speaker Series Perryville, Missouri

Men, you are invited to grow in faith through Men's Cross Training. There will be inspiring presentations by priests, deacons, and lay leaders to strengthen your walk with Christ. No matter where you are on your faith journey, this series offers encouragement, practical wisdom, and authentic fellowship. Come pray the Rosary, learn something new, and become the man God is calling you to be.

Presentations will be held on Tuesday evenings in the conference room at the Laboure Center (St Mary's of the Barrons Gift Shop), 1805 W. St Joseph Street, Perryville, Missouri. The Rosary begins at 6:30 p.m. and the talks begin at 7:00 p.m. and end promptly at 8:00 p.m.

October 6, 2026 – Father Joe Geders, Father Tony Dosen

Session 1: **Bother the Father – Ask Anything About the Catholic Faith**

October 13, 2026 – Father Tony Dosen

Session 2: **The Hierarchy of the Church – Deacons, Priests, Bishops, and the Pope**

October 20, 2026 – Father Michael Benz

Session 3: **The Mass Explained: Symbols, Gestures, and Hidden Meaning**

October 27, 2026 – Deacon Al Stoverink

Session 4: **Spiritual Leadership in the Home and Catholic Role Models**

November 3, 2026 – Father Vincent Joseph VC

Session 5: **Confession – Making a Powerful Examination of Conscience**

November 10, 2026 – Father Mike Henning

Session 6: **The Eucharist – Source and Summit of the Christian Life**

November 17, 2026 – Father Fred Wandera

Session 7: **The Four Last Things – Death, Judgment, Heaven, and Hell**

November 24, 2026 – Father Jacob Wessel

Session 8: **Fasting, Penance, and Self-Mastery for Catholic Men**

December 1, 2026 – Zech Shoults (Layman)

Session 9: **Building Brotherhood Among Catholic Men**

You are invited to Options for Women's 14th Annual Banquet

Steps of Courage

Tuesday, October 13, 2026

Doors open 5:00 p.m. • Dinner 6:00 p.m.

3305 N. High Street • Jackson, Missouri

RSVP: 573-275-0420 or director@optionsforwomencape.com

The banquet is free but donations to support the ministry are appreciated.



Congratulations

to the following parishioners as they celebrate their wedding anniversaries.

Noted anniversaries are five year increments and fifty plus years

25 Years

**Michael and Vanessa
Schwendemann**

53 Years

William and Barbara Ostrenga

58 Years

**William and Elizabeth Mapes
Quentin and Carolyn Stroder**

63 Years

Charles and Dianne Rellergert

65 Years

James and Esther Ressel

*Please pray for all married couples
and those preparing for marriage.*



Prayer of a Couple on the Anniversary of Marriage

We praise you, O God, we bless you, creator of all things, who in the beginning made man and woman that they might form a communion of life and love. We also give you thanks for graciously blessing our family life so that it might present an image of Christ's union with the Church. Therefore, look with kindness upon us today, and as you have sustained our communion amid joys and struggles, renew our Marriage covenant each day, increase our charity, and strengthen in us the bond of peace, so that we may forever enjoy your blessing. Through Christ our Lord, Amen. ~ USCCB



LET US DO OUR DUTY WELL; LET US GO
STRAIGHT TO GOD; LET US WORK TO
BECOME VERY HUMBLE, VERY PATIENT,
VERY MORTIFIED, AND VERY CHARITABLE.

ST. VINCENT DE PAUL

 PETERS HEATING & AIR CONDITIONING Herman, John & Collin Peters 573-243-6282 CAPE GIRARDEAU <i>Our family serving your family since 1968</i> 	 Dr. Stan Williams doctor of dental surgery 573-335-5700  Murphy BUSINESS SALES 573.335.1885 MurphyBusinessofCape.com	Stan Irwin, AAMS® Andrew Buelow Financial Advisors 326 S. Mount Auburn Rd., Suite 102 Cape Girardeau, MO 63703 573-335-8274  Edward Jones MAKING SENSE OF INVESTING	 3 EAGLES DISTRIBUTING CAPE GIRARDEAU, MO  Knauf FLORAL FTD 838 WILLIAM ST. • Cape Girardeau, MO Phone: 334-3029-www.knaupfloral.com	 Van de Ven, LLC CERTIFIED PUBLIC ACCOUNTANTS & ADVISORS • Individual Tax Returns • Business Tax Returns • Payroll Preparation • Pension Plans • Business Consultants • Estate Planning • Business Valuations • Audits • Quickbooks Training • Bookkeeping Service 1020 N. Kingshighway, Suite D Cape Girardeau, MO (573) 335-1231 www.van-de-ven.com  PHILLIP B. SMITH ARCHITECT, LLC 573.651.9001 phillipsmitharchitect.com
 Room Mates POOL & SPA 358 South Kingshighway Cape Girardeau, MO 573-335-4673  cpu Payroll IT Solutions Voice 573-334-2420 www.c-p-u.com	 PATRICK FURNITURE and Mattress 1140 N. Kingshighway • Cape Girardeau, MO 63701 1809 N. Kingshighway • Cape Girardeau, MO 63701 (outlet) Monday - Friday 10 - 6 Saturday 10 - 5 573-334-6146 www.patrickfurniture.com	 COLUMBIA CONSTRUCTION & CASEWORK Cape Girardeau, MO 573-335-6443 www.columbiaconst.com KEN'S Cape Cleaners ONE DAY SERVICE Drive Thru WE DO IT ALL AND WE DO IT RIGHT 334-1070 • 2591 INDEPENDENCE	CLAUS & ASSOCIATES CPA 2855 Independence Cape Girardeau, MO 63703 PHONE: 573-334-8474 Cape's #1 Chiropractic Clinic  HUDSON CHIROPRACTIC 573.335.7349 hudsonchirocape.com	
  EYE CARE Specialists, L.L.C. David Westrich, MD, FACS Shawn Parker, MD, FACS Todd Lumsden, DO, FAOCO John Kinder, MD, FACS Tatyana I. Metelitsina, MD WESPECIALEYES.COM 573.335.3577	 Orthodontics SETTIN' TEETH STRAIGHT 573.332.7223 Terry Spence D.D.S., M.D.S. Jennifer Burzynski D.M.D., M.S. 2103 Broadway • Cape Girardeau MO 63701  LANDSCAPING & LAWN CARE 618-525-9016 MHRCZ68@GMAIL.COM Commercial & Residential FREE ESTIMATES • Hardscaping • Mulching • Trimming • New Lawn • Mowing • Patio's • Overseeding • Retaining Walls	TRG SEMO BOX Cape Girardeau, MO 63701 Phone 334-6124 Call us for your corrugated requirements RUST & MARTIN INTERIOR DESIGN • SINCE 1933 • (573) 334 - 4434 121 Broadway, Cape Girardeau  LUNDY HEATING & COOLING 573-547-8818 123 Elm Street • Perryville, MO 63701 info@lundyheatingandcooling.com	1129 Broadway Cape Girardeau, MO 335-0366 or 335-0367  Pagliai's PIZZA & PASTA BEUSSINK, HEY & ROE, P.C. Certified Public Accountants 16 S. Silver Springs Road Cape Girardeau, MO 63703 (573) 334-4988  RHODES	 coalter insurance group  NAPA AUTO TIRE AND PARTS 573-334-9131 autotireandpartsnapa.com  KOHLFELD SOUTHEAST MISSOURI Coors Lite, Dungeness Lager, Stag

Please support these sponsors!

 Nip Kelley Equipment Company 41 NORTH SPRIGG CAPE GIRARDEAU, MO OFFICE 573-334-0554 FAX 573-334-2025  GRAM'S TRAVEL dreams together Terri Welker 573-979-2882	PEST FREE 573-243-4622 Serving S.E.M.O. for over 40 years Where Faith Guides, EXPERT CARE RESIDES  Saint Francis HEALTHCARE 573-331-3000 www.sfmcc.net CHEVROLET • BUICK • FORD TOYOTA • ISUZU TRUCK COAD FAMILY OF DEALERSHIPS www.coadfamilyofdealerships.com	Natural Health ORGANIC FOODS quality supplements organic grocery 135 S. Broadview St. Cape Girardeau, MO 63703 (573) 339-0054	STERLING BANK Member FDIC www.sterbank.com 17 S. Mount Auburn Rd. 573-335-9755	DSW SIGNS www.dswsigns.com BOTOX FILLERS FACIALS LASER BODY SCULPTING HORMONES, WEIGHT LOSS, PEPTIDE THERAPY  AURORA MEDICAL SPA AURORAMEDICALSPA.COM
 Wealth Management Strategies since 1983 CUBA FINANCIAL GROUP cubafinancialgroup.com 573-334-7000	FORD & SONS FUNERAL HOME Cape Girardeau • Jackson Perryville • Altenburg Marble Hill • Patton 573-334-1313	ALWAYS PRESENT The DIGITAL FOUNDRY tdfoundry.io	 LEGRAND BROTHERS TRANSMISSIONS 335-0503 4340 St. Hwy W • Cape Girardeau, Missouri 63701  eDen EDEN HEALTH SPA & SALON EMILIA PERDOMO-RENTERIA COSMETOLOGA ESPECIALISTA EN COLOR & EXTENSIONES SE HABLE ESPAÑOL & INGLES WWW.EDENSPA-SALON.COM 151 S SPANISH ST CAPE GIRARDEAU 573-335-3500	Hernandez Lawn Care & Landscaping Serving Cape & Perryville Residential & Commercial Mulch • Tree Trimming Cleanup for Spring & Fall 573-846-6344
 573-335-2600 www.fordgroves.com PRIMA INSURANCE Auto, Home, Life, & Business • (573) 335-5822 Ken Oberlohr • Callie Bollinger	Bard Womack Insurance  FARMERS 1720 Kingsway Dr., Suite 104 Cape Girardeau, MO • 573-334-2700 Home • Auto • Life • Health • Commercial	Dutch ENTERPRISES PLUMBING • HEATING • COOLING After Hours Service! 573.243.3193 dutchenterprises.com	Dutch ENTERPRISES PLUMBING • HEATING • COOLING After Hours Service! 573.243.3193 dutchenterprises.com	Dutch ENTERPRISES PLUMBING • HEATING • COOLING After Hours Service! 573.243.3193 dutchenterprises.com